



NOVEMBER 2021

Green Hills Retirement Community
Ames, Iowa

The Chimes news-
letter is for Green
Hills residents to
inform one another
about current trends
and offerings in our
community.

Inside this issue:

1-2

President's
Message

3

New Books

4

Book Review

5

Gallery News
Hobby Show

Dec: Employee
Appreciation Party

6

Dining Information
Cartoon

GHRA President's Message

Recently a friend sent me the following statement. "So in retrospect, in 2016, not a single person got the answer right to: Where do you see yourself 5 years from now?" At Green Hills we're not going to let that happen.

First, we have a Master Plan Committee (MPC) that is envisioning our needs in order to sustain Green Hills for the next 20 years. They are exploring the perceived needs in 5-year increments using data relative to the growth of the aging population. This committee consists of Peg Cutlip, Paul Reitz, Suzie Shierholz, and Allen Trenkle. They have been meeting weekly since April, 2021.

Second, we have a Strategic Planning Committee (SPC) that will develop the 5-year plan in relation to the MPC input and our resources (e.g. dollars, staff, space, etc.). Our current 5-year plan ends on June 30, 2022. The MPC will provide significant input to the SPC for the 5-year plan.

To accomplish the 5-year plan the SPC will be following the outline of objectives that resulted from the 2-day Envision Conference sponsored by LCS a few months ago. Many of you participated in that conference and provided important input on the needs at Green Hills. In that regard, the SPC chaired by Charles Kniker and Paul Brackelsberg have formed six major Task Forces. Namely:

- Task Force #1 – Financial/Budget
- Task Force #2 – Staff
- Task Force #3 – Capital Planning
- Task Force #4 – Marketing
- Task Force #5 – Amenities/Culture
- Task Force #6 – Technology

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Each of these Task Forces will have a leader or coordinator and several members per Task Force. One or more staff members will be assigned to each Task Force to ensure feasibility and manageability within GH resources.

Each Task Force will have several tasks to consider and each task may need a leader with specific interests in that particular task. Over 40 people have agreed to work on the SPC and more are welcome as may relate to specific tasks. If interested, let me know by telephone 520-9641 or email JLH69558@msn.com.

With this plan and your cooperation, Green Hills, in conjunction with our LCS management team, will know where we're going to be in the next 5-years. However, sometimes plans change for a variety of reasons. Thus, the SPC and the LCS management team will stay alert for any modifications that may be needed in the plan during our next 5-year time frame.

Please let us know your thoughts about any issue you believe we need to address. Thank you for your interest and service to our Green Hills community!

—Jerry Hall, GHRA President

Chimes Editor's Reminder:

After the December issue, the Chimes takes January off, i.e., the next issue after December will be February 2022. If you have something you want published before February, submit it to the Editor no later than November 15.
mollydsm@comcast.net

The Green Hills Chimes

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Submissions Deadline:

15th of each month.
(No January Chimes)

Do you know someone at Green Hills who is ill, in the hospital, or has lost a loved one in their immediate family?

Whoooo you gonna call?



The Friendship Committee Co-Chairs:
Paula Toms x5141
Anne Durland x5398

The Friendship Committee

Please call the following committee members if there are occasions when a contact should be made to recognize illnesses and deaths:

Contact Assignments for November 2021:

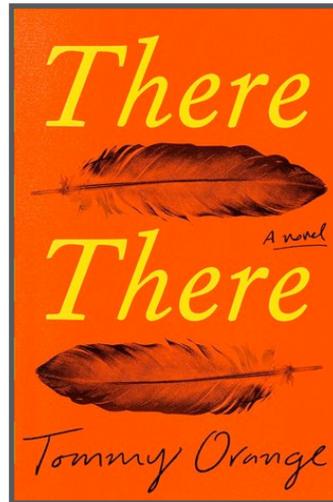
Apts: Arlene Boyington 708-0177
Town Homes: Joyce Mercier x5147



New Books in our Green Hills Library
on the countertop by the windows

AUTHOR	TITLE	CATEGORY
America's Test Kitchen	<i>Cooking for One: Scaled Recipes, No-Waste Solutions & Time-Saving Tips</i>	Reference
Brower, Kate Andersen	<i>First in Line: Presidents, Vice Presidents, and the Pursuit of Power</i>	History
Davis, Fiona	<i>The Lions of Fifth Avenue: A Novel</i>	Fiction—large print
Jonasson, Jonas	<i>The 100-Year-Old Man Who Climbed Out the Window and Disappeared</i>	Fiction
Pearce, AJ	<i>Dear Mrs. Bird</i>	Fiction
Towles, Amor	<i>The Lincoln Highway: A Novel</i>	Fiction

BOOK REVIEW
"There There"
by Tommy Orange



Tommy Orange is an American urban Indian. He is a citizen of the Cheyenne and Arapaho Tribes. His first book, *There There*, has received numerous awards ranging from the American Book Award for Outstanding Literary Achievement to the Andrew Carnegie Medal for Excellence in Fiction. He was also a finalist for the Pulitzer Prize in Literature in 2019.

His book begins with a prologue that reports the actual history of the American Indian since the Pilgrims first settled here. He then begins his fictitious storytelling of thirteen characters who are urban Indians in the city of Oakland, California. Some characters are caught up in drugs and alcohol, while others have finished college degrees but have not found any jobs using their abilities. Others are women who are trying to bring up children, and instill in them knowledge of who they are, while protecting them in the urban surroundings.

These various stories come together in a massive Pow Wow where the characters are drawn together, some because they wanted to share in their native heritage and learn more about who they are and begin to understand more, and others who want to profit in a negative way from the Pow Wow by robbing it.

This is a book that leads to a lot of thought and consideration about the American Indian.

—Joyce Mercier

In Our Art Gallery Hallway:

In keeping with Veterans Day themes during November, Stacie and Maggie will once again mount a display to salute our Green Hills veterans.

In December, the gallery will showcase a holiday art competition by children and grandchildren of GH staff.

January Hobby Show:

On January 13, the Art Gallery committee will host a Craft & Hobby show. This is an open invitation for Green Hills residents to display their hobbies during a two-hour afternoon time in the Community Room.

Be thinking about what you'd like to display: your handiwork, photography, collections, woodworking, etc.

Watch for sign-up details soon.

Show Our Thanks to Our Green Hills Employees

Many years ago, Green Hills residents established a no-tipping policy. Instead, they started the tradition of a December employee appreciation event to present a monetary gift to each employee of the GH Resident Association and the Health Care Corporation. The tradition continues!

Our goal this year is to raise \$100,000 as our way to say "Thank You" to our loyal employees. Last year the most common contribution was \$1000. The largest contribution was \$3700, and the average contribution was \$577.

Contributions are already coming in. **Please make yours by Wednesday, December 1.** Leave your envelope with a check or cash at the reception desk. Make checks payable to "Green Hills Appreciation Fund." All contributions are confidential.

Of course, we want to appreciate our employees all year long, but this is a special time to join together and give a generous "Thank You" for all their efforts on our behalf.

The 2021 Employee Appreciation programs will be Wednesday, December 8, at 10:00 AM for GH Resident Association employees and at 1:30 PM for GH Health Care employees. Please plan to attend these celebrations to offer your thanks in person.

Thank you for your generosity!

2021 Employee Appreciation Committee:
John Greve, Carolyn Jons, Rae Reilly — Chair,
Clifford Smith, Carol Wright



Our food service employees are but one group of the staff who help us daily here at Green Hills.

From the Green Hills Dining Services Committee:

Available at the reception desk are sheets on dining options: the current **GH Grill menu**, a current **GH Market list**, a **Catering Guide**, and others added periodically. The Fall menu arrived in your open mailbox in late September, and other notices are there for you weekly.

GREEN HILLS™
Catering Guide
YES, We Cater!

For Room Reservations and Planning Contact:
 Courtney Bieze, Director of Food & Nutrition Services
 515-357-5004
 courtneyb@greenhillsrc.com

GREEN HILLS MARKET Prices effective 9/28/21

Dairy					
AKI-1 Milk - 1/2 Gallon (8oz, 2% white)	2.88	Artisan Bread (Pretzel, pop baked)		Toucan Loaf	3.50/loaf
AKI-2 Chocolate Milk - 1/2 Gallon	3.27	AKI-3 Biscuits (Pretzel, pop baked)		Yule Log	2.20/loaf
AKI-4 Biscuits (Pretzel, pop baked)	3.22	AKI-4 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-5 Heavy Cream - 1 Quart	4.63	AKI-5 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-6 Heavy Cream - 1 Quart	4.63	AKI-6 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-7 Heavy Cream - 1 Quart	4.63	AKI-7 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-8 Heavy Cream - 1 Quart	4.63	AKI-8 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-9 Heavy Cream - 1 Quart	4.63	AKI-9 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-10 Heavy Cream - 1 Quart	4.63	AKI-10 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-11 Heavy Cream - 1 Quart	4.63	AKI-11 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-12 Heavy Cream - 1 Quart	4.63	AKI-12 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-13 Heavy Cream - 1 Quart	4.63	AKI-13 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-14 Heavy Cream - 1 Quart	4.63	AKI-14 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-15 Heavy Cream - 1 Quart	4.63	AKI-15 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-16 Heavy Cream - 1 Quart	4.63	AKI-16 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-17 Heavy Cream - 1 Quart	4.63	AKI-17 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-18 Heavy Cream - 1 Quart	4.63	AKI-18 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-19 Heavy Cream - 1 Quart	4.63	AKI-19 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-20 Heavy Cream - 1 Quart	4.63	AKI-20 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-21 Heavy Cream - 1 Quart	4.63	AKI-21 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-22 Heavy Cream - 1 Quart	4.63	AKI-22 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-23 Heavy Cream - 1 Quart	4.63	AKI-23 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-24 Heavy Cream - 1 Quart	4.63	AKI-24 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-25 Heavy Cream - 1 Quart	4.63	AKI-25 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-26 Heavy Cream - 1 Quart	4.63	AKI-26 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-27 Heavy Cream - 1 Quart	4.63	AKI-27 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-28 Heavy Cream - 1 Quart	4.63	AKI-28 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-29 Heavy Cream - 1 Quart	4.63	AKI-29 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-30 Heavy Cream - 1 Quart	4.63	AKI-30 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-31 Heavy Cream - 1 Quart	4.63	AKI-31 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-32 Heavy Cream - 1 Quart	4.63	AKI-32 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-33 Heavy Cream - 1 Quart	4.63	AKI-33 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-34 Heavy Cream - 1 Quart	4.63	AKI-34 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-35 Heavy Cream - 1 Quart	4.63	AKI-35 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-36 Heavy Cream - 1 Quart	4.63	AKI-36 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-37 Heavy Cream - 1 Quart	4.63	AKI-37 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-38 Heavy Cream - 1 Quart	4.63	AKI-38 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-39 Heavy Cream - 1 Quart	4.63	AKI-39 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-40 Heavy Cream - 1 Quart	4.63	AKI-40 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-41 Heavy Cream - 1 Quart	4.63	AKI-41 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-42 Heavy Cream - 1 Quart	4.63	AKI-42 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-43 Heavy Cream - 1 Quart	4.63	AKI-43 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-44 Heavy Cream - 1 Quart	4.63	AKI-44 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-45 Heavy Cream - 1 Quart	4.63	AKI-45 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-46 Heavy Cream - 1 Quart	4.63	AKI-46 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-47 Heavy Cream - 1 Quart	4.63	AKI-47 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-48 Heavy Cream - 1 Quart	4.63	AKI-48 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-49 Heavy Cream - 1 Quart	4.63	AKI-49 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf
AKI-50 Heavy Cream - 1 Quart	4.63	AKI-50 Heavy Cream - 1 Quart	4.63	Yule Log	0.50/loaf

The GH Dining Services Committee meets bimonthly with Food & Nutrition Services Director Courtney Bieze and Chef Chris S. Committee members are listed in the October Directory under the heading Advisory Council Standing Committees. Contact any member of the committee with comments or questions. —Carol Grant, Dining Committee member

Ed's Cartoon Corner

