

DISCOVER, EXPLORE AND MORE

March 2023

HAPPY BIRTHDAY!

Janet Beer — 3/1
 Cindy Wahl — 3/2
 Ann McMullin — 3/4
 Joe Ludley — 3/10
 Norma Speer — 3/12
 Deborah Blaedel — 3/15
 Clete Mercier — 3/17
 Betty Kinzler — 3/18
 Harold Powers — 3/20
 Anne Durland — 3/21
 Kathryn Andre — 3/25
 Cindy Dobson — 3/27
 Irene Tobin — 3/29

The Lindens

Jean Griffen — 3/24
 Loren Simpson — 3/28

Health Care Center

Will Talbert — 3/8
 Martha Anderson — 3/24
 Cecilia Horner — 3/27

Cedar Court

Edgy Nenad — 3/1
 Christine Freeman — 3/4
 Daisy Dekalb — 3/4



IRENE TOBIN'S 90TH BIRTHDAY PARTY

Saturday, March 25th
1:00– 3:00 pm

Irene's family would like you to come celebrate her 90th birthday at this come & go party. (Community Room)

SMART EATING STRATEGIES FOR THE OLDER ADULT

Tuesday, March 14th
3:00 pm

Community Room

It's National Nutrition Month! Courtney is a Board Certified Specialist in Geriatric Nutrition and will outline what 'Smart Eating' strategies you can include in your daily life for healthy aging and overall wellness.



Tuesday, March 21st
2:30 – 4:30 pm

Community Room

The Green Team invites you to visit all the different booths to learn about ideas and tips on how to minimize waste and hear about people & local organizations doing meaningful work! Visit every booth for a chance to win one of several Amazon Gift Cards courtesy of Iowa Waste Exchange!

We encourage everyone to practice the Three R's: Reduce, Reuse, and Recycle.

ISU ENGINEERS WITHOUT BORDERS

Tuesday, March 28th
3:00 pm

Community Room

Our speaker, Dirk Maier, professor of Agricultural and Biosystems Engineering and director of the new Kent Feed Mill and Grain Science Complex at Iowa State University, currently serves as the faculty advisor for the Engineers Without Borders-ISU Student Chapter.

The ISU's Engineers Without Borders student chapter's goal is practicing sustainable community development. Their travel team just returned from working in the impoverished rural traditional area in the Upper West Region of Ghana - Ullou.

Their projects include boreholes, rainwater catchment, micro-irrigation, water distribution and sanitation, and an ambitious new health clinic construction project.

TABLE OF CONTENTS

Special Events.....page 3
 Linden Letter.....page 6
 HCC Happenings....page 7
 Off-Site Events.....page 8

Follow us:



DINING SERVICES

GH GRILL

Mondays, Wednesdays & Fridays

11:30 AM — 6:30 PM

Sunday

11:30 AM — 2:00 PM

SIGNATURE BRUNCH

Tuesday & Thursdays

8:00 AM — 2:00 PM

GREEN HILLS CAFÉ

Wednesday, March 8 and 29

5:00— 7:00 PM

CLUB 2200 MEAL BASKET

Friday, March 24

5:30 PM

LE BISTRO & LOUNGE HOURS

Monday through Friday

8:30 AM — 2:00 PM

Saturday

10:00 AM—2:00 PM

Look for Irish specials on and around St. Patrick's Day in Le Bistro and Grill.

RESIDENTIAL HEALTH SERVICES

Blood Pressure Clinics

Thursdays, March 2, 9, 23, 30
9:30 AM

(No Blood Pressure Clinic on March 16th)

Call Kaylee for an Appointment for the following:

Podiatry

Wednesday, March 8
9:30 AM

Arts & Crafts Room

No Hearing Aid Clinic in March



**MARCH
DEVOTION SERVICES**
Wednesdays at 10:30 AM
HCC Activity Room
All are welcome to attend.

1st—First United Methodist

Pastor Amanda Gordon

8th—Northminster Presbyterian

Pastor Jim DuBois

15th—Christ Community

Pastor Kip Hamby

22nd— Communion:

Palestine Lutheran Church

Pastor Eric Klimpel

29th— Hymn Sing

*A special thank you
to our pastors and pianists
who volunteer weekly to provide
this special service.*

IN MEMORY

Our heartfelt sympathy goes out to the family and friends of Tom Wheelock & Robert Underhill



INBODY SIGNUPS WITH BRETT

Want to see a little more of what your body composition is? The InBody shows your muscle distribution and if you have one side of your body stronger than the other.

Call Brett at x5044 to schedule a time to do the Inbody scan.

Available time slots:
Tuesday, March 16th
8:00 – 9:00 AM or
2:00 – 4:00 PM

Monday, March 20th
2:00 – 4:00 PM.

InBody scans will take about 15-20 minutes which includes the time to go over the results with you.

NAMETAG REMINDER

Please remember to wear your nametag to all in-house Green Hills' events.

GREEN HILLS[®]
Marketing Minute

WHAT'S OPEN WEDNESDAY
schedule

March 8: 2423 Hamilton Drive (1-2PM)
March 29: 2219 Hamilton Drive (1-2PM)

Good friends make great neighbors!

GREEN HILLS ON-SITE SPECIAL EVENTS



BILLIARDS in THE LINDENS with Cheryl **Friday, March 3rd at 2:30 pm** **Community Room**

Head over to the 2nd floor of The Lindens to play some 8-Ball pool! Billiards used to be a big tradition at Green Hills with an annual pool tournament! Let's talk about bringing billiards fun back and play a few games. The Billiards room is right next to the elevator. Don't want to play? Just come watch for fun.

JAZZ AT GREEN HILLS **Friday, March 10 at 2:00 pm** **Community Room**

You're invited to spend the afternoon enjoying the fabulous musical style from New York City's finest jazz artists! Returning to Green Hills, worldly acclaimed bassist Ari Roland, alongside his wife jazz vocalist, Yaala Ballin. Refreshments will be provided. Sign up in the Event & Bus Sign Up Book at the Reception Desk by Friday, March 3rd.

NCAA BRACKET CHALLENGE **Monday, March 13th at 4:00 pm** **Pine Room**

Do you love basketball and find yourself glued to the television during the tournament? Join us just for fun to talk tournament and fill out brackets!

A surprise mystery couple will be joining our Challenge! No knowledge of basketball is necessary; picks can be based on colors, mascots, the school location or drawing from a hat! You decide!

Brackets will be hung up in the Fitness Room and we will update the point totals for correct picks at the end of each round. There will be a prize for the winner.



ROBERT THOMAS **IRISH DANCERS** **Wednesday, March 15th at 3:00 pm** **Community Room**

Youth from local dance studio, Robert Thomas Dancenter, will be performing traditional Irish dancing and wearing traditional attire. Join us for an afternoon of dancing and fun!



SAINT PATRICK'S DAY FUN **Friday, March 17 at 3:00 pm** **Community Room**

Let the shenanigans begin! Gather your closest friends and find out if you're full of a bit o' wit or a bit o' blarney. Celebrate St. Patrick's Day with us and be sure to wear green so you don't get pinched!

Enjoy conversation with your friends and a wee bit of Irish fun and games! Maybe you'll be lucky enough to take home the pot of gold!

Refreshments will be served! Watch for more information to come! Sign up in the Event & Bus Sign Up Book at the Reception Desk by Wednesday, March 15th.

FARKLE **Friday, March 24 at 1:30 pm** **Le Bistro**

This game has been very popular with those who have tried it. Farkle is a dice game in which the goal is to get the highest score on the highest round of play. Come



50's & 60's **Rock N Roll** *with Lee Storlie*

Thursday, March 30th
2:30– 4:00 pm

Lee Storlie invites you to enjoy music of the 50's and 60's. Listen to Buddy Holly, Roy Orbison and more! Lee will be playing many of the favorites. Join your friends for this fun music social.

Refreshments will be provided.
(Main Dining Room)

REGULARLY SCHEDULED EVENTS AT GREEN

MAR 1, 8, 15, 22, 29 (WED) 1:00 PM	BISTRO STITCHERS & BED MAT MAKERS This gathering is for those who do any type of hand craft. (Pine Room)
MAR 1, 8, 15, 22, 29 (WED) 3:00 PM	MEDITATION EXPLORATION All are welcome to attend sessions held Wednesdays in the Meditation Room on the 2nd floor of the Lindens. Thanks to Elizabeth Angelici for providing this weekly mental focus period.
MAR 2, 9, 23, 30 (THURS) 10:00 AM	MEN'S COFFEE All men are invited to this informal coffee group, held every Thursday except the third, in the Main Dining Room.
MAR 4, 11, 18, 25 (SAT) 4:00 PM	HAPPY HOUR SOCIALS IN LE BISTRO Meet your friends and neighbors in the Le Bistro for an informal gathering. Bring your own drinks and snacks.
MAR 6 (MON) 9:30 AM	WOMEN'S COFFEE We will meet in the Main Dining Room. Everyone is welcome to join.
MAR 8 (WED) 10:00 AM	CONTINUING EDUCATION: Merry Rankin, Director of Sustainability at Iowa State University, will be speaking on the Ames' Climate Control Action Plan. Come see what steps our own community is taking to address this important issue.
MAR 11 (SAT) 12:00 PM	POTLUCK Bring a dish to share, your own table service and beverage container. We will honor the March birthdays this month! (Community Room) PLEASE NOTE DATE CHANGE!
MAR 16 (THURS) 10:00 AM	KAFFEE KLATSCH All residents are invited to this social event. Refreshments will be provided. (Main Dining Room)
MAR 19 (SUN) 2:00 PM	SUNDAY PIANO BAR Motoko and Chuck Oulman are excited to welcome their friends and neighbors to gather in the Commons Area Lobby to socialize with Motoko playing background music. Dancing is always welcome!
MAR 23 (THURS) 3:00 PM	MEXICAN TRAIN DOMINOES GAME Come play this fun game with us! The object of the game is for a player to play all the tiles from his or her hand onto one or more chains, or trains, emanating from a central hub or "station". If you don't know how to play, we will teach you!
MAR 24 (FRI) 4:30 PM	CLUB 2200 Join us for an afternoon get together. Alcoholic and non-alcoholic beverages, as well as snacks, will be served. Payable at Club 2200 is \$1.00 for a soft drink, and \$3.00 for beer, wine or mixed drinks. The Green Hills Kitchen offers a "Meal Option" at 5:30 PM (which is an offering of food that varies each month). Sign up for the meal through the kitchen (x5040) and the fee will be billed to your account. This event is held in the Community Room. Please wear you name tag.

CLUBS AND SUPPORT GROUPS

MAR 1 (WED) 2:00 PM	CAREGIVER SUPPORT GROUP Are you a caregiver or do you help someone with everyday tasks? This support group is here to help you deal with caregiver stress. Everyone is welcome. (Pine Meeting Room)
MAR 2 (THURS) 11:00 AM	TECHNOLOGY ASSISTANCE Residents can receive technology assistance with Ryan H., IT Tech (Note: this is usually on the first Thursday of each month. (Pine Meeting Room)
MAR 8 (WED) & MAR 22 (WED) 1:00 PM	BRIDGE CLUB Come play bridge with us the <u>second</u> and <u>fourth</u> Wednesday of each month in the Main Dining Room. Open to any resident. If you have questions please contact Jan Clark (x5217), Shala Ludley (x5250) or Paula Toms (x5141). (Main Dining Room)
MAR 8 (WED) 2:00 PM	BOOK CLUB This month we will discuss the book <i>Hill Women: Finding Family and a Way Forward in The Appalachian Mountains</i> , a memoir by Cassie Chambers. Kelly Tobin will be the discussion leader. (Pine Meeting Room)

BOOK DONATIONS NEEDED

The Green Hills Library is in need of donations of small and/or large print CURRENT books of fiction and also new bibliographies. Donations can be placed on the chest on the left beside the Library doorway. Donations may also be given to any of the Green Hills Library Committee members. If you wish to be recognized for your donations, please leave your name with the books you have donated.

Thank you,

The Library Committee

DAYLIGHT SAVINGS TIME BEGINS

Daylight Savings Time begins on Sunday, March 12th. It is time to spring forward! Do not forget to set your clocks ahead one hour before going to bed on Saturday, March 12th.



ISU GAMEWATCH in the GH THEATER

We are down to the final games in the regular conference season. Cheer on the Cyclones with your friends and neighbors:

Wednesday, March 1st at 7:00 PM:
ISU Women vs Kansas on ESPN+

Saturday, March 4th at 11:00 AM:
ISU Men vs Baylor on ESPN/ESPN2

Saturday, March 4th at 3:00 PM:
ISU Women vs Texas Tech on ESPN+

Big 12 and NCAA tournament games will be shown in the Theatre when the schedule permits. Watch for later announcements.

FIRST NATIONAL BANK Open Tuesdays & Thursdays 9:00 AM – 11:00 AM

The First National Bank office is located in the hallway leading to the Community Room.

THE LINDEN LETTER

WELCOME

We extend our warmest welcome to Jean Peterson, Herbert Hanger, and Ken and Evelyn Cook.

SMOOTHIE SOCIAL

Thursday, March 2nd at 3:00 PM

Smoothies are a great healthy option for a snack. There are many different ways that smoothies can be made. Come to this social and see if you will have fruit smoothies or maybe green smoothies!

BALLOON TENNIS

Monday, March 6th at 3:00 PM

Did you used to play tennis? Even if the answer is no this a fun game and gets you moving. There will be a net set up and we will have tenants on both sides of the net. You are welcome to sit in a chair to play. Hit the balloon back and forth. Try to see how many time you can hit it before it hits the floor.



St. PADDY'S FAMILY DINNER

Thursday, March 16th

4:30-5:00 PM Music / Social

5:00-6:00 PM Dinner

All families and loved ones are invited to join you in the Community Room for a St. Patrick's Day themed meal. Enjoy the Irish music of guitar, mandolin, and fiddle.

Menu will include: Beer Cheese Dip w/Soft Pretzels, Guinness Beef Stew, Irish Soda Bread, Mint Chocolate Pudding Dessert, Green Beer, Wine and Punch.

Please RSVP by March 13th at 12:00 pm.

BIRTHDAY PARTY

**Tuesday, March 21st
at 1:30 PM**

Come help Jean G. and Loran S. celebrate their March birthdays. There is no better way to celebrate than having cake and ice cream and having Happy Birthday sang to you!

LITTLE WOODS: LOCAL TEA SHOP

**Friday, March 24th
at 2:30 PM**

The owner of Little Woods Tea will be coming to the Activity Room. Learn all about this local business that is on Main Street. There will be samples of their teas available to try as well.

WINE TASTING

**Saturday, March 25th
at 3:00 PM**

Do you prefer white wine or red wine? Dry wine or sweet wine? Either way there will be a couple different kinds of each to try. See if you can tell the differences. Snacks will be provided.

SUNDAY GROUP GAMES

at 3:00 PM

Even if you do not know how to play the games on Sunday afternoons someone will help you and teach you! These are friendly games.

March 5th—Dominoes

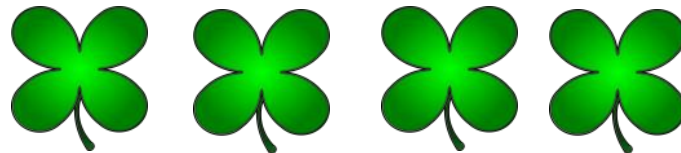
March 12th—Jeopardy

March 19th—Uno

HEALTH CARE HAPPENINGS

WELCOME

We extend our warmest welcome to Sharon Krieger, Herb Hanger, Cecilia Horner, Bob Watson, Edra Wheelock, Richard Smith, and Vince Hassebrock.



CHEESE AND CRACKER TASTING

Monday, March 6th at 2:30 PM

Activity Room

There are many different types and kinds of cheese and crackers. Come to the Activity Room to try a variety of these and you might be surprised by the kinds that you like!

BIRTHDAY PARTY

Thursday, March 10th at 2:30 PM

Activity Room

Come help Will and Martha celebrate their birthdays. Will's birthday is March 8th and Martha's birthday is the 24th. There will be cake and ice cream.

IRISH DANCING PERFORMANCE

Wednesday, March 15th

at 3:00 PM

Community Room

Irish dancing has been around since the 18th century in Ireland as it was influenced by the Celts and druids. Youth from local dance studio, Robert Thomas Dancer, will be performing traditional Irish dancing and wearing traditional attire.



BAGS

Friday, March 3rd & 31st at 2:30 PM

Activity Room

Bags, or as some people call it Corn Hole, is a game played with bags and a board. You try to get the bags into the hole for 3 points and on the board for 1 point. The first person or team that gets to 21 points wins!

BAKING WITH HANNAH

Tuesday, March 21st at 2:30 PM

Activity Room

Do you enjoy baking? Do you enjoy eating the baked goods? Come and help Hannah make sourdough scones with brown butter maple glaze. Hannah has a sourdough starter that she makes many things with. If you do not know about sourdough now is the time to ask her questions. Samples of the baked goods will be provided!

NEIGHBORLY TEA

Monday, March 27th at 3:00 PM

Main Dining Room

Every month we will invite our friends from Independent Living to join us for an afternoon tea. This month it will be those living in Townhomes 2308-2322. Enjoy conversation over tea and treats!

ISU & COMMUNITY / OFF-SITE EVENTS

The bus has been scheduled for the following events. Please sign up early to reserve your seat on the bus! Tickets should be purchased on your own.

Friday, March 3	6:45 PM	Lviv National Philharmonic Orchestra of Ukraine	Stephens Auditorium
Saturday, March 4	2:00 PM	ISU Women's Basketball vs Texas Tech	Hilton Coliseum
Saturday, March 4	6:45 PM	R.E.S.P.E.C.T.	Stephens Auditorium
Sunday, March 5	2:15 PM	Central Iowa Symphony	Ames City Auditorium
Sunday, March 5	6:45 PM	Ireland with Michael	Stephens Auditorium
Tuesday, March 21	6:15 PM	Red Hot Chili Pipers	Stephens Auditorium

GROCERY SHOPPING TRIPS 1:30 PM

HyVee: Mondays, March 6, 13, 20, 27

Fareway: Thursdays, March 2, 9, 16, 23, 30

Walmart: Friday, March 24

LUNCH BUNCH

Magee's Irish Pub and Eatery

Tuesday, March 22nd
Apartments: 10:30 AM
Townhomes: 10:35 AM



Join us this month as we head south to Ankeny. Magee's Irish Pub & Eatery serves Irish & American Cuisine. What makes the Irish Pub so appealing is the philosophy that there are no strangers, but rather friends we have yet to make.

To enter Magee's is to drop by a friend's home... the greeting is warm and sincere, the service is courteous, and the experience is relaxing and fun.

Order from the menu and pay individually.

DAY TRIP

ISU Seed Science Center and The Joan Bice Underwood Tearoom
Tuesday, March 31st at 11:00 AM

We'll start at The Joan Bice Underwood Tearoom for a delicious lunch.

The weekly special will be Glazed Ham Loaf, Potato Casserole, Beans, Wheat Rolls, Coconut Cake. All food is prepared fresh daily in the Joan Bice Underwood Tearoom kitchen by students. Order off the menu and pay individually.

After lunch, we'll tour the Iowa State Seed Science Center. The Seed Science Center at Iowa State University is a center of excellence nationally and internationally in seed research, education, technology transfer, and international seed programs.

It provides a focus for teaching, research, and extension programs on seed in the College of Agriculture and Life Sciences and it is a global leader in introducing science into policy to benefit world seed trade.

In the past 20 years, center scientists have designed and conducted programs in more than 80 countries around the world to achieve these goals.

NOW SHOWING AT GREEN HILLS

FEATURED MOVIES

Please Note Date & Time Changes!

CODA

Monday, March 6th at 2:00 PM
Tuesday, March 7th at 6:30 PM

As a CODA (Child of Deaf Adults), Ruby is the only hearing person in her deaf family. When the family's fishing business is threatened, Ruby finds herself torn between pursuing her passion at Berklee College of Music and her fear of abandoning her parents. (2021, Comedy / Drama / Music, 1 hour 51 minutes, PG-13)

BELFAST

Monday, March 13th at 2:00 PM
Tuesday, March 14th at 6:30 PM

A young boy and his working-class Belfast family experience the tumultuous late 1960s. As the increasing turmoil tightens around their once-peaceful working-class neighborhood, the family must come face to face with a nearly impossible, life-altering decision: stay or start packing? (2021, Drama, 1 hour 38 minutes, PG-13)

YESTERDAY

Monday, March 20th at 2:00 PM
Tuesday, March 21st at 6:30 PM

A struggling musician realizes he's the only person on Earth who can remember The Beatles after waking up in an alternate reality where they never existed. (2019, Comedy / Fantasy / Music, 1 hour 56 minutes, PG-13)

THE HIDDEN LIFE

Monday, March 27th at 2:00 PM
Tuesday, March 28th at 6:30 PM

Based on real events, A Hidden Life is the story of an unsung hero, Bl. Franz Jägerstätter, who refused to fight for the Nazis in World War II. When the Austrian peasant farmer is faced with the threat of execution for treason, it is his unwavering faith and his love for his wife, Fani, and children that keeps his spirit alive. (2019, Biography / Drama / Romance, 2 hours 54 minutes, Rated PG-13)

THURSDAY MOVIES

IN AMERICA

Thursday, March 2nd at 2:00 PM

A young family of Irish immigrants adjust to life on the mean streets in New York. What follows is a series of adventures, both comical and terrifying, as they struggle to make the most of their new life. (2002, Drama, 1 hour 45 minutes, PG-13)

ON THE TOWN

Thursday, March 9th at 2:00 PM

Three sailors wreak havoc as they search for love during a whirlwind 24-hour leave in New York City. (1949, Comedy / Musical / Romance, 1 hour 38 minutes)

THE QUIET MAN

Thursday, March 16th at 2:00 PM

A retired American boxer (John Wayne) returns to the village of his birth in 1920s Ireland, where he falls for a spirited redhead (Maureen O'Hara) whose brother is contemptuous of their union. (1952, Inspirational Drama, 2 hours 9 minutes)

LITTLE WOMEN

Thursday, March 23rd at 2:00 PM

Jo March reflects back and forth on her life, telling the beloved story of the March sisters - four young women, each determined to live life on her own terms. (2019, Drama / Romance, 2 hours 15 minutes, PG)

JULIE & JULIA

Thursday, March 30th at 2:00 PM

Julia Child and Julie Powell - both of whom wrote memoirs - find their lives intertwined. Though separated by time and space, both women are at loose ends... until they discover that with the right combination of passion, fearlessness and butter, anything is possible. (2009, Biography / Drama / Romance,

Neighborhood Meetings

Please join Kat in the **Community Room** for neighborhood meetings.



Below is a list of dates and times for the meetings. The meetings will be open to all residents so please attend the meeting that is most convenient for you.

Wednesday, March 22

3:30–4:30 PM

Friday, March 24

10:30–11:30 AM

Monday, March 27

2:30–3:30 PM

Wednesday, March 29


10:30–11:30 AM

Thursday, March 30

10:30–11:30 AM

Please contact Arissa M. at arissam@greenhillsrc.com with meeting topic ideas.

Green Hills Community March Calendar 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	MDR - Main Dining Room CR - Community Room HCC - Health Care Center MR - Meditation Room PR - Pine Room LB - Le Bistro	5 2:15 Bus-Central Iowa Symphony 6:15 Bus- Ireland with Michael	6 9:30 Women's Coffee (MDR) 1:30 Bus - Hy-Vee 2:00 Movie: CODA	7 9:30 The Green Birds Chorus Practice (CR) 6:30 Movie: CODA	1 10:30 Devotions (HCC) 1:00 Bistro Stitches (LB) 2:00 Caregivers Support Group (PR) 3:00 Meditation Exploration (MR) 7:00 Gamewatch- ISU Women BB vs Kansas	2 9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 11:00 Technology Assistance (PR) 1:30 Bus - Fareway 2:00 Movie: In America	3 2:30 Billiards in the Lindsens 6:45 Bus- Liviv National Philharmonic Orchestra of Ukraine	4 8:30 Bus- Kiwanis Pancake Breakfast 11:00 Gamewatch- ISU Mens BB vs Baylor 2:00 Bus- ISU Women's BB vs Texas Tech 3:00 Gamewatch- ISU Women BB vs Texas Tech 4:00 Happy Hour Social (LB) 6:45 Bus- R.E.S.P.E.C.T.
12 Daylight Savings Time Begins	13 1:30 Bus - Hy-Vee 2:00 Movie: Belfast 4:00 NCAA Bracket Challenge (PR)	14 9:30 The Green Birds Chorus Practice (CR) 3:00 Smart Eating Strategies (CR) 6:30 Movie: Belfast	8 10:00 Continuing Education: (CR) 10:30 Devotions (HCC) 1:00 Bistro Stitches (LB) 3:00 Meditation Exploration (MR) 5:00 GH Cafe 5-7 pm	9 9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 1:30 Bus - Fareway 2:00 Musical Movie: On the Town	10 2:00 Jazz at Green Hills (CR)	11 12:00 Potluck (CR) 4:00 Happy Hour Social (LB)		
19 2:00 Sunday Piano Bar with Motoko	20 1:30 Bus - Hy-Vee 2:00 Movie: Yesterday	21 9:30 The Green Birds Chorus Practice (CR) 2:30 GH Eco-Earth Fair (CR) 6:15 Bus- Red Hot Chili Pipers 6:30 Movie: Yesterday	15 10:30 Devotions (HCC) 1:00 Bistro Stitches (LB) 3:00 Meditation Exploration (MR) 3:00 Robert Thomas Irish Dancers (CR)	16 10:00 Kaffee Klatsch (MDR) 1:30 Bus - Fareway 2:00 Movie: The Quiet Man	17 3:00 Saint Patrick's Day Fun (CR)	18 4:00 Happy Hour Social (LB)		
26	27 1:30 Bus - Hy-Vee 2:00 Movie: The Hidden Life 2:30 Neighborhood Meeting (CR)	28 9:30 The Green Birds Chorus Practice (CR) 3:00 ISU Engineers Without Borders (CR) 6:30 Movie: The Hidden Life	22 10:30 Bus- Lunch Bunch Magee's Irish Pub & Eatery 10:30 Communion (HCC) 1:00 Bistro Stitches (LB) 3:00 Meditation Exploration (MR) 3:30 Neighborhood Meeting (CR)	23 9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 1:30 Bus - Fareway 2:00 Movie: Little Women 3:00 Mexican Train (MDR)	24 10:30 Neighborhood Meeting (CR) 1:30 Bus- Walmart 1:30 Farkle (LB) 4:30 Club 2200 (CR) 5:30 Meal Basket (RSVP)	25 1:00 Irene Tobin's 90th Birthday Party (CR) 4:00 Happy Hour Social (LB)		
	26	27	29 10:30 Devotions (HCC) 10:30 Neighborhood Meeting (CR) 1:00 Bistro Stitches (LB) 1:30 ISU Nature Study (CR) 3:00 Meditation Exploration (MR) 5:00 GH Cafe 5-7 pm	30 9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 10:30 Neighborhood Meeting (CR) 1:30 Bus - Fareway 2:00 Movie: Julie & Julia 2:30 Rock & Roll with Lee (MDR)	31 11:00 Bus- ISU Tearoom & Seed Science Center 6:45 Bus- ACTORS- Always a Bridesmaid			

March 2023
Independent Committee & Club Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Meetings are held in person.</p> <ul style="list-style-type: none"> Pine Room- (PR) Arts & Crafts Room - (A&C) Sensory Garden - (SG) Main Dining Room - (MDR) Prairie Rose Dining Room - (PRDR) 					
5	<p>9:30 Technology Committee (PR)</p>	<p>6 10:00 Cribbage Club (PRDR)</p>	<p>7 1:00 Bridge Club (MDR) 2:00 Book Club (PR)</p>	<p>8 9:50 Art Gallery Committee (PR) 11:00 Library Committee (PR)</p>	<p>9 1:00 Capital Planning (PR)</p>	11
12	<p>9:00 Advisory Council (PR)</p>	<p>13 10:00 Cribbage Club (PRDR) 10:00 Green Team Committee (PR)</p>	<p>14 9:00 Finance Committee (PR)</p>	<p>15 9:30 History Committee (PR) 1:00 Employee Appreciation Committee (PR) 3:30 GHCC Board Meeting (PR)</p>	<p>16 8:30 Board Meeting (PR)</p>	18
19	<p>10:00 Yes2HealthyLife Committee (PR)</p>	<p>20 10:00 Cribbage Club (PRDR)</p>	<p>21 1:00 Bridge Club (MDR)</p>	<p>22 8:30 Board Meeting (PR)</p>	<p>23 8:30 Board Meeting (PR)</p>	25
26		<p>27 9:30 Grounds Committee (PR) 10:00 Cribbage Club (PRDR)</p>	<p>28 9:30 Grounds Committee (PR) 10:00 Cribbage Club (PRDR)</p>	<p>29</p>	<p>30</p>	<p>31</p> 