



The Green Hills Chimes

JUNE 2020

Green Hills Retirement Community
Ames, Iowa

The Chimes newsletter is for Green Hills residents to inform one another about current trends and offerings in our community. Inside this issue:

2

COVID19 stories?
Puzzle Photo

3

New Books

4

OLLI Update
Sensory Garden

5

Food Service

6

Basketball
Nesting Robin

7

Robin Clarke,
pianist

8

Cartoons

GHRA President's Message

Reading the biographies of the candidates nominated for election to the Residents' Board of Directors and Advisory Council reminds one of the wide ranges of expertise and experience of our neighbors. Among the two-hundred-plus people living at Green Hills are educators, engineers, scientists, business owners, social workers, administrators, managers, sales representatives, medical professionals, pastors, librarians, journalists, and parents, among others.

As we become acquainted with those who live here, it is amazing to learn of the extent of volunteer work the majority of the residents have contributed to and/or continue to be involved with in community and civic organizations. Much of this work has involved volunteering as leaders, serving on boards and providing helping hands. Many have called upon their past experiences and have served on the Board of Directors or Advisory Council. Some are now willing to contribute their time to serve the community and stand for election to the Board or Council. Numerous residents find fulfillment in serving on committees that keep Green Hills a functional community. Some are willing to share special talents and hobbies.

It is important to remember that each of us is unique and tends to find opportunities to volunteer that best meet our satisfaction and comfort. We are grateful that all this personal talent, expertise and experience can come together and provide a richness to keep Green Hills a vibrant place for us to call home.

—Allen Trenkle

Does COVID-19 Have a Bright Side?

COVID-19 has caused many disruptions in our lives. We've had to adapt to changes in our normal routines and then readapt again and sometimes yet again! Hopefully in the midst of all this change, there may have been at least one thing that occurred that was positive, unique, or something you found yourself doing that surprised even you! Feel free to share that in next month's Chimes column on The Bright Side of the Virus. You don't need to give your name; just let the rest of us know about that new realization as you learned to adapt. Send your Bright Sides to Editor Molly at mollydsm@comcast.net

The Green Hills Chimes

Publisher:

Green Hills Residents Association
ghoffice@greenhillsrc.com
2205 Green Hills Drive, Suite 100
Ames, IA 50014
515-357-5000

Editor: Molly Ethridge

mollydsm@comcast.net

Committee & Proofreaders:

LoAnne Worth, Jerry Hall,
Barbara Munson, Carol Grant

Submissions Deadline:

15th of each month

2000 Pieces! Coke Is It!



4th floor puzzlers Keith Whigham,
Molly Ethridge & Wayne Rowley

The Friendship Committee

Please call the following Committee members if there are occasions when a contact should be made to recognize illnesses and deaths:

Delivery Assignments for **June 2020:**

Apts: LaRue Clark x5045

Town Homes: Gwen Wells x5108



New Books in our Green Hills library
on the countertop by the windows

AUTHOR	TITLE	CATEGORY
Blum, Andrew	<i>The Weather Machine: A journey inside the forecast</i>	Science/Technology
Elnoury, Tamer	<i>American Radical: Inside the world of an undercover Muslim FBI agent</i>	Biography
Larson, Erik	<i>The Splendid and the Vile: A saga of Churchill, family, and defiance during the blitz</i>	History
McCullough, David	<i>The Wright Brothers</i>	Biography
Power, Samantha	<i>The Education of an Idealist: A memoir</i>	Biography
Rosen, Jeffrey	<i>Conversations with RBG: Ruth Bader Ginsburg on life, love, liberty, and law</i>	Women
Rowling, J.K.	<i>The Casual Vacancy</i>	Fiction



OLLI Fall Classes

Yep, changes abound in OLLI also! One thing that will not change is the quality of classes offered to OLLI members. Fall session signup will be August 13th and catalogs will be available at the end of July. Some catalogs will be available at Green Hills. More details will be available in the July Chimes. Stay tuned!

65th Wedding Anniversaries:

June 6: Irene & Kelly Tobin

June 19: Fran & Dick Henry

The Sensory Garden is Ready

The Sensory Garden is planted with new spring and summer flowers. Anyone can enter and sit there for quiet reading or resting. During this pandemic time, wear your mask and practice social distancing. Enter the gate off the B parking lot and be sure to re-latch the gate both when entering and leaving.



Wayne is keeping watch over the new plantings



Food & Nutrition Services Update Since the COVID-19 Lockdown

Overall, the kitchens at GH are serving 1,044 less meals per month. The GH Grill continues to operate, and the Grill Special remains the most popular item ordered. Bistro boxes and bakery items have also been selling well. The GH Market items have been more popular than ever. Before the COVID-19 lockdown, Market sales averaged \$1,400 per month and in April we sold nearly \$4,800 worth of meat and other grocery items. In the month of April alone, we sold over 60 gallons of milk, 201 eggs, 83 salmon filets, 48 pork chops, over 30 loaves of bread, 117 steaks, 44 pounds of ground beef, 22 chuck roasts along with many other items.

Timeline:

All caterings and outside group meetings stopped on March 13th. Le Bistro and GH Grill closed its doors on March 16th. Grill remained open with normal hours for pick ups and delivery only. On April 10th, the Hospitality/Coffee bar closed, and the GH Grill went to a delivery-only system. We went from having 1-2 deliveries a day to average of 45 meals for delivery. 137 meals were delivered on Easter Sunday, 73 on Mother's Day, and Café dinner was 57 deliveries on the 13th of May. Rain or shine, we are making deliveries as timely as possible!

Updates:

The GH Grill menu has been limited and a second revision was implemented on May 13th with some additions and changes. We continue to have good supply chain of food and products, although we are starting to see some issues such as the size of chicken breasts and other packing size challenges. Some disposables have been challenging since most restaurants are doing more curbside and takeout orders as well. You may see different boxes and bags because of this now and in the future.

We ask that you understand the stress and uncertainty we are all feeling and are doing our best every day to meet your needs. If you have any issues with meal orders or deliveries, please call the kitchen immediately (5063) and we will get it corrected for you.

Thank you and stay well.

— Courtney Bieze, Written on May 14th, 2020

From the Yes2HealthyLife Committee:

Since we have restricted access to sports and watching sports, we have time to learn more about the history of sports we enjoy. Facts obtained are from the Encyclopedia Britannica:

The History of Basketball

The only major sport strictly of U.S. origin is basketball. It was invented by James Naismith on or about Dec. 1, 1891, at the International YMCA Training School (now Springfield College, Springfield, MA.) Naismith was an instructor of physical education there.

For the first game of basketball in 1891, Naismith used two half bushel peach baskets as goals. The students were enthusiastic. After much running and shooting, William R. Chase made a mid-court shot — the only score in that historic contest. As word spread of the newly invented game, many associations wrote Naismith for a copy of the rules, which were published in the January 15, 1892 campus paper.

An Uninvited Guest:

A mother robin is nesting on a Maples resident's deck, atop a rolled-up carpet that the resident is wanting to spread out for summer patio use. The fledgling(s) are not quite ready to leave home for good, so still depend on the Missus for regular servings of bugs. Photographer's opinion: This robin needs to get on the Green Hills housekeeping "deep cleaning" schedule STAT!



A Connection

On Mother's Day all of you received an email suggesting you listen to the pianist, Robin Clarke, play hymns. You can watch that here at this link: <https://youtu.be/KDBle9ZbYmo>

I had very positive feedback regarding Robin's performance. Robin has a few connections to Green Hills. I'm telling you about these connections because Leisure Services plans to have more virtual performances by Robin, and possibly try to schedule her for a live concert in the future. She is a true celebrity in my book and has had amazing opportunities I think you might enjoy learning about.

Robin is an experienced pianist who recently moved back to Iowa after living in NYC. She has worked as a pianist, musical director, and coach at AMDA (The American Musical and Dramatic Academy). She has helped train many Broadway stars, including Anthony Ramos (starred in Hamilton) and Caissie Levy (starred in Wicked, Hairspray, Les Misérables). Robin was the pianist for the Broadway Musical called James Joyce's The Dead in which the well-known actor, Christopher Walken, starred. She has many fun memories with him from that time. The shows that she has been a musical director for, in regional theatre, that you might recognize include The Sound of Music, Oklahoma, I Do, I Do, and Damn Yankees. She was also the pianist for the National Ballet of Canada, which she said was a highlight of her piano career.



I (Maggie, Leisure Services Assistant) know Robin through my mother. Robin was first introduced to Green Hills when she and my mother (Lori) performed a patriotic show together for the residents in the Health Care Center in July 2018. Then after the coronavirus struck, I asked her to perform a virtual concert to entertain residents during this time of isolation. She was more than willing.

My mom and Robin have a long history of 46 years. They became friends in the 7th grade at Norwalk Jr. High School. They attended high school and college together and were involved together in as much music as possible. Robin accompanied every solo my mother ever sang in high school and college. They were both music majors at Northwest Missouri State University from 1979-1983.

Even while living in different cities after college, their friendship remained strong. During her annual trips to Iowa to visit her parents, Robin made sure to spend a day with my family. She loves us like we are her own family. Since she moved back to Iowa 3 years ago, music is still the connection between my mom and Robin. They have collaborated on music projects together and Robin even played piano for my wedding (she is pictured here on the right with my mom that day in Des Moines' Greenwood Park). I encourage all of you to watch her virtual performance of Hymns, along with new ones that will be sent via email in the future.

—Maggie Moreau, Leisure Services Assistant

Ed's
Cartoon
Corner



Resident knew the coronavirus
home confinement order
had gone on too long when
she mistook her husband's hair
for their pet Pekinese.