

## The Green Hills Chimes

JULY 2020 Green Hills Retirement Community Ames, Iowa

### **GHRA President's Message**

We are living during a time most of us would not have predicted when we were celebrating a new year just six months back. All of a sudden, we have had to adapt to a global pandemic and multinational demonstrations for racial equality while our nation is suffering from widespread divisiveness. It seems that well intentioned discussions of these issues result in redefining the problem rather than finding workable resolutions. As we seek clarification within our own hearts consider some of the following thoughts:



(my collection of words has been formatted into a "word cloud" by the editor)

—Allen Trenkle

The Chimes newsletter is for Green Hills residents to inform one another about current trends and offerings in our community. Inside this issue:

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### **OLLI Fall Classes Update**

Current OLLI members who have requested a paper version of the Fall course catalog will receive that publication mid to late July. If you have not previously requested a catalog, you will be able to find course listings in the July OLLI newsletter, or check with a friend or neighbor who does receive a catalog. There will not be an in-person open house this year, but OLLI will have a virtual open house(on Zoom) on August 13th. More information will be in the OLLI newsletter and also in

our August edition of the Chimes. Registration this year will be online and will begin on August 14th(this is a correction from the August 13th date listed in the June edition of the Chimes). GH will hopefully be able to help residents with this new format on the day of registration.

Reminder: Yearly OLLI memberships expire at the end of June. You can find online renewal information on the OLLI website at www.isualum.org/olliatisu.

**Thank you** to all who have contributed supplies or cash for mask making and for the many thanks. I

am currently working on 400+. There are also ear savers available. The smaller button masks work best with thin elastic and the larger button with the thicker elastic.

Again thank you for your support! Sonya Colvin 1103

### The Green Hills Chimes

#### Publisher:

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#### **Committee & Proofreaders:**

Phyllis Seim, Jerry Hall, Barbara Munson, Carol Grant

**Submissions Deadline:** 15<sup>th</sup> of each month

### The Friendship Committee

Please call the following committee members if there are occasions when a contact should be made to recognize illnesses and deaths:

Delivery Assignments for July 2020:

Apts: LaRue Clark x5045

Town Homes: Hanna Gradwohl x5060

### Thank You

Rachel Crawford is grateful for the notes and calls of support for her upon the death of her husband, Harold, last month. She thanks her Green Hills neighbors for brightening her days with friendship.



# New Books in our Green Hills library on the countertop by the windows

AUTHOR	TITLE	CATEGORY
Aronson, Louise	Elderhood: Redefining Aging, Transforming Medicine, Reimagining Life	Health/Wellness
Baldacci, David	Walk the Wire	Fiction
Ball, Molly	Pelosi	Biography
Cullen, Art	Storm Lake: Change, Resilience, and Hope in America's Heartland	Iowa
Cummins, Jeanine	American Dirt: A Novel	Fiction
Erdrich, Louise	The Night Watchman: A Novel	Fiction—large print
Finn, A.J.	The Woman in the Window	Fiction
Gawande, Atul	The Checklist Manifesto: How To Get Things Rright	Health/Wellness
Kingsolver, Barbara	Flight Behavior: A Novel	Fiction
Orlean, Susan	The Library Book	History
Osterholm, Michael T.	Deadliest Enemy: Our War Against Killer Germs	Science/Technology  continued next page→

AUTHOR	TITLE	CATEGORY
Purnell, Sonia	Clementine: The Life of Mrs. Winston Churchill	Biography
Strauch, Eduardo	Out of the Silence: After the Crash	Nature
Whitehead, Colson	The Nickel Boys: A Novel	Fiction

# Book Review: The Lager Queen of Minnesota by J. Ryan Stradal



Dear Green Hills Readers: Find your favorite reading spot, pour a beer or drink of choice, maybe even cut a piece of pie, and read the family saga of overcoming issues that can separate, like disparate inheritance outcomes. Along the way, you will learn the art of the craft beer industry, in this case, in the upper Midwest — Minnesota. This is Stradal's second novel. The first is award-winning *Kitchens of the Great Midwest*. Stradal grew up in southern Minnesota, living now in California, giving life to his additional career, writing novels about family connections, separations, careers and last but not least: reconciliations. The author has put women in the driver's seat with his able insight in developing the primary

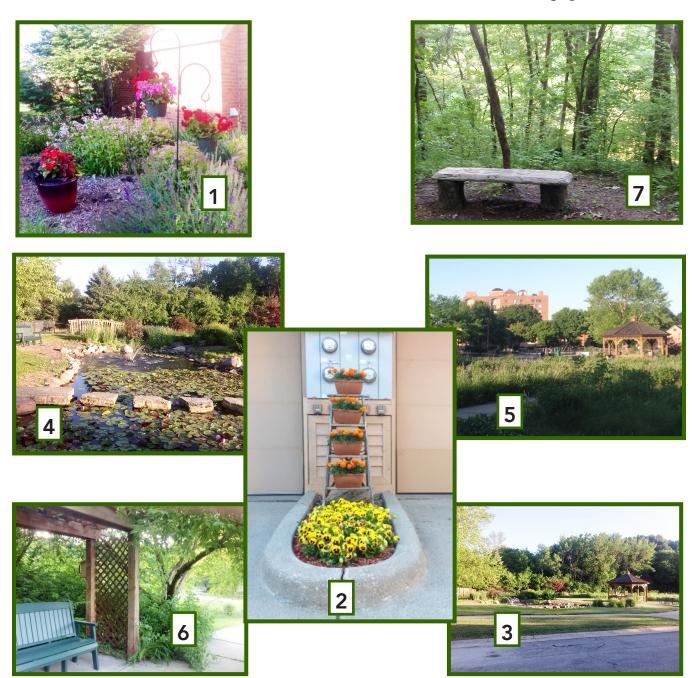
characters. However, the men in their lives play important roles in outcomes. In other words, in life we need each other.

The story begins with two sisters growing up on a farm in Minnesota, their lives taking far different roads in life: one in a more traditional direction, the other to a clearly non-traditional entrepreneurial craft beer business which she takes to high success. That's all I am going to tell you! Except that along the way, you will learn the ins and outs of the craft beer business, which will interest the beer aficionado, and is critical to outcomes. Honesty here: in the text I moved a little quicker ahead, anxious to get back to the dynamics of the extended family and the outcomes. You will not be disappointed! Thank you, J Ryan Stradal. I look forward to novel number three. — Carol Grant

### WHERE ARE WE AT GREEN HILLS?

Can you identify these locations around our Green Hills campus? This collection photographed by Joan Herwig and Carole Magilton is in their Town Homes neighborhood and highlights beautiful spots for walks in that area.

(Answers on back page)



#### THE BRIGHT SIDE OF COVID-19

In last month's Chimes, we invited residents to share something positive, unique, or something surprising that has occurred during this time of adapting to change. Here are a few responses:

I really enjoy going for a bicycle ride for 2-3 hours once a week on trails in Ames and central Iowa, especially the High Trestle Trail. Of course, I look for a day when the weather is not too hot, not too cold, and not too windy. Such weather doesn't happen every day. During a normal Spring, the nice bicycling day of the week often happens on a day when I have other things that I have to do or would like to do. Among them are Green Hills meetings, lectures, social events, performances in Ames, as well as other commitments in my life. With COVID-19 cancelling almost all of those activities, I can always find a nice day for bicycling, which I have done every week since the middle of April. There is nothing like a bike ride!

—Bob Angelici

Despite missing Cubs baseball and the Iowa State Fair, I still eagerly await the opening of the **lowa sweet corn** stands around town. There's really nothing like it, and the countdown waiting for it is part of the fun.—Molly Ethridge



Barbara Munson's poppies are blooming in the raised **gardens**. The plots are awash with color now, so a walk in that neighborhood is refreshing.

From Ed Ethridge: Near the outset of the COVID-19 pandemic home confinement, I learned from friends and fellow residents Motoko and Chuck Oulman that the New York Metropolitan Opera had a rescue plan: an opera a day for the duration. I'm a fan, so I signed on for my first opera, "Aida." Opera exists in another universe that has its own rules for honor, duty and devotion, all sung by divas and their tenors to gorgeous music. Going there is like a vacation. I've spent many happy afternoons listening to a multitude of dire human circumstances transformed into ennobling experiences...beheadings, betrayals, suicides...all sung and acted to booming orchestras and stage-full choruses. It has made my pandemic! I've seen sopranos walk a plank, tenors destroyed by jealousy, ingénues rising off the floor buoyed by love and much, much more only the stars of opera can produce.

Maybe opera will be the next world order. No. Too many plank-walkings and beheadings....

I've been playing **golf** early mornings in good weather, and now I need a couple of golf buddies to join me. We play at Homewood course in Ames. Call me! x5178 Myrna Whigham, myrnawhigham@yahoo.com

I found that reading on my **Kindle** lets me take a short nap and then return exactly where I left off before I "drifted off." No more trying to remember the page/paragraph I was reading before that nap! —LoAnne Worth

# THE RESULTS ARE IN: Newly-elected to our Board of Directors:





Joan Herwig

Warren Madden

Continuing members, Board of Directors: Allen Trenkle, President; Ann McMullin, Carol Volker, Clete Mercier, Alan Atherly; Pamela Cain & Dan Krieger, non-residents

### Newly-elected to the Advisory Council:



Jerry Hall



Bev Kruempel



Larry Mitchell



Rae Reilly



Maureen Wilt

Continuing members, Advisory Council: Katie Pattee, Chair; Bruce Munson, Paul Rietz, Cliff Smith, Bill Fales, Herb Harmison, Ann Hein, Ruth G. Larson, Kelly Tobin, Norma Speer

### "WHERE ARE WE?" p. 5 PHOTOS IDENTIFIED:

Photo #1: the entrance of Betty Kinzler, 2367 Hamilton Circle

**Photo #2:** the garage area "garden" of Jim and Frankee Oleson, 2336 Hamilton Drive (across from GH raised garden beds; visible from Hamilton Drive)

**Photo #3:** Green Hills pond, fountain, bridge and gazebo with prairie area to the right at sunset

Photo #4: Green Hills pond with lily pads, fountain and bridge at sunset

**Photo #5:** View of The Oaks and the gazebo from the pergola at the west end of our Green Hills prairie at sunset (access to the pergola by sidewalk)

**Photo #6:** Pergola with bench located at the west end of the Green Hills prairie (access to the pergola by sidewalk)

**Photo #7:** Stone bench at the end of the Green Hills woodland walk (access at northwest "corner" of Hamilton Drive; see Green Hills map)

We took the photos to feature "home gardening" at two different residences (photos 1 and 2), more obvious scenic views of the pond/Oaks (photos 3, 4, 5, 6), as well as the "hidden treasure" of the woodland walk (photo 7). I think we are surrounded by Green Hills beauty right now; it seems we have more townhome residents adding "outdoor plants/gardening" this year. We thoroughly enjoy walking through the townhome areas to "see what's growing and blooming at the moment"!

We see many apartment folks "taking their walks" and becoming acquainted with us "townhomers"!

— Joan Herwig & Carole Magilton

### Ed's Cartoon Corner

