

DISCOVER, EXPLORE AND MORE

March 2022
Events and Programs



GREAT GATSBY GALA



Rescheduled Date: Tuesday, March 8

Let's try this again! The Great Gatsby Gala was postponed in January due to increased COVID-19 cases here at GH. We are ready to try again and have a blast!

4:30 PM Social Hour with Cash Bar
5:30 PM Food Buffet Opens
6:00 PM Music by the Foxtrot Hotshots

RSVP ASAP!

RSVP will be required by Friday, March 4th at 10:00 AM
 Call the Reservation Line at x5040
 \$21/person

RESIDENT SATISFACTION SURVEYS

Independent Living Resident Satisfaction Surveys will be distributed by mail the week of March 15. The last day to return (mail out) the surveys are April 5.

Save the Date

COMMITTEE FAIR
Thursday, April 14 at 2:30 PM—4:00 PM
Community Room

Have you wondered what a certain committee does at Green Hills? At this committee fair you can talk to residents on specific committees to learn about what their respective committee does, what their committee's goals are, and more. You can explore the various committees Green Hills has to offer and immerse yourself in the community. A 'Volunteer for Committees' sheet will be available at the fair asking residents to select committees that they are interested in. Committee chairs will review the volunteers and will contact those interested. It is a great chance to get more involved in Green Hills! Refreshments will be provided.

HAPPY BIRTHDAY!

- Janet Beer — 3/1
- Cindy Wahl — 3/2
- Ann McMullin — 3/4
- Joe Ludley — 3/10
- Norma Speer — 3/12
- Deborah Blaedel — 3/15
- Clete Mercier — 3/17
- Betty Kinzler — 3/18
- Anne Durland — 3/21
- Dixie Jensen — 3/21
- Ruth Chapman—3/23
- Jean Griffen — 3/24
- Kathryn Andre — 3/25
- Cindy Dobson — 3/27
- Irene Tobin — 3/29

Health Care Center

- Will Talbert — 3/8
- Marjorie Bowen — 3/19
- Martha Anderson — 3/24
- Orval Green—3/30

Cedar Court

- Daisy Dekalb — 3/4
- Christine Freeman — 3/4
- Ron Feilmeyer—3/5



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Follow us:



DINING SERVICES

GH GRILL

Mondays, Tuesdays, & Fridays

11:30 AM — 6:30 PM

Sunday

11:30 AM—1:30 PM

GH SIGNATURE BRUNCH

Tuesdays & Thursdays

8:00 AM — 2:00 PM

GREAT GATSBY PARTY

Tuesday, March 8

4:30 PM—Social Hour with Bar

5:30 PM—Food Buffet Opens

6:00 PM—Music by the Foxtrot Hotshots

CLUB 2200 MEAL BASKET

Friday, March 25

5:30 PM

RSVP to x5040

LE BISTRO & LOUNGE HOURS

Monday through Friday 8:30 AM — 2:00 PM

Saturday 10:00 AM—1:00 PM

Look for Irish specials on and around St. Patrick's Day in Le Bistro and Grill.

Meals can be ordered anytime from the Linden's dining room for pickup, just call x5064.

RESIDENTIAL HEALTH SERVICES

Blood Pressure Clinics

Thursdays, March 3, 10, 24, 31

9:30 AM

Wellness Clinic

Hearing Aid Clinic

Tuesday, March 8

9:30 AM

Wellness Clinic: Call Kaylee for an appointment.

Podiatrist Clinic

Wednesday, March 16

By appointment only. Call Kaylee to schedule a future appointment.

IN MEMORY

Our heartfelt sympathy goes out to the family and friends of Sara Mitchell



Good friends make great neighbors!

March Open Houses:

3/2: The Oaks 603

3/16: Woodview 2340

You are our number one referral source!

WELCOME GRETA! WELLNESS INTERN

Hello!

My name is Greta Donnelly, and I am a senior at Iowa State University majoring in Exercise Science. I am the wellness intern at Green Hills up until my graduation in May!



I'm originally from Burnsville, Minnesota where I grew up with an older sister, but I have spent a lot of time in Iowa since my parents are originally from Ankeny and the rest of my extended family still lives in the area. I recently became an aunt to a baby girl named Emmie who lives in Watertown, New York where my brother-in-law is stationed for the army.

In my free time, I enjoy working out, spending time with family and friends, being outside when the weather is nice and reading books. I started my first job as a recreation assistant at a nursing home near my hometown at the age of 14 and I knew right away I wanted to continue working in geriatrics. Throughout college I worked at the recreation centers as a facility attendant in addition to working with the student athletes for the Iowa State athletic department.

I am very excited for the opportunity to be an intern at Green Hills and getting to know you all!

GREEN HILLS ON-SITE SPECIAL EVENTS

ISU GAMEWATCHES

We are down to the final games in the regular conference season. Cheer on the Cyclones with your friends and neighbors:

Wednesday, March 2 at 6:00 PM: ISU Men vs Oklahoma State on ESPN+ (*GH Theatre*)

Saturday, March 5 at 5:00 PM: ISU Men vs Baylor on ESPN2 (*GH Theatre*)

Saturday, March 5 at 6:00 PM: ISU Women vs West Virginia on ESPN+ (*Pine Room*)

Tournament games will be shown in the Theatre when the schedule permits.



ST. PATRICK'S DAY PARTY

Thursday, March 17 at 3:00 PM
Community Room



It's the Luck of the Irish! St. Patrick's Day is a tradition which celebrates the heritage and culture of the Irish in general since the ninth century. Celebrate St. Patrick's Day with us and be sure to wear green so you don't get pinched! Barb Evenson, harpist, will provide music. Food and drinks will also be provided.

LIVING WITH ALZHEIMER'S FOR CAREGIVERS: MIDDLE STAGE

Thursday, March 17 at 10:00 AM
Community Room

This presentation is for those who have family or friends living with dementia or Alzheimer's disease. In the middle stage of Alzheimer's disease, care partners now become hands-on caregivers. During this program of a three-part series, you will hear from caregivers and professionals as they discuss helpful strategies to provide safe, effective, and comfortable care.

IOWA CENTRAL MODULAR R.R. EXHIBIT

Saturday, March 19 and Sunday, March 20
Community Room

Come to the Community Room on Saturday, March 19 and Sunday, March 20 between **10:00 AM – 4:00 PM** to see the modular trains in action.

The Iowa Central Modular Railroad has participated in shows from Kansas City to Minneapolis and from Omaha to Milwaukee. There will be over 40 modules. The display will be about 40' long, and will contain modules from 7 builders. Watch the trains and visit with the owners about this popular hobby.

MARCH DEVOTION SERVICES

Wednesdays at 10:30 AM
HCC Activity Room

- 2nd—Memorial Lutheran
Pastor Mark Heilman
- 9th—Northminster Presbyterian
Pastor Jim DuBois
- 16th—Christ Community
Pastor Kip Hamby
- 23rd— Communion:
First United Methodist
Reverend Dr. Kirkpatrick
- 30th— Hymn Sing

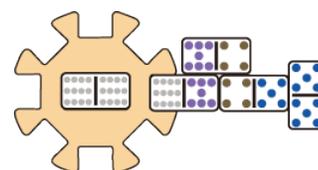
*A special thank you
to our pastors and pianists
who volunteer weekly to provide
this special service.*



MEXICAN TRAIN GAME

Thursday, March 31 at 3:00 PM
Main Dining Room

Mexican Train is a game played with dominoes. The object of the game is for a player to play all the tiles from his or her hand onto one or more chains, or trains, emanating from a central hub or "station". The game's most popular name comes from a special optional train that belongs to all players.



COMMUNITY WIDE EVENTS AT GREEN HILLS

MAR 2 (WED) 10:00 AM	ALZHEIMER'S: THE SCIENCE OF PREVENTION This series of videos is for anyone interested in preventing Alzheimer's disease. We will watch episodes 3 and 4. Episode 3 is the Alzheimer's Prevention Toolkit. Episode 4 provides information on how you can change your brain for the better.
MAR 2, 9, 16, 23, 30 (WED) 1:00 PM	BISTRO STITCHERS & BED MAT MAKERS This gathering is for those who do any type of hand craft. (Pine Room)
MAR 3, 10, 24, 31 (THURS) 10:00 AM	MEN'S COFFEE All men are invited to this informal coffee group, held every Thursday except the third, in the Main Dining Room.
MAR 3 (THURS) 3:00 PM	SING-ALONG WITH US Cliff and Carol lead us in singing the good old songs. This month we will also sing a few Iowa State favorites.
MAR 5 (SAT) 1:00 PM & 2:30 PM	PAM SIBBEL PIANO RECITALS You are invited to the Community Room to listen to music by Pam Sibbel's piano students.
MAR 7 (MON) 9:30 AM	WOMEN'S COFFEE We will meet in the Main Dining Room. Everyone is welcome to join.
MAR 7 (MON) 10:00 AM	ESTATE PLANNING Timothy Gartin will speak in the Community Room about Estate Planning. Are you prepared for the future? Estate planning can ensure your wishes are carried out and your family has all the appropriate resources. This presentation is sponsored by the Informational Committee.
MAR 9 (WED) 10:00 AM	CONTINUING EDUCATION: THE BRIDGE HOME (Formerly Emergency Residence Project) Andrea Gronau, Development Manager, will present on the mission of The Bridge Home and their amazing story. The Bridge Home provides shelter and support to those experiencing or are on the verge of homelessness.
MAR 12 & MAR 26 (SAT) 4:00 PM	HAPPY HOUR ZOOM SOCIAL Join this Happy Hour socials via Zoom to have a happy hour in your own home, but with other people.
MAR 13 & MAR 27 (SUN) 3:00 PM	SUNDAY PIANO BAR Motoko is providing music and everyone is welcome to listen, socialize, request songs, dance, or sing along. Bring your own food and drink to this informal gathering.
MAR 14 (MON) 2:00 PM	ALL RESIDENT CAPITAL PROJECTS & GROUNDS UPDATE Staff will outline upcoming capital and grounds projects!
MAR 15 (TUES) 10:00 AM	KAFFEE KLATSCH All residents are invited to this social event. Refreshments will be provided. <u>NOTE: The change in day for this month!</u> (Main Dining Room)
MAR 23 (WED) 10:00 AM	ALZHEIMER'S: THE SCIENCE OF PREVENTION Episode 5 will cover diabetes and Alzheimer's while episode 6 will discuss eating to prevent Alzheimer's.
MAR 25 (FRI) 4:30 PM	CLUB 2200 Join us for an afternoon get together. Alcoholic and non-alcoholic beverages, as well as snacks, will be provided. The Green Hills Kitchen offers a "Meal Basket" at 5:30 PM. Resident needs to sign up for the Meal Basket through the kitchen (x5040). Held in the Community Room.

CLUBS AND SUPPORT GROUPS

CLUB MEETINGS:

<p>MAR 9 (WED) & MAR 23 (WED) 1:00 PM</p>	<p>BRIDGE CLUB Come play bridge with us the <u>second</u> and <u>fourth</u> Wednesday of each month in the Main Dining Room. Open to any resident. If you have questions please contact Jan Clark (x5217), Shala Ludley (x5250) or Paula Toms (x5141). (Main Dining Room)</p>
<p>MAR 9 (WED) 2:00 PM</p>	<p>BOOK CLUB This month we will discuss the book <i>House on Endless Waters</i> by Emuna Elon. Anne Almquist will be the discussion leader. (Pine Meeting Room)</p>
<p>MAR 17 (THURS) 2:00 PM</p>	<p>WINDOWS COMPUTER CLUB The Windows Computer Club's purpose is to exchange knowledge of the operating system and programs. (Pine Meeting Room)</p>
<p>MAR 30 (WED) 3:00 PM</p>	<p>TECHNOLOGY CLUB Share your knowledge or get answers to your questions. All residents are encouraged to come to this monthly meeting held the last Wednesday of every month. <u>NOTE THE TIME CHANGE.</u> (Pine Meeting Room)</p>

NAMETAG REMINDER

Please remember to wear your nametag to all in house Green Hills' events.



Low Vision Support Group
Wednesday, March 16th at 2:00 PM
Main Dining Room



Do you have low vision issues? Do you have trouble recognizing people, reading medicine bottles, or is your day-to-day living minimized due to trouble seeing?

Attend this group to find support, talk about issues, learn helpful hints, and to discuss products or websites that may be able to help.



DAYLIGHT SAVINGS TIME BEGINS

Daylight Savings Time begins on Sunday, March 13th. It is time to spring forward! Do not forget to set your clocks ahead one hour before going to bed on Saturday, March 12th.

MEDITATION EXPLORATION

Held Wednesdays at 3:00 PM in the Meditation Room on the 2nd floor of the Lindens.



FIRST NATIONAL BANK

Open Tuesdays & Thursdays
9:00 AM — 11:00 AM

The First National Bank office is located in the hallway leading to the Community Room.

THE LINDEN LETTER

MARDI GRAS SOCIAL

Tuesday, March 1 at 3:00 PM

This day is also known as Fat Tuesday, which marks the beginning of the Mardi Gras celebration. Come join in on the celebration in the Linden's first floor common area!



NATIONAL PIE DAY

Monday, March 14 at 3:00 PM

Calling all pie lovers! We will be celebrating National Pie Day on this day as a group. Come hungry, leave happy!



BOWLING AT PERFECT GAMES

Friday, March 11 at 1:30 PM

Have you ever been in a bowling league or enjoyed bowling during your free time? We will be going to Perfect Games with our friends in the Health Care Center & Cedar Court. Whether you want to bowl yourself or watch others bowl, you're bound to have a fun time no matter your bowling ability! Sign up by Lauren's office to attend.

NAME THAT TUNE

Tuesday, March 29 at 3:00 PM

Similar to the 1952 game show, we will be listening to songs and guessing the names! Whether you are musically inclined or not, you will have fun at this activity while reminiscing about songs from the past.

MOVIE SHOWINGS

First Floor Living Room at 3:00 PM

MARCH 7— PRETTY WOMAN

When millionaire Edward enters into a business contract with Hollywood hooker Vivian, he loses his heart in the bargain in this romantic comedy. (1990, Romantic Comedy, 2 hours, Rated R for strong sexual references and imagery)

MARCH 21— THE GREEN MILE

On death row in a Southern prison, gentle giant John Coffey possesses the mysterious power to heal people's ailments. When the cellblock's head guard recognizes Coffey's miraculous gift, he tries desperately to help stave off the man's execution. (1999, Inspirational Drama, 3 hours, Rated R for violence, language, and some sex-related material)

MARCH 28— PATSY & LORETTA

This movie will tell you the untold true story of the friendship between two of country music's greatest icons, Patsy Cline and Loretta Lynn. (2019, Music Biography, 1.5 hours, Rated TV-14)

SATURDAYS, MARCH 5 & 19— BRING YOUR OWN MOVIE!

This is your chance to bring a movie of your own that you think other tenants would enjoy!

HEALTH CARE HAPPENINGS

Residents from Independent Living are welcome to come to these activities. Please wear a mask while in the Health Care Center.

WELCOME

We extend our warmest welcome to Ken Hook, Orval Green, and Ron Feilmeyer.



BOWLING AT PERFECT GAMES

Friday, March 11 at 1:30 PM

Have you ever been in a bowling league or enjoyed bowling during your free time? We will be going to Perfect Games with our friends in the Lindens & Cedar Court. Whether you want to bowl yourself or watch others bowl, you're bound to have a fun time no matter your bowling ability! Sign up by the Life Enrichment office to attend.

IRISH DANCING PERFORMANCE

Monday, March 14 at 3:00 PM

Irish dancing has been around since the 18th century in Ireland as it was influenced by the Celts and druids. Youth from a local dance studio, Robert Thomas Dancer, will be performing traditional Irish dancing and wearing traditional attire. Join us for an afternoon of dancing and fun!



CAKE DECORATING DEMONSTRATION

BY SWEET TO EAT BAKERY
Thursday, March 17 at 6:30 PM

Cake decorating has been around since the 16th century and became a very popular and delicious business. Sweet to Eat Bakery and Cake Shop will be in the activity room decorating a St. Patrick's Day themed cake while explain what goes into the decorating process. Join us after dinner!

BARILLA PRESENTATION

Thursday, March 31 at 3:00 PM

Do you know how many types of pasta there are? Have you ever wondered what it is like to work for Barilla? A Barilla representative will be coming out to talk about the business, answer some questions, and potentially do a pasta making demonstration.

WELCOME KATHRYN

Life Enrichment Intern

Hi, my name is Kathryn Metz, I was born and raised in Leavenworth, Kansas and I moved to Brooklyn, Iowa when I was 13. Once I graduated from BGM High, I went to Indian Hills Community College where I got my AA. Now I am a senior at Iowa State studying Psychology and minoring in Gerontology. I will be interning here at Green Hills during spring semester. After I graduate in May, I hope to work with the older population in some way... I'm still figuring that out!



I've always known that I've wanted to work with the older population. When I was younger I spent a lot of time with my grandparents. I enjoyed my time with them and preferred their company over people my age!

I have enjoyed the time I've already spent at Green Hills and am excited to meet you all at our upcoming events!

ISU & COMMUNITY / OFF-SITE EVENTS

The bus has been scheduled for the following events. Please sign up early to reserve your seat on the bus! Tickets should be purchased on your own.

Tuesday, March 1	1:00 PM	Walk at Ames Fitness Center	Ames
Wednesday, March 2	5:00 PM	ISU Men's Basketball vs Oklahoma State	Hilton Coliseum
Tuesday, March 22	6:45 PM	Ames Town & Gown: The Merz Trio	Martha– Ellen Tye
Thursday, March 24	6:15 PM	Velocity	Stephens Auditorium
Sunday, March 27	6:45 PM	Hairspray	Stephens Auditorium

TRANSPORTATION BY REQUEST

For townhome, Oaks and Maples residents, a Green Hills van is available each Monday through Friday, during non-bus events for rides to non-medical locations within the Ames city limits. Service hours will be 9:00 AM to 3:00 PM. \$6.00 per location (per person). A two-day notice is required. No fee for return to Green Hills.

GROCERY SHOPPING TRIPS 1:30 PM

HyVee: Mondays, March 7, 14, 21, 28

Fareway: Thursdays, March 3, 10, 17, 24, 31

SPECIAL BUS EVENTS



INSIDE GOLF

Tuesday, March 22 at 1:30 PM

Inside Golf opened in 2018 in North Grand Mall. The interior reflects the atmosphere of a sports bar, while also tapping into a clean, warm, and modern family atmosphere. This indoor golf area also has a spacious bar and cocktail area where you can get your favorite beverage and watch your favorite sports team on one of their 15 TVs! The multi-purpose space also include 6 pool tables, darts, bags, foosball, Golden Tee, and plenty of room for our Green Hills residents to practice their swing while your not at the simulator! No golf experience is necessary. This will not be a competition, it's all in good fun. Golf clubs are provided, but you can bring your own. Bring money for refreshments. The golfing is on us!

ORANGE LEAF Friday, March 11 at 2:30 PM

One of Maggie and Stacie's favorite dessert spots...Orange Leaf gives their guests the freedom to create whatever sweet treat they can come up with! They typically have about 16 options of self serve frozen yogurt for you to choose from, and mixing flavors is encouraged!

LUNCH BUNCH— ISU TEAROOM Tuesday, March 29 at 11:00 AM



The Joan Bice Underwood Tearoom doubles as a restaurant and a classroom. It is run by Iowa State University's world-renowned hospitality management program and dates back to 1926, when it was built in MacKay. The Food Production and Service Management Experience class currently operates the restaurant.

The weekly special will be glazed ham loaf, which will feature a traditional ham ball, basted and baked with a pineapple glaze. It will be served with cheesy potato casserole, Chef's choice vegetable, fresh-baked bread, and coconut cake. There will be other menu options as well, including sandwiches, salads, and Chicken velvet soup. Order off the menu and pay individually.

NOW SHOWING AT GREEN HILLS

Say cheers to a spirited big-screen experience and enjoy a special treat at afternoon movies indicated with this symbol: 

THE PROPOSAL

Monday, February 28th at 7:00 PM

 Tuesday, March 1st at 2:00 PM

Margaret Tate learns that she's in danger of losing her visa status and may be deported back to Canada, so she forces her put-upon assistant, Andrew Paxton, to marry her. (2009, Comedy/Romance, 1 hours 48 minutes, PG-13)

King Richard

Monday, March 7th at 7:00 PM

Tuesday, March 8th at 2:00 PM

Thursday, March 10th at 2:00 PM

Richard Williams is an undeterred father instrumental in raising two of the most extraordinarily gifted athletes of all time, who will end up changing the sport of tennis forever. (2021, Drama/Biography, 2 hours 25 minutes, PG-13)

Quartet

Monday, March 14th at 7:00 PM

 Tuesday, March 15th at 2:00 PM

A trio of retired opera singer's annual celebration of Verdi's birthday sours when their estranged fourth member shows up but refuses to sing. Tensions rise and diva drama erupts. (2012, Comedy, 1 hour 39 minutes, PG-13)

Bernie

Monday, March 21st at 7:00 PM

Tuesday, March 22nd at 2:00 PM

A Texas mortician, Bernie, befriends the small town's wealthiest widow and then kills her. But despite the suspicious nature of her death, no one wants to think anything but the best of Bernie. (2011, Dark Humor Comedy, 1 hour 38 minutes, Rated PG-13)

American Underdog

Monday, March 28th at 7:00 PM

Tuesday, March 29th at 2:00 PM

As Kurt Warner stocks shelves in a supermarket, his wife, coaches, and teammates encourage him to show the world the champion they know him to be. (2021, Drama/Biography, 1 hour 52 minutes, Rated PG)

TOM HANKS MOVIES

Road to Perdition

Friday, March 4th at 7:00 PM

After his wife and son are murdered, hit man Michael Sullivan — known in his 1930s Chicago world as the Angel of Death — goes on the run with his surviving son to exact revenge on the man who wronged him. (2002, Crime/Drama, 1 hour 57 minutes, Rated R for gun violence)

Dragnet

Friday, March 11th at 7:00 PM

Los Angeles detective Joe Friday (Dan Aykroyd) - a straight-laced cop who can recite the penal code in his sleep — and his new hipster partner, Pep Streebek (Tom Hanks), put their heads together to solve a series of nefarious, religious-cult crimes. While on trial of a charlatan televangelist (Christopher Plummer), the mismatched duo tussles with a 30-foot anaconda and saves a would be sacrificial virgin in this parody of the 1950s TV show. (1987, Action Comedy, 1 hour 46 minutes, PG-13)

The Green Mile

Friday, March 18th at 7:00 PM

On death row in a Southern prison, gentle giant John Coffey possesses the mysterious power to heal people's ailments. When the cellblock's head guard recognizes Coffey's miraculous gift, he tries desperately to help stave off the man's execution. (1999, Inspirational Drama, 3 hours, Rated R for violence, language, and some sex-related material)

A Hologram for the King

Friday, March 25th at 7:00 PM

Teetering on the edge of bankruptcy, U.S. businessman Alan Clay tries to reverse his fortunes by landing a lucrative contract in Saudi Arabia. As Alan attempts to navigate his way through an unfamiliar culture, he unexpectedly finds romance. (2016, Drama, 1 hour 37 minutes, Rated R for some sexuality, nudity, strong language, and brief drug use)

**March 2022
Independent Committee & Club Calendar**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
6	7	8 10:00 Green Team Committee (PR)	9 1:00 Bridge Club (MDR) 2:00 Book Club (PR)	10 9:50 Art Gallery Committee (PR) 11:00 Library Committee (PR)	11 1:00 Capital Planning (PR)	12
13	14 9:00 Advisory Council (PR)	15	16 9:00 Finance Committee (PR)	17 9:30 History Committee (PR) 2:00 Windows Computer Club (PR)	18	19
20	21 10:00 Yes2HealthyLife Committee (PR) 3:00 Dining Services Committee (PR)	22 9:30 Grounds Committee (PR)	23 1:00 Bridge Club (MDR)	24 8:30 Board Meeting (PR) 11:00 Memorial Committee (PR)	25	26
27	28	29	30 3:00 Technology Club (PR)	31	Meetings are held in person. Pine Room- (PR) Main Dining Room - (MDR)	

Green Hills Community March Calendar 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:15 Bus - Central Iowa Symphony: Young Artist Concert	9:30 Women's Coffee (MDR) 10:00 Estate Planning (CR) 1:30 Bus - Hy-Vee 7:00 Movie - King Richard	1:00 Bus - Walk at Ames Fitness Center 2:00 Movie with Champagne - The Proposal	10:00 Alzheimer's The Science of Prevention (Theatre) 10:30 Devotions (HCC) 1:00 Bistro Stitches (Pine Meeting Room) 3:00 Meditation Exploration (MR) 5:00 Bus - ISU Men's BB vs Oklahoma State 6:00 Gamewatch: ISU Men (ESPN+)	9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 1:30 Bus - Fareway 3:00 Sing-along with Us (CR)	2:00 Wii Sports (AR) 7:00 Tom Hanks Movies - Road to Perdition	1:00 and 2:30 PM Pam Sibbel Piano Recital 5:00 Gamewatch: ISU Men vs Baylor (ESPN2) GH Theatre 6:00 Gamewatch: ISU Women vs West Virginia (ESPN+) Pine Room
6	7	1	2	3	4	5
Daylight Savings Time Begins 3:00 Sunday Piano Bar (CR)	1:30 Bus - Hy-Vee 2:00 All Resident Capital Projects & Grounds Update (CR) 7:00 Movie - Quartet	10:00 Kaffee Klatsch (MDR) 2:00 Movie with Gourmet Popcorn - Quartet	10:30 Devotions (HCC) 1:00 Bistro Stitches (Pine Meeting Room) 2:00 Low Vision Support Group (MDR) 3:00 Meditation Exploration (MR)	10:00 Living with Alzheimer's for Caregivers: Middle Stage (CR) 1:30 Bus - Fareway 3:00 St. Patrick's Day Party (CR)	2:00 Wii Sports (AR) 7:00 Tom Hanks Movies - The Green Mile	10:00 - 4:00 PM Iowa Central Modular Railroad Exhibit (CR)
13	14	15	16	17	18	19
10:00 - 4:00 PM Iowa Central Modular Railroad Exhibit (CR)	1:30 Bus - Hy-Vee 7:00 Movie - Bernie	1:30 Bus - Inside Golf 2:00 Movie - Bernie 6:45 Bus - Ames Town & Gowm: The Metz Trio	10:00 Alzheimer's The Science of Prevention (Theatre) 10:30 Devotions (HCC) 1:00 Bistro Stitches (Pine Meeting Room) 3:00 Meditation Exploration (MR)	9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 1:30 Bus - Fareway 6:15 Bus - Velocity	2:00 Wii Sports (AR) 4:30 Club 2200 (CR) 5:30 Meal Basket (RSVP) 7:00 Tom Hanks Movies - A Hologram for the King	4:00 Happy Hour Zoom Social
20	21	22	23	24	25	26
3:00 Sunday Piano Bar (CR) 6:45 Bus - Hairspray	1:30 Bus - Hy-Vee 7:00 Movie - American Underdog	11:00 Bus - Lunch Bunch at ISU 2:00 Movie - American Underdog	10:30 Devotions (HCC) 1:00 Bistro Stitches (Pine Meeting Room) 3:00 Meditation Exploration (MR)	9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 1:30 Bus - Fareway 3:00 Mexican Train Game (MDR)	MDR - Main Dining Room CR - Community Room HCC - Health Care Center MR - Meditation Room PR - Pine Room	
27	28	29	30	31		



Green Hills Life Enrichment Presents:

GREAT GATSBY GALA

***RESCHEDULED DATE:* Tuesday, March 8th**

Community Room

4:30 PM Social Hour with Cash Bar

5:30 PM Food Buffet Opens

Music by *The Foxtrot Hotshots* will begin at 6:00 PM



Hors D'oeuvres

Shrimp Cocktail

Cheeses & Berries

Meats & Olives

Lamb Meatballs and Tzatziki Sauce & Pita Bread

Crispy Asiago Asparagus

Assorted Dessert Station

RSVP required by Friday, March 4th at 10:00 AM

Call Reservation Line at x5040

\$21.00/person

GH Signature Punch will be complimentary

**GET ALL DOLLED UP FOR A NIGHT OUT
AND HAVE A ROARING GOOD TIME!**