

# DISCOVER, EXPLORE AND MORE

**September 2021**  
Events and Programs



**35th ANNIVERSARY CELEBRATION**  
**Thursday, September 16**  
**4:00 PM—6:00 PM**  
**Community Room**

Although the idea of a retirement community just south of Highway 30 came around 1973, the ground breaking for building this amazing community wasn't until July of 1985. Then the midrise (now known as the Oaks) opened in November of 1986. There have been many changes and updates through the years. We are so blessed to call this place home!

You are cordially invited to our 35th Anniversary Celebration which will include a hors d'oeuvres buffet, open bar, short program and violin music by Dave Swenson. All residents are welcome to attend.



## NEW DIRECTOR OF HUMAN RESOURCES

Hello Green Hills Residents! My name is Michelle Price, and I recently joined the Green Hills Team on August 2<sup>nd</sup> as the new HR Director. I have worked in Human Resources for over 20 years in a variety of industries in Iowa, Florida, and Kansas. I grew up in Hutchinson, Kansas, and attended the University of Kansas, where I earned my bachelor's degree in Business Administration. Rock Chalk Jayhawk! I have always held Human Resources roles as I find the work both rewarding and challenging.



I have lived in Gilbert for the past 14 years with my husband, three children, and dog, Sophie. My husband, Joe, works full-time for the Iowa National Guard in Boone. Our children, Ava (13), Ali (10), and Samuel (6) all attend Gilbert Community Schools, where they started back on August 24<sup>th</sup>. We stay busy with their activities of volleyball, football, softball, baseball, and track.

Outside of spending time with family, my favorite thing to do is travel! I enjoy going to new places to find fun activities to do, trying new foods, and meeting new people. I also enjoy gardening, reading books, and vintage shopping. I am eager to meet all of you as I start my career at Green Hills Community!

## HAPPY BIRTHDAY!

- Gaylan Crim—9/2
- Barbara Munson—9/5
- Ralph Yoder—9/6
- Anita Dyer 9/13
- Glynn Frank—9/13
- Jenna McCarley—9/19
- Carol Volker—9/24
- Jan Clark—9/25
- Lew Klinge—9/25
- Lucy Futrell—9/26
- Sandy Horton—9/27
- Joanne Sperfslage—9/29
- Norm Cheville—9/30

## HEATH CARE CENTER

George Oster—9/9

## LINDENS

Diane Neal—9/15  
 Loraine Safly—9/15

## CEDAR COURT

Jerry Mathews—9/12  
 Jean Seiser—9/27

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Follow us:



## DINING SERVICES

### CHEF'S BREAKFAST

September 2, 9, 16, 23, 30  
8:00—10:00 AM

### GREEN HILLS CAFÉ

Wednesday, September 8  
5:00 PM

### 35th ANNIVERSARY PARTY

Thursday, September 16  
4:00—6:00 PM

### CLUB 2200 MEAL OPTION

Friday, September 24  
5:30 PM

### SHRIMP BOIL

Wednesday, September 29  
5:00 PM

### LE BISTRO & LOUNGE HOURS

Monday through Friday 8:30 AM —2:00 PM  
Saturday — Closed  
Sunday 10:00 AM—1:00 PM

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## FIRST NATIONAL BANK

### Tuesdays & Thursdays

9:00 AM—11:00 AM

The First National Bank office is located in the hallway leading to the Community Room.

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## RESIDENTIAL HEALTH SERVICES

### Blood Pressure Clinic

Thursdays, September 2, 9, 16, 23, 30  
9:30 AM  
Wellness Clinic

### Ames Hearing Aid Clinic

Tuesday, September 14  
9:30 AM—11:00 AM  
Wellness Clinic: Call Kaylee for an appointment.



### IN MEMORY

Our heartfelt sympathy goes out to the family and friends of  
Phyllis Smith, Haroldean Gorman,  
Marjorie Muench, Pat Miller,  
Max Townsend and Nancy Blomgren.

## LEISURE SERVICES NAME CHANGE

The activity department at Green Hills has been called Leisure Services since the beginning of the department. Leisure Services used to be the major at Iowa State University for a recreation degree.

We have decided it is time for a new name that encompasses the goal of the department: enriching individuals' lives through the 8 dimensions of wellness. The dimensions of wellness that Green Hills aims to nurture and promote are physical, emotional, social, intellectual, vocational, environmental, spiritual and health services. It may take a while for all written materials to get updated (such as the phonebook or other signage). **The title of Leisure Services will be changed to Life Enrichment.**



## Get to know the Life Enrichment Department!

**Hannah** (starting on the left) began in 2019 and spends her time planning and carrying out meaningful activities with Health Care and Memory Care residents.

**Cheryl** first started in 2001 working full time in the department planning and carrying out Independent Living events. After 14 years, she left for 3 years and then came back to work part time with Health Care and Memory Care residents in 2018.

**Nan** has been with the department the longest. She started in 1998 and has always worked part time planning and leading evening and weekend activities for residents in Health Care and Memory Care.

**Maggie** was welcomed to Green Hills in 2018. She plans the Assisted Living calendar, assists with Independent Living events, and spends time with residents in Health Care and Memory Care while creating personalized care plans for them.

**Stacie** leads our Life Enrichment team. She started working at Green Hills in 2000 and currently oversees activities in all 4 levels of care, while carrying out activities in Independent Living.

The Life Enrichment office is located on the main hallway in the Health Care Center. Please direct any ideas or suggestions to any one in the department or call x5006 or x5022. 2

# GREEN HILLS ON-SITE SPECIAL EVENTS

## GAMEWATCH

Watch the first two ISU Football Games with your friends. These games are not televised on a normal channel that Green Hills receives.

**ISU FOOTBALL vs UNI**  
Saturday, September 4  
3:30 PM in GH Theatre  
Streamed on ESPN+



**ISU FOOTBALL vs UNIVERSITY OF IOWA**  
Saturday, September 11  
3:30 PM in Community Room  
Televised on ABC



Put on your favorite team colors and cheer them on at these football game watch parties. Feel free to bring your own food or drink.

**35th ANNIVERSARY CELEBRATION**  
Thursday, September 16  
4:00 PM—6:00 PM  
Community Room  
No Need to RSVP

## SEPTEMBER DEVOTION SERVICES

**Wednesdays at 10:30 AM**  
HCC Activity Room, Masks Required

9/1 - Memorial Lutheran

*Pastor Mark Heilman*

9/8 - Northminster Presbyterian

*Pastor Jim DuBois*

9/15 - Christ Community

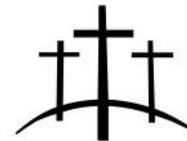
*Pastor Kip Hamby*

9/22 - Communion:

**First United Methodist**

*Reverend Dr. Kirkpatrick*

9/29—Hymn Sing



A special thank you  
to our pastors and pianists  
who volunteer weekly to provide this  
special service.

**A “RAT PACK” HOLIDAY GETAWAY  
TRAVEL PRESENTATION**  
Wednesday, September 29  
10:00 AM

Cheryl Fleming from Legacy Tour & Travel will talk about this overnight holiday trip featuring:

- A production of “Every Christmas Story Ever Told (And then Some)”
- View wonderful holiday lights
- Local chocolate shop information and samples
- A great production of “Christmas with the Rat Pack”

This trip is taking place Monday, December 6 to Tuesday, December 7. Sign up in the bus book (under December 6) by October 27. This trip is marketed to Green Hills residents and guests. Contact Stacie (X5006) if you have any questions.

**LE BISTRO BANTER WITH  
MICHELLE PRICE &  
MARGO WEILAND**

**Tuesday, September 28 at 1:30 PM**  
**Le Bistro**

Back before covid-19, we would have monthly Le Bistro Banter meet and greets, where a staff member or two were featured in an informal social. This month we will meet and get to know Michelle Price, Human Resource Director and Margo Weiland, Administrator-in-Training. Grab a drink or a treat at Le Bistro and visit with these two ladies.

# COMMUNITY WIDE EVENTS AT GREEN HILLS

<p><b>SEPT 1, 8, 15, 22, 29</b> <b>(WED) 1:00 PM</b></p>	<p><b>BISTRO STITCHERS &amp; BED MAT MAKERS</b> This gathering is for everyone who does any type of hand craft, including but not limited to: needlework, crocheting, and knitting. If you would like to convert plastic bags to plarn or learn how to make a bed mat, you can attend this informal gathering typically held in the Pine Room. Bring your project to work on while you visit with other residents. <u>The last Wednesday of the month the group will gather in Le Bistro.</u></p>
<p><b>SEPT 1, 8, 15, 22, 29</b> <b>(WED) 3:00 PM</b></p>	<p><b>MEDITATION EXPLORATION</b> All are welcome to attend sessions held on Wednesdays <u>in the Meditation Room</u> on the second floor of the Lindens. These sessions are led by Green Hills resident, Elizabeth Angelici. Please remember your mask when entering the Lindens.</p>
<p><b>SEPT 2, 9, 23, 30</b> <b>(THURS)</b> <b>10:00 AM</b></p>	<p><b>MEN'S COFFEE</b> Men's Coffee is held every Thursday, except the third, in the Main Dining Room. This informal social is a chance for the men at Green Hills to get together and talk. Coffee is provided and men sign up to bring cookies or a treat for everyone. Sign up in the front of the bus book if you are interested in bringing treats.</p>
<p><b>SEPT 2</b> <b>(THURS)</b> <b>3:00 PM</b></p>	<p><b>SING-ALONG WITH US</b> Come to the Community Room for this sing-along with your friends and neighbors. This sing-along is put on by Cliff Smith and Carol Deppe.</p>
<p><b>SEPT 8</b> <b>(WED)</b> <b>10:00 AM</b></p>	<p><b>THE STATE OF ISU ATHLETICS</b> Bill Fennelly, Iowa State Women's Basketball Coach, will present this month's continuing education program. Bill will talk about various athletic programs including football and both the men's and women's basketball programs. He will also update us on the future of the Big 12 Conference, as well as, current or future ISU construction plans and progress. Be sure to bring all the burning questions you have about Cyclone Athletics and any of its programs to this presentation in the Community Room.</p>
<p><b>SEPT 13</b> <b>(MON)</b> <b>9:30 AM</b></p>	<p><b>WOMEN'S COFFEE</b> Due to the Labor Day Holiday, this social has been moved to the second Monday in September. All women are welcome to this informal social. Coffee will be provided.</p>
<p><b>SEPT 16</b> <b>(THURS)</b> <b>10:00 AM</b></p>	<p><b>KAFFEE KLATSCH</b> All residents are invited to this social event. This event is held in the Main Dining Room on the third Thursday of each month. New residents are welcomed and upcoming activities are discussed. Refreshments are provided.</p>
<p><b>SEPT 18, 25</b> <b>(SAT)</b> <b>4:00 PM—6:00 PM</b></p>	<p><b>HAPPY HOUR SOCIALS</b> Meet your friends and neighbors in the Main Dining Room for an informal gathering. Green Hills Dining Services has a variety of alcoholic and non-alcoholic drinks for purchase. Snacks are provided. Due to a staffing shortage and the ISU Football games, there will not be Happy Hour Socials the first 2 Saturdays of September.</p>
<p><b>SEPT 24</b> <b>(FRI)</b> <b>4:30 PM</b></p>	<p><b>CLUB 2200</b> Join us for an afternoon get together. Alcoholic and non-alcoholic beverages, as well as snacks, will be served. Payable at Club 2200 is \$1.00 for a soft drink, and \$3.00 for beer, wine or mixed drinks. A refill is available at no additional cost. There is a 2 drink limit per person. The Green Hills Kitchen offers a "Meal Option" at 5:30 PM (which is an offering of food that varies each month). Residents need to sign up for the meal through the kitchen (x5040) and the fee will be billed to the resident's account. This event is held in the Community Room. Please wear you name tag.</p>

# CLUBS AND OTHER EVENTS

<b>SEPT 7 (TUES) &amp; SEPT 21 (TUES) 9:30 AM</b>	<b>SENSORY GARDEN CLUB</b> Sensory Garden club meetings are now about maintaining the plants, so the weeds don't overtake them. Anyone is welcome to meet in the garden or just come enjoy the ambiance.
<b>SEPT 8 (WED) 2:00 PM</b>	<b>BOOK CLUB</b> Ann Hein will lead the discussion of <i>Ordinary Grace</i> authored by William Kent Krueger. (Pine Meeting Room)
<b>SEPT 16 (THURS) 2:00 PM</b>	<b>WINDOWS COMPUTER CLUB</b> The Windows Computer Club's purpose is to exchange knowledge of the operating system and programs. (Pine Meeting Room)
<b>SEPT 29 (WED) 1:30 PM</b>	<b>TECHNOLOGY CLUB</b> Share your knowledge or get answers to your questions. All residents are encouraged to come. (Pine Meeting Room)

We seem to accumulate more stuff every week. Here are some tips you can use to decrease the amount of waste you produce:

- Don't buy or use disposable goods such as paper plates, cups, plastic silverware, or tablecloths.
- Use cloth bags or reuse grocery bags.
- Use resealable containers instead of baggies.
- Don't buy bottled water; use coffee mugs or personal water bottle.
- Use cloth napkins instead of paper napkins.
- Use dish cloths and towels instead of paper towels.
- Buy products in bulk when you can be sure you'll use it all
- Go paperless - many stores offer e-receipts, and most bills can be paperless.
- Get rid of junk mail at [https://www.directmail.com/mail\\_preference](https://www.directmail.com/mail_preference)

## BRIDGE ANYONE?

**Wednesdays, September 8 & 22 at 1:00 PM  
Main Dining Room**

This newly formed bridge group will play on the second and fourth Wednesday of each month. If you have any questions please reach out to Jan Clark (x5217), Shala Ludley (x5250), or Paula Toms (x5141).

## CRIBBAGE

Do you know how to play cribbage or would you like to learn? Contact Roger Beckett (x5218) who started this cribbage group. Roger will teach you how to play. There are several residents who have been playing. Games are scheduled depending on each person's schedule. Contact Roger to be added to the group list.

## GREEN HILLS MERCHANDISE POP-UP SHOP

A link will be emailed out to residents to an online shop that offers Green Hills shirts and other merchandise.

If you would like assistance with ordering, Margo will be at the Main Lobby to provide help on the following dates:

**Monday, September 20th from 10:15 AM—11:00 AM,  
Thursday, September 23rd from 1:15 PM—2:00 PM.**

## NEWSPAPER RECYCLING

Newspapers can be recycled on the first floor of the Maples in the trash room. Other acceptable types of papers are wastepaper, paperback books, and shredded paper.

The Ames Golden K Kiwanis Club coordinates the collection trailer. The trailer is owned by the Mason City Recycling Center, which converts the paper donations into insulation for homes and businesses. Proceeds from the paper donations are given to local family and children's charities. In the past year the club has donated \$14,000.



*Good friends make great neighbors!*

**Fall Parade of Homes:**  
**Apartments - September 14**  
**Townhomes - September 21**

*You are our number one referral source!*

# THE LINDEN LETTER

## TENANT MEETING

**Wednesday, September 1 at 2:00 PM**

This monthly meeting is open to all Assisted Living Residents. This meeting is held on the first floor and is led by Lauren Pearson, Assisted Living Coordinator. Come hear about what's going on in the Lindens.

## BIRTHDAY PARTY

**Tuesday, September 14 at 3:00 PM**

**Outdoor Patio**

This month we are celebrating Diane and Loraine's birthday! These ladies were born on the same day, how ironic! Come celebrate with cake and ice cream.



## SCENIC BUS RIDE—JESTER PARK

**Wednesday, September 8 at 2:30 PM**



This beautiful spot of 1,661 acres of land is located along the west shore of Saylorville Lake. On this ride you will see elk and bison and be reminded of our natural heritage. You must be able to get up the steps of the Green Hills bus. Sign up by Lauren's office.

## DO YOU NEED GROCERIES?

**Wednesday Mornings**

If you need groceries or anything from Walmart or Hy-Vee, the Resident Aides will go shopping for you! Make a list of the specific item, brand, and quantity you want and give the list to a Lindens staff member by 9:00 AM of that Wednesday morning.

## MOVIE MONDAYS

**First Floor Living Room at 3:00 PM**

### September 6th—Cheaper By The Dozen (2)

This movie is about a family trip to the lake house, perfect for Labor Day weekend! Watch as their peaceful vacation turns into a competition with between two large families. You do not need to see the first movie for it to make sense. (2005, PG, Family, 1 hour 34 minutes)

### September 13th—Up!

Retired balloon salesman Carl Fredricksen, part rascal and part dreamer, takes to the sky by tying thousands of balloons to his house. Unbeknownst to Carl, a young Wilderness Explorer named Russell becomes an unexpected stowaway on the journey they never expected. (2009, PG, Family, 1 hour 36 minutes)

### September 20th—Grease

John Travolta and Olivia Newton-John star in this hit musical comedy that chronicles the romantic entanglements of a group of high school seniors, starting with a summer fling between greaser Danny and good girl Sandy. (1978, PG, Musical, 1 hour 50 minutes)

### September 27th—Fatherhood

A widowed new dad copes with doubts, fears, heartache, and dirty diapers as he sets out to raise his daughter on his own. This movie is inspired by a true story. (2021, PG-13, Drama, 1 hour 50 minutes)

# HEALTH CARE HAPPENINGS

Residents from Independent Living are welcome to come to these activities.  
Please wear a mask while in the Health Care Center.

## WELCOME

We extend our warmest welcome to Christine Freeman, Jean Lem, John Tait, and Donna Shenefelt.

## SECOND CHAIR BRASS

**Wednesday, September 1 at 6:30 PM**  
**Sensory Garden**

Don't miss Second Chair Brass for an outdoor Oktoberfest music treat. This amateur, low brass, duo from Ames will play an hour of upbeat Bavarian polkas and waltzes.

## TWO GUYS NAMED DAVE

**Saturday, September 25 at 10:30 AM**  
**Aspen Court Living Room**

You won't want to miss these two guys named Dave, when they are here. They've planned a program with lively song tunes from the 30s and 40s.

## BUS TRIP TO REIMAN GARDENS

**Wednesday, September 22 at 2:00 PM**

There has been a horticulture garden at Iowa State University since 1914, and now Reiman Gardens is one of the finest and most unique gardens in the country available to students, faculty, and staff exploration, research and learning. Through all the years, the gardens have remained an oasis of natural beauty and education for generations of students and guests.

Residents who live in the Lindens, Cedar Court, and the Health Care Center are invited to attend this special outing. We will plan to see the butterfly room, the grounds of the garden, and the current exhibition which is titled "Origami in the Garden".

We will have a handicap accessible bus available, as well as the Green Hills bus. Admission will be charged to your resident account.

## DIA ANNUAL SURVEY

The Department of Inspection and Appeals held their annual survey at Green Hills Health Care Center the week of Monday, August 16. We received the results from the survey and had **zero deficiencies**. The average deficiencies for the state of Iowa annual surveys are four tags; Green Hills received zero. A special thanks to all of our hard working staff. We are proud of the results and the wonderful teamwork we have at Green Hills.

## CEDAR COURT

Activities listed below are held in Cedar Court Memory Care.

### BIRTHDAY PARTY

**Wednesday, September 8**  
**4:00 PM**

We will celebrate the birthdays of our friends Jean Seiser and Jerry Mathews on this day. Come hungry for cake and ice cream!

### PIANO MUSIC BY PAT LYDON

**Monday, September 20**  
**4:00 PM**

Pat always gives us a good show of a variety of genres and well known music. He plays the piano mostly from memory and takes requests.

### APPLE PIE SMOOTHIES

**Tuesday, September 21**  
**4:00 PM**

Two delicious treats made into one... This is an easy way to get your "apple-a-day" requirement in! This smoothie will taste like apple pie with all the essential flavors of cinnamon and nutmeg.

# ISU & COMMUNITY / OFF-SITE EVENTS

The bus has been scheduled for the following events. Please sign up early to reserve your seat on the bus! Tickets should be purchased on your own. The time listed is when the bus departs Green Hills.

Friday, September 3	1:00 PM	<b>Park Walk: McFarland Park</b>	Ames
Saturday, September 4	2:30 PM	<b>ISU Football vs UNI</b>	Jack Trice
Saturday, September 11	2:30 PM	<b>ISU Football vs Iowa</b>	Jack Trice
Friday, September 24	1:30 PM	<b>Park Walk: University to Brookside</b>	Ames
Friday, September 24	5:45 PM	<b>ISU Volleyball vs TCU</b>	Hilton Coliseum
Saturday, September 25	3:15 PM	<b>ISU Volleyball vs TCU</b>	Hilton Coliseum
Sunday, September 26	1:15 PM	<b>ACTORS: Nana's Naughty Knickers</b>	Actors Theatre

## TRANSPORTATION BY REQUEST

For townhome, Oaks, and Maples residents, a Green Hills van is available each Monday through Friday, during non-bus events for rides to non-medical locations within the Ames city limits. Service hours will be 9:00 AM to 3:00 PM. \$6.00 per location (per person). A two-day notice is required. No fee for return to Green Hills.

### SHOPPING TRIPS

**Bus Departs Apartments: 1:30 PM**

**HyVee:** Tuesday, September 7  
Mondays, September 13, 20, 27

**Fareway:** Thursdays, September 2, 9, 16,  
23, 30



### LUNCH BUNCH TO OLIVE GARDEN Friday, September 17 at 10:45 AM

Travel down to Ankeny on the Green Hills bus to feast on Olive Garden's famous freshly baked never ending servings of breadsticks and garden salad. Their menu features a variety of Italian favorites including classics like Fettuccine Alfredo, Lasagna Classico, and the Tour of Italy. **You will order off the menu and pay individually.**

### ADA HAYDEN GOLF CART TOUR

**Thursday, September 9 at 9:00 AM**

Each year the Friends of Ada Hayden Heritage Park lead golf cart tours of the park for mobility challenged adults. These 90 minute tours will include a driver and interpreter on each golf cart. **Sign up in the bus book by Wednesday, September 1st to guarantee your spot for this special tour.**

### ISU MEAT LAB TOUR & LUNCH AT CORNBRED BBQ

**Tuesday, September 21**

**Bus Departs GH at 9:30 AM**



Tour the Iowa State University Meats Laboratory, a federally inspected facility with the capability for slaughtering and complete processing of meat animals including beef, pork, lamb, and goat. The Meat Lab supports teaching, research and extension activities in the Department of Animal Science.

**Per USDA FSIS notice 30-21 released August 4, 2021, all persons in a USDA inspected facility must wear a mask regardless of vaccination status. Also, closed toe shoes and long pants are required. Floors can be wet, but all are nonslip surfaces.**

After the tour, we will head over to Cornbred BBQ. This restaurant offers award winning barbecue and is located in the historic depot of downtown Ames. **Order off the menu and pay individually.**

# NOW SHOWING AT GREEN HILLS

## FEATURED WEEKLY MOVIES

### Field of Dreams

Monday, September 6 at 7:00 PM

Tuesday, September 7 at 2:00 PM

Thursday, September 9 at 2:00 PM

Iowa farmer Ray Kinsella is inspired by a voice he can't ignore to pursue a dream he can hardly believe. Supported by his wife, Ray begins the quest by turning his ordinary cornfield into a place where dreams can come true—a baseball field. (1989, PG, Drama, 1 hour 47 minutes)

### State Fair

Monday, September 13 at 7:00 PM

Tuesday, September 14 at 2:00 PM

Thursday, September 16 at 2:00 PM

The farm family Frake heads for the Iowa State Fair. On the first day, discontented daughter Margy and her brother Wayne meet attractive new flames, as does Father's prize hog Blue Boy. As the fair proceeds, so do the romances. Must sweethearts separate when the fair closes? (1945, G, Musical / Romance, 1 hour 40 minutes)

### Let Him Go

Monday, September 20 at 7:00 PM

Tuesday, September 21 at 2:00 PM

Thursday, September 23 at 2:00 PM

Following the loss of their son, retired sheriff George Blackledge and his wife Margaret leave their Montana ranch to rescue their young grandson from a dangerous family living off the grid. They soon discover that the Weboy family has no intention of letting the child go, forcing George and Margaret to fight for their family. (2020, R, Crime / Drama, 1 hour 53 minutes)

### Red

Monday, September 27 at 7:00 PM

Tuesday, September 28 2:00 PM

Thursday, September 30 at 2:00 PM

After trading in his professional past as a black-ops CIA operative for a new identity, Frank Moses is basking in normality. But he's forced to return to old habits when an assassin puts a target on his back and goes after the woman he loves (2010, PG-13, Action & Adventure, 1 hour 51 minutes)

## JAMES BOND MOVIES



### Tomorrow Never Dies

Friday, September 3 at 7:00 PM

Pierce Brosnan stars as suave action hero James Bond in this continuation of the 007 series, this time teaming the secret agent and a sexy Chinese superspy against a megalomaniacal media mogul bent on starting World War III to boost his ratings. (1997, PG-13, Action, 1 hour 55 minutes)

### The World is Not Enough

Friday, September 10 at 7:00 PM

Greed, revenge, world domination, high-tech terrorism: It's all in a day's work for cunning secret agent James Bond, who's on a mission—and in a race against time—to protect a beautiful oil heiress from a notorious terrorist. (1999, PG-13, Action, 2 hours 8 minutes)

## NEW FRIDAY SERIES: TOM HANKS MOVIES



### You've Got Mail

Friday, September 17 at 7:00 PM

Book superstore magnate Joe Fox (Tom Hanks) and independent book shop owner Kathleen Kelly (Meg Ryan) fall in love in the anonymity of the internet. The two are forced to make tough decisions about life, love, and livelihood. (1998, PG, Romantic Comedy, 2 hours)

### Splash

Friday, September 24 at 7:00 PM

Tom Hanks stars as a workaholic who's convinced he can't fall in love...until he's mysteriously rescued at sea by the mermaid of his dreams. (1984, PG, Romantic Comedy, 1 hour 49 minutes)

# OTHER EVENTS

## CARING FOR SOMEONE WITH MEMORY ISSUES? YOU ARE WELCOME TO COME TO MEMORY CAFÉ

Memory Café is resuming on September 27 for those with memory loss and their caregivers.

Join us on the fourth Monday of each month at Northminster Presbyterian Church.

**3:00 PM—4:30 PM**

Northminster Presbyterian Church, 1416 20<sup>th</sup> street, is hosting a monthly gathering of individuals with memory loss and their care partners and/or friends and family in a safe, supportive engaging environment.

The **Memory Café** provides a welcoming break from the disease and an opportunity to remain socially engaged with others traveling the same journey.

For more information, contact Jan Beran at 515-357-6432 or gberan54@gmail.com.

If schools are closed due to inclement weather this meeting will be cancelled.

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**TOGETHER, WE CAN END  
ALZHEIMER'S DISEASE.**

**October 16, 2021**

**Location:  
CPMI Event Center  
2321 N Loop Dr  
Ames, IA 50010**

**8:30 AM—GH Bus will leave from Apartments  
9:00 AM—Ceremony  
9:30 AM—Walk Begins**

The Alzheimer's Association Walk to End Alzheimer's is full of flowers, each carried by someone committed to ending this disease. Because like flowers, our participants don't stop when something's in their way. They keep raising funds and awareness for a breakthrough in the fight against Alzheimer's and all other dementia.

This event is held annually in more than 600 communities nationwide. It is the world's largest fundraiser for Alzheimer's care, support, and research.

Ride the Green Hills bus and join your friends, neighbors, and GH staff as we walk for this special cause.

# Green Hills Community September Calendar 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>MDR - Main Dining Room</p> <p>CR - Community Room</p> <p>HCC - Health Care Center</p>	<p><b>5</b> Labor Day Holiday Le Bistro is Closed Today 7:00 Movie - Field of Dreams</p>	<p><b>6</b> 1:30 Bus - Hy-Vee 2:00 Movie - Field of Dreams</p>	<p><b>7</b> 1:30 Bus - Hy-Vee 2:00 Movie - Field of Dreams</p>	<p><b>8</b> 10:30 Continuing Education: The State of ISU Athletics (Community Room) 10:30 Devotion Services (HCC) 1:00 Bistro Stitchers (Pine Meeting Room) 1:00 Bridge Club (MDR) 3:00 Meditation Exploration (Meditation Room - 2nd Floor of Lindens) 5:00 GH Cafe (RSVP)</p>	<p><b>9</b> 8:00 Chef's Breakfast 9:00 Bus - Ada Hayden Golf Cart Tour 9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 1:30 Bus - Fareway 2:00 Movie - Field of Dreams</p>	<p><b>10</b> 7:00 James Bond Movies - The World is Not Enough</p>	<p><b>11</b> 2:30 Bus - ISU Football vs Iowa 3:30 Gamewatch: ISU Football vs Iowa (CR, ABC)</p>
<p>10:00 - 1:00 PM Le Bistro Open</p>	<p><b>12</b> 9:30 Women's Coffee (MDR) 1:30 Bus - Hy-Vee 7:00 Movie - State Fair</p>	<p><b>13</b> 9:30 Hearing Aid Clinic (Wellness Clinic) 2:00 Movie - State Fair</p>	<p><b>14</b> 9:30 Devotion Services (HCC) 1:00 Bistro Stitchers (Pine Meeting Room) 3:00 Meditation Exploration (Meditation Room - 2nd Floor of Lindens)</p>	<p><b>15</b> 8:00 Chef's Breakfast 9:30 Blood Pressure Clinic 10:00 Kaffee Klatsch (MDR) 1:30 Bus - Fareway 2:00 Movie - State Fair <b>4:00 - 6:00 PM Green Hills 35th Anniversary Party (CR)</b></p>	<p><b>16</b> 10:45 Bus - Lunch Bunch to Olive Garden 7:00 Tom Hanks Movies - You've Got Mail</p>	<p><b>17</b> 4:00 Happy Hour Social (MDR)</p>	<p><b>18</b></p>
<p>10:00 - 1:00 PM Le Bistro Open</p>	<p><b>19</b> 10:15 Green Hills Merchandise Pop-Up Shop (Main Lobby) 1:30 Bus - Hy-Vee 7:00 Movie - Let Him Go</p>	<p><b>20</b> 9:30 Bus - ISU Meat Lab &amp; Lunch 2:00 Movie - Let Him Go</p>	<p><b>21</b> 10:30 Devotion Services (HCC) 1:00 Bistro Stitchers (Pine Meeting Room) 1:00 Bridge Club (MDR) 3:00 Meditation Exploration (Meditation Room - 2nd Floor of Lindens)</p>	<p><b>22</b> 8:00 Chef's Breakfast 9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 1:15 Green Hills Merchandise Pop-Up Shop (Main Lobby) 1:30 Bus - Fareway 2:00 Movie - Let Him Go</p>	<p><b>23</b> 1:30 Bus - Park Walk: University to Brookside 4:30 Club 2200 (CR) 5:30 Meal Option (RSVP) 5:45 Bus - ISU Volleyball vs TCU 7:00 Tom Hanks Movies - Splash</p>	<p><b>24</b> 3:15 Bus - ISU Volleyball vs TCU 4:00 Happy Hour Social (MDR)</p>	<p><b>25</b></p>
<p>10:00 - 1:00 PM Le Bistro Open 1:15 ACTORS: Nana's Naughty Knickers</p>	<p><b>26</b> 1:30 Bus - Hy-Vee 7:00 Movie - Red</p>	<p><b>27</b> 1:30 Le Bistro Banter - Michelle &amp; Margo 2:00 Movie - Red</p>	<p><b>28</b> 10:30 Devotion Services (HCC) 1:00 Bistro Stitchers (Le Bistro) 3:00 Meditation Exploration (Meditation Room - 2nd Floor of Lindens) 5:00 Shrimp Boil (RSVP)</p>	<p><b>29</b> 10:30 A "Rat Pack" Holiday Getaway Travel Presentation (CR) 10:30 Devotion Services (HCC) 1:00 Bistro Stitchers (Le Bistro) 3:00 Meditation Exploration (Meditation Room - 2nd Floor of Lindens) 5:00 Shrimp Boil (RSVP)</p>	<p><b>30</b> 8:00 Chef's Breakfast 9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 1:30 Bus - Fareway 2:00 Movie - Red</p>	<div style="text-align: center;">  </div>	

September 2021  
Independent Committee & Club Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Meetings are held in person.  Pine Room- (PR), Sensory Garden- (SG) Hickory Room- (HR), Arts & Craft Room- (A&C)				
5	6	9:30 Sensory Garden Club (SG)	7	9:50 Art Gallery Committee (PR) 11:00 Library Committee (PR)	9	1:00 Capital Planning (PR)
12	13	9:00 Advisory Council (PR)	8	2:00 Book Club (PR)	10	18
19	20	10:00 Yes2HealthyLife Committee (PR)	15	9:00 Finance Committee (PR)	16	25
			14	10:00 Green Team Committee (PR)	23	
			22	8:30 Board Meeting (PR)	24	
26	27		29	1:30 Technology Club (PR)	30	
			28	9:30 Grounds Committee (PR)		