

DISCOVER, EXPLORE AND MORE September 2022

GREEN HILLS IS EXCITED TO ANNOUNCE:

Brett H., is the Lifestyle Director

Cheryl G. is the Life Enrichment IL Coordinator

Kathryn M. is the Life Enrichment HCC Coordinator

Brett has been working at Green Hills for over 10 years. She started in the “Leisure Services” department as a Leisure Services Assistant. Brett planned and carried out Health Care activities. Over the years her role has developed and changed. Brett’s kinesiology background made her a perfect fit for Wellness Coordinator. As the Lifestyle Director, Brett will be overseeing all of the Life Enrichment Department as well as Wellness.

Cheryl has been at Green Hills for a combined 17 years. In the past 3.5 years, her focus has been in Health Care Center and Memory Care planning and leading activities. She previously worked at Green Hills for 13.5 years in the “Leisure Services” department doing Independent Living and Health Care activities. In Cheryl’s new role, she will be planning and leading Independent activities, events, overnight trips, and day trips.

Kathryn began her time here at Green Hills as a Life Enrichment Intern in January of 2022. She has been working at Green Hills as a Dietary Aide since May. She graduated from ISU with a bachelors degree in Psychology and minor in Gerontology. Kathryn will be overseeing and planning activities in Lindens, Health Care Center, Cedar Court, working on resident care plans, and training volunteers.

HAPPY BIRTHDAY!

- Gaylan Crim—9/2
- Barbara Munson—9/5
- Wesley Tank— 9/5
- Ralph Yoder—9/6
- Glenda Eggerling— 9/7
- Robert Watson— 9/7
- Anita Dyer 9/13
- Glynn Frank—9/13
- Priscilla Sage— 9/16
- Jenna McCarley—9/19
- Carol Volker—9/24
- Jan Clark—9/25
- Lew Klinge—9/25
- Florine Swanson— 9/26
- Sandy Horton—9/27
- Joanne Sperfslage—9/29
- Norm Cheville—9/30

HEATH CARE CENTER

- George Oster—9/9

LINDENS

- Diane Neal—9/15
- Lucy Futrell—9/26

CEDAR COURT

- Jerry Mathews—9/12
- Loraine Safly—9/15
- Jean Seiser—9/27

Deemed one of the best tours last year!

**Ada Hayden Heritage Park 2022 Golf Cart Tours
Tuesday, September 13 at 9:00 AM**

The tour will highlight the origin of the lake, the current vegetation, uses of the park, and the threats to the water quality in the lake. Three ninety-minute tours are offered at no cost, each day. Each tour can accommodate up to 24 adults and will be guided by a volunteer to interpret and answer questions.

DINING SERVICES

GH GRILL

Mondays, Wednesdays, & Fridays

11:30 AM — 6:30 PM

Sunday

11:30 AM — 1:30 PM

SIGNATURE BRUNCH

Tuesdays & Thursdays

8:00 AM — 2:00 PM

GH CAFÉ

Wednesday, September 7 at 5:00 PM

LE BISTRO & LOUNGE HOURS

Monday through Friday 8:30 AM — 2:00 PM

Saturday 10:00 AM — 2:00 PM

*Residents can reserve time outside of Bistro hours for a specific event. Dining Services can cater for any event.

Meals can be ordered anytime from the Linden's dining room for pickup, just call x5064.

RESIDENTIAL HEALTH SERVICES

Blood Pressure Clinics

Thursdays, September 1, 8, 15, 29

9:30 AM- Wellness Clinic

Call Kaylee (x5013) for an appointment for the following:

Ames Hearing Aid Clinic

Tuesday, September 13

9:30 AM- Wellness Clinic

Podiatry Clinic

Wednesday, September 14

Arts & Crafts Room

IN MEMORY

Our heartfelt sympathy goes out to the family and friends of Alvena Larson, Gwyn Augustine, Tom Colvin, Ed Augustine, Maryan Tebbutt and Joan Loney.



Fall Parade of Homes
September 20th
2-4PM
Apartments and Townhomes
Good friends make great neighbors!

FIRST NATIONAL BANK

Tuesdays & Thursdays

9:00 AM — 11:00 AM

The First National Bank office is located in the hallway leading to the Community Room.

Reduce, Reuse, Recycle



The Green Team Committee wants to thank everyone who has been saving corks. The collection is ongoing so please continue to bring your corks to the coat closet.

GREEN HILLS ON-SITE SPECIAL EVENTS

ARTIST RECEPTION

Thursday, September 1 at 3:00 PM
Lobby

The September art exhibit features photography by 4-H members from around the state. Come to the lobby area to hear Clark Colby talk about the photographs and the way he mentors the budding

GAMEWATCH

Watch ISU football games with your friends in the Green Hills Theatre! Put on your team colors and cheer them on! Feel free to bring your own food or drink.

ISU FOOTBALL vs SOUTHEAST MISSOURI
Saturday, September 3 at 1:00 PM
Televised on ESPN+

ISU FOOTBALL vs UNIVERSITY OF IOWA
Saturday, September 10 at 3:00 PM
Televised on the Big Ten Network



ISU FOOTBALL vs OHIO
Saturday, September 17 at 1:00 PM
Televised on ESPN+

ISU FOOTBALL vs BAYLOR
Saturday, September 24– Time and channel to be determined

SHERRY LUXTON CLASSICAL PIANO

Thursday, September 15 at 3:00 PM
Community Room

The talented Sherry Luxton is returning to Green Hills to perform a great classical piano concert.

MINNESOTA TRAVEL PRESENTATION

Thursday, September 29 at 11:00 AM
Community Room

Come to the Community Room to learn more about the December overnight trip “A Good ‘n’ Groovy Christmas”. Cheryl Fleming, Legacy Tour & Travel, will go over the itinerary and details of the trip. Highlights include 2 performance matinees: Christmas with the Rat Pack and Plowin’ Thru!

SEPTEMBER DEVOTION SERVICES Wednesdays at 10:30 AM HCC Activity Room

7th—Memorial Lutheran

Pastor Mark Heilman

14th—Northminster Presbyterian

Pastor Jim DuBois

21st—Christ Community

Pastor Kip Hamby

28th— Communion:

Palestine Lutheran Church

Pastor Eric Klimpel

*A special thank you
to our pastors and pianists
who volunteer
weekly to provide
this special service.*



HISTORY OF US - SPANISH RELATIONS, 1775 —1900 Wednesday, September 21 at 3:00 PM

Community Room

All are invited to this presentation given by John Dobson. Even though Spain informally assisted in the American Revolution, relations between the US and Spain were seldom amicable in subsequent decades. This talk will cover the negotiations and treaties that the two countries hammered out over time, almost always to Spain’s disadvantage. The final humiliation occurred in 1898 when the United States declared war on Spain to assist Cubans fighting for independence and caused Spain to lose control of the last major elements of her global empire.

COMMUNITY WIDE EVENTS AT GREEN HILLS

<p>SEPT 1, 8, 22, 29 (THURS) 10:00 AM</p>	<p>MEN'S COFFEE This social group meets every Thursday except for the third Thursday (which is Kaffee Klatsch). Sign up in the bus book if you want to bring treats. (Main Dining Room)</p>
<p>SEPT 2 (FRI) 2:30 PM</p>	<p>MUSIC WITH HANNAH SCHEELE Hannah Scheele is a well versed harp player. Her performances are interactive and provide multiple styles of harp music. Hannah plays classical, traditional Scottish/Irish, pop, and movie music. Anything from <i>Edelweiss</i> to <i>The Swan</i>. (Community Room)</p>
<p>SEPT 3, 10, 17, 24 (SAT) 4:00 PM—5:00 PM</p>	<p>HAPPY HOUR SOCIALS Meet in <u>Le Bistro</u> for these, fun and informal gatherings. Feel free to bring your own drink and snack, if desired.</p>
<p>SEPT 7 (THURS) 10:00 AM</p>	<p>GOOD POSTURE, WHY IT MATTERS Good posture is critical in preventing back pain spinal deformities and walking impairments. Come and learn what activities you can do to improve and or maintain good posture. Stacy Weaver, DPT, Therapy Program Manager for Encore Rehabilitation Services will be the presenter. (Community Room)</p>
<p>SEPT 7, 14, 21, 28 (WED) 1:00 PM</p>	<p>BISTRO STITCHERS This gathering is for those who do any type of hand craft. Bring your own craft or recycle plastic bags into plarn to make a bed mat to give to the homeless. Meet in the Pine Room.</p>
<p>SEPT 7, 14, 21, 28 (WED) 3:00 PM</p>	<p>MEDITATION EXPLORATION All are welcome to attend sessions held Wednesdays in the Meditation Room on the 2nd floor of the Lindens.</p>
<p>SEPT 25 (SUN) 3:00 PM</p>	<p>SUNDAY PIANO BAR Motoko is providing music and everyone is welcome to request songs to listen to, sing along or even dance. Bring your own food or drink to this informal gathering. (Community Room)</p>
<p>SEPT 12 (THURS) 9:30 AM</p>	<p>WOMEN'S COFFEE We will meet in the <u>Main Dining Room</u>. Everyone is welcome to join.</p>
<p>SEPT 14 (WED) 10:00 AM</p>	<p>IOWA STATE DURING AND AFTER WW II Jane Cox was a professor and stage director for Iowa State University Theatre for over 50 years, She will present a program about Iowa State during and after World War II, including the Manhattan Project, how the war altered aspects of campus life, contributions of the larger community to the war effort, and how Iowa State responded to challenges after the war, such as the GI Bill. (Community Room)</p>
<p>SEPT 22 (THURS) 3:00 PM</p>	<p>MEXICAN TRAIN Come to the <u>Main Dining Room</u> to play this fun and easy domino game. No experience necessary; we will go over the rules of the game.</p>
<p>SEPT 23 (FRI) 4:30 PM</p>	<p>CLUB 2200 Join us for an afternoon get together. Alcoholic and non-alcoholic beverages, as well as snacks, will be provided. Payable at Club 2200- \$1.00 for a soft drink and \$3.00 for beer, wine or mixed drinks. A refill is available at no additional cost. Meal basket served at 5:30 PM; sign up with the Kitchen at x5040. (Community Room)</p>

CLUBS AND SUPPORT GROUPS

CLUB MEETINGS:

SEPT 14 (WED) & SEPT 28 (WED) 1:00 PM	BRIDGE CLUB Come play bridge with us the second and fourth Wednesday of each month in the Main Dining Room . Open to any resident. If you have questions please contact Jan Clark (x5217), Shala Ludley (x5250) or Paula Toms (x5141).
SEPT 6, 13, 20 & 27 (TUES) 10:00 AM	CRIBBAGE CLUB Everyone is welcome to play when they are available. If you win, you take the “traveling trophy” until the next winner is determined. If you want more details, contact Roger Beckett at x5218.
SEPT 14 (WED) 2:00 PM	BOOK CLUB This month we will be selecting the books for the next year. New members are always welcome. (Pine Meeting Room)
SEPT 6 (TUES) & SEPT 20 (TUES) 9:30 AM	SENSORY GARDEN CLUB Meet in the Sensory Garden to enjoy the ambiance and work on anything that needs tending to.
SEPT 28 (WED) 3:00 PM	TECHNOLOGY CLUB Share your knowledge or get answers to your questions. All residents are encouraged to come. (Pine Meeting Room)

GREEN HILLS BUS POLICY

In order to use the Green Hills bus for events in Ames, a minimum of seven (7) residents must be signed up. Fourteen (14) residents must be signed up for out-of-town events. This does not include guests.

If transportation services for popular events exceed the capacity of the bus, a waiting list will be available for residents to sign up in the case of cancellations.

A local motor coach company is used for transportation when 30 or more residents wish to attend the same event. Please sign up early, so this determination can be made due to a 72-hour advance notice to schedule or cancel a driver.

Sign-up sheets for events are on the counter at the Reception Desk in a binder. Sign up by writing your name in the next available blank on the activity sheet. If you need to cancel your reservation, cross off your name. **Please do not erase your name if you need to cancel.** Likewise, please do not write your name over a crossed-out name. **If a resident should cancel, staff will contact the next resident on the alternate list. A Green Hills resident may not be swapped out for a family member or guest to go in their place.** As long as there is room on the bus for all residents, guests are welcome to attend bus trips. Residents should sign up their guests in the third column on the bus sheet. Charges for resident’s guests will be charged to the resident’s account for bus services when applicable. **Guests are only allowed with a resident escort.**

GREEN TEAM ENVIRONMENTAL IMPROVEMENT CHALLENGE

Each month we will have a challenge for you to complete on your own, which will help the environment.

For the month of September, we are asking you to take walks outdoors and pick up litter that you see.

The goal is to take 4 walks in the month of September and keep your eye out for trash or litter to pick up. We encourage you to do this as much as possible (not just 4 times.)

LOW VISION SUPPORT GROUP Friday, September 23 at 2:00 PM Prairie Rose Room

Consider joining this support group at Green Hills if you are experiencing vision issues that impact your daily living. Macular, Glaucoma and Retinal are possible words you have heard in diagnosis or perhaps you just wonder if it could be an issue for you. Join our group where we share new information on lighted magnifier reading devices and talk about options for you to investigate and possible services to take advantage of.

THE LINDEN LETTER



WELCOME TO THE LINDENS!

We extend our warmest welcome to Dan Krieger who recently moved into the Lindens neighborhood.

PATIO PARTY

Thursday, September 8th at 4:00 PM

Join your friends on the patio outside for some fresh air and fun! Refreshments will be served.

CRAFTY LINDENS: BIRD FEEDERS

Tuesday, September 20th at 3:00 PM

This month you can make a bird feeder. Come to the first floor of the Lindens all the supplies will be there.

SCENIC BUS RIDE—LEDGES STATE PARK

Tuesday, September 27 at 2:00 PM



This State Park is located just south of Boone. The bus will drive through the park looking at the beautiful scenery. At the bottom there maybe children there waiting for the bus to splash them with water! You must be able to get up the steps of the Green Hills bus. Sign up by Shelbey's office.

MOVIES

First Floor Living Room at 3:00 PM

September 5th—9 TO 5

Three female employees of a sexist, egotistical, lying, hypocritical bigot are tired of the way they are treated at work. Violet (Lily Tomlin) alongside co-workers Doralee (Dolly Parton) and Judy (Jane Fonda) comprise comical methods of "doing him in." (1980, Comedy, 1 hours 49 minutes, PG)

September 12th—THE LOST CITY

Reclusive author Loretta Sage writes about exotic places in her popular adventure novels that feature a handsome cover model named Alan. While on tour promoting her new book with Alan, Loretta gets kidnapped by an eccentric billionaire who hopes she can lead him to an ancient city's lost treasure from her latest story. Determined to prove he can be a hero in real life and not just on the pages of her books, Alan sets off to rescue her. (2022, Adventure/Comedy/Romance, 1 hours 52 minutes, PG-13)

September 19th and 26th—THE QUEEN'S GAMBIT

Nine year-old orphan Beth Harmon is quiet, sullen, and by all appearances unremarkable. That is, until she plays her first game of chess. Her senses grow sharper, her thinking clearer, and for the first time in her life she feels herself fully in control. By the age of sixteen, she's competing for the U.S. Open championship. But as Beth hones her skills on the professional circuit, the stakes get higher, her isolation grows more frightening, and the thought of escape becomes all the more tempting. (To be shown over multiple weeks- Drama/ TV Mini Series, TV- MA)

HEALTH CARE HAPPENINGS

Residents from Independent Living are welcome to come to these activities.

WELCOME TO HEALTH CARE

We extend our warmest welcome to Margaret Goltermann, Sharon Krieger and John Sanden!

MUSIC WITH HANNAH SCHEELE

Friday, September 2nd at 2:30 PM
Community Room

Hannah Scheele is a well versed harp player. Her performances are interactive and provide multiple styles of harp music. Hannah plays classical, traditional Scottish/Irish, pop, movie and most anything from *Edelweiss* to *The Swan*.

GREAT HARVEST BAKERY PRESENTATION

Thursday, September 8th at 3 PM
Activity Room

Great Harvest is an Ames based bakery that focuses on healthy whole grains, wholesome and delicious breads and sweets, and nutritious and tasty sandwiches. They are a locally owned and locally operated business. Kim will be joining residents to talk about the business and answer questions.

BIRTHDAY PARTY

Tuesday, September 13th
Activity Room– 2:30 PM
Cedar Court– 3:45 PM

Let's get together to celebrate September birthdays the good ol'fashioned way: cake and ice cream! We will be eating and socializing together. This month's birthdays include George O., Jerry M., Loraine S., and Jean S.

MUSIC WITH CYNTHIA

Saturday, September 17th at 10:30 AM
Aspen Court Living Room

Cynthia will be performing her 60's show for residents in Aspen Court. The 1960's was a decade of fashion, one hit wonders, incredible artists, and much more.

BUDDY BAGS DEMONSTRATION

Wednesday, September 21st at 3 PM
Activity Room

Michelle, Green Hills Dietary Aide, will be demonstrating how to make buddy bags by picking a fun fabric and sewing a baggie filled with rice or corn inside the fabric. This buddy bag can be used to keep one warm or soothe aches and pains.

AUTUMN SOCIAL

Thursday, September 22nd at 3 PM
Activity Room

The autumn season is just around the corner. A season for apple cider, fall colors, and all things pumpkin. We will be enjoying an afternoon of our favorite fall things and socializing together.

HANNAH HOUSE PRESENTATION

Thursday, September 29th at 2:30 PM
Aspen Court Living Room

Updating a house is a long process that times time and money. Hannah has been updating a house since October 2019 with her husband. She was some pictures and videos to show residents. She will also be asking for ideas on the kitchen remodel.

ISU & COMMUNITY / OFF-SITE EVENTS

The bus has been scheduled for the following events. Please sign up early to reserve your seat on the bus! Tickets should be purchased on your own. The times listed are the times the bus leaves Green Hills. **Please remember when requesting a bus for an event, it must be made 1 week in advance to allow enough time for Green Hills to find a driver.**

Saturday, September 3	12:00 PM	ISU Football vs Southeast Missouri	Jack Trice
Wednesday., September 7	5:45 PM	ISU Volleyball vs Drake	Hilton Coliseum
Friday, September 9	5:45 PM	ISU Volleyball vs Iowa	Hilton Coliseum
Saturday, September 10	10:15 AM	ISU Volleyball vs Wright State	Hilton Coliseum
Tuesday, September 13	5:45 PM	ISU Volleyball vs UNI	Hilton Coliseum
Friday, September 16	6:45 PM	ACTORS: Steel Magnolias	Actors Theatre
Saturday, September 17	12:00 PM	ISU Football vs Ohio	Jack Trice
Tuesday, September 20	6:15 PM	Kardemimmit	Stephens Auditorium
Saturday, September 24	TBA	ISU Football vs Baylor	Jack Trice
Wednesday, September 28	5:45 PM	ISU Volleyball vs Baylor	Hilton Coliseum
Friday, September 30	7:15 PM	The Fab Four	Stephens Auditorium

LUNCH BUNCH TO FLAME & SKEWER

Friday, September 30 at 11:00 AM

This month's Lunch Bunch takes us to this popular Greek family steakhouse that serves everything from Gyros to their famous Mo's on Rice! Order off the menu and pay individually.

GROCERY

SHOPPING TRIPS at 1:30 PM

HyVee: Tuesday, September 6
Mondays, September 12, 19, 26

Fareway: Thursdays, September 1, 8, 15, 22, 29

NOW SHOWING AT GREEN HILLS

FEATURED WEEKLY MOVIES IN THE THEATRE

Breakthrough

Monday, September 12 at 6:30 PM

In this fact-based drama, 14-year-old John Smith falls through a frozen lake and is pronounced dead after 27 minutes of CPR fail to revive him. But his mother is having none of it and prays loudly at John's bedside -- until his heart begins beating. (2019, Biography / Drama, 1 hour 56 minutes, PG)

Being the Ricardos

Monday, September 19 at 6:30 PM

Chronicling a week of filming the beloved 1950s sitcom "I Love Lucy," this biopic follows stars Lucille Ball and Desi Arnaz as they experience personal and professional crises that could end their relationship onscreen and off. (2021, Biography / Drama, 2 hours 5 minutes, Rated R for language)

1917

Monday, September 26 at 6:30 PM

As an infantry battalion assembles to wage war deep in enemy territory, two soldiers are assigned to race against time and deliver a message that will stop 1,600 men from walking straight into a deadly trap. (2019, Action / War, 1 hour 59 minutes, Rated R for violence, gore and profanity)

Volunteer Opportunities:

“Many Hands Make
Light Work”



Friday, September 2

2:15 PM

Music with Hannah Scheele

We could use help taking residents from Health Care Center out to this music program in the Community Room. Arrive at 2:15 PM in the HCC to help push wheelchairs or escort residents. The program will start at 2:30 pm.

Thursday, September 15

2:40 PM

Sherry Luxton: Classical Piano

Please consider helping take residents from Health Care Center out to this music program in the Community Room. Arrive at 2:40 PM in the HCC to help push wheelchairs or escort residents. The program will start at 3:00 pm.

SPECIAL DOCUMENTARIES IN THE THEATRE

Building the Exhibits of the Ark Encounter

Sunday, September 18 at 1:30 PM

This 60 minute video includes exhibit videos, artisan interviews, and behind the scenes features of the Exhibits in the Ark.

The Building of Ark Encounter & Journey through Creation Museum

Sunday, September 25 at 1:30 PM

You will be able to see amazing highlights of the construction of the largest timber frame structure in the world! (30 minutes each video)

Green Hills Community September Calendar 2022



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	4 Labor Day Holiday	5	6	7	8	9	10
11	11 9:30 Women's Coffee (MDR) 1:30 Bus - Hy-Vee Movie - Breakthrough	12 9:00 Bus - Ada Hayden Golf Cart Tour 9:30 Hearing Aid Clinic (Wellness Clinic) 9:30 The Green Birds Chorus Practice (CR) 5:45 Bus - ISU Volleyball vs UNI	13 9:30 Podiatrist - Dr. Miller (ACR) 10:00 Continuing Education: Iowa State During and After WW II (CR) 10:30 Devotions (HCC) 1:00 Bisto Stitchers (PR) 3:00 Meditation Exploration (MR)	14 9:30 Blood Pressure Clinic 10:00 Kaffee Klatsch (MDR) 1:30 Bus - Fareway 3:00 Sherry Luxton, Classical Piano (CR)	15 9:30 Blood Pressure Clinic 10:00 Kaffee Klatsch (MDR) 1:30 Bus - Fareway 3:00 Sherry Luxton, Classical Piano (CR)	16 6:45 Bus - Actors: Steel Magnolias	17 12:00 Bus - ISU Football vs Ohio 1:00 Gamewatch: ISU FB vs Ohio (THR, ESPN+) 4:00 Happy Hour Social (Le Bistro)
18	18 1:30 Bus - Hy-Vee Movie - Being the Ricardos	19 9:30 The Green Birds Chorus Practice (CR) 6:15 Bus - Kerdemimmit	20 10:30 Devotions (HCC) 1:00 Bisto 3:00 Stitchers (PR) 3:00 Meditation Exploration (MR) 3:00 US-Spanish Relations 1775 - 1903 (CR)	21 10:00 Men's Coffee (MDR) 1:30 Bus - Fareway 3:00 Mexican Train (MDR)	22 2:00 Low Vision Support Group 4:30 Club 2200 (CR) 5:30 Meal Basket (RSVP)	23 TBA	24 4:00 Bus - ISU Football vs Baylor Happy Hour Social (Le Bistro)
25	25 1:30 Bus - Hy-Vee Movie - 1917	26 9:30 The Green Birds Chorus Practice (CR) 5:00 Big Fall BBQ Bash (RSVP)	27 10:30 Communion (HCC) 1:00 Bisto 3:00 Stitchers (PR) 3:00 Meditation Exploration (MR) 5:45 Bus - ISU Volleyball vs Baylor	28 9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 11:00 Minnesota Travel Presentation (CR) 1:30 Bus - Fareway	29 11:00 Lunch Bunch to Flame & Skewer 7:15 Bus - The Fab Four	30	

MDR - Main Dining Room
CR - Community Room
HCC - Health Care Center
MR - Meditation Room
PR - Pine Room
THR - Theatre

September 2022
Independent Committee & Club Calendar



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Meetings are held in person.
Pine Room - (PR)
Arts & Crafts Room - (A&C)
Sensory Garden - (SG)
Main Dining Room - (MDR)
Prairie Rose Dining Room - (PRDR)

4		5	6	7	8	9	10
	11 9:00 Advisory Council (PR)	12 10:00 Cribbage Club (PRDR)	13 10:00 Green Team Committee (PR)	14 9:00 Finance Committee (PR) 1:00 Bridge Club (MDR) 2:00 Book Club (PR)	15 9:30 History Committee (PR) 1:00 Employee Appreciation (PR)	16	17
18 10:00 Yes2HealthyLife Committee (PR)	19 9:30 Sensory Garden Club (SG) 10:00 Cribbage Club (PRDR)		21 8:30 Board Meeting (PR)	22	23	24	
25 10:00 Friendship Committee (PR)	26 9:30 Grounds Committee (PR) 10:00 Cribbage Club (PRDR)	27 1:00 Bridge Club (MDR) 3:00 Technology Club (PR)	28	29	30		