

DISCOVER, EXPLORE AND MORE

January 2023



ISU GYMNASTICS MEET AND GREET
Friday, January 6th at 10:00 AM
Community Room

Mark your calendars for this meet and greet social with the Iowa State Gymnastics team! Gymnastics has been at ISU since the 1970's and has seen many great athletes as well as coaches. The Iowa State Athletics Department will return the Beauty and the Beast event Sunday, February 12th at noon. This event will feature a simultaneous Cyclone gymnastics and wrestling meet in Hilton Coliseum. This unique and fan favorite event marks Iowa States first Beauty and the Beast event since 2017. The Iowa State Gymnastics team will welcome Central Michigan and the wrestling team will host Illinois. We are excited to announce that they are supplying us with free tickets to this Beauty and the Beast meet on February 12th. There is a sign up sheet in the bus book if you would like to go.

JOHN HAILA, MAYOR OF AMES
Monday, January 9th at 3:00 PM
Community Room

Have you ever wondered what it takes to be a mayor of a city or what some of the daily duties are? John Haila, mayor of Ames, will be coming to talk about what he does as mayor of Ames. He will also speak about current and upcoming projects in Ames.

ARTIST RECEPTION– PRISCILLA SAGE
Friday, January 20th at 3:00 PM
Community Room

"My great pleasure in life is going into my studio and working!"

This month we will be showcasing the work of Green Hills resident, Priscilla Sage, in our Art Gallery. Priscilla Sage, Iowa State University, Associate Professor Emeritus, is known for her large-scale fiber sculptures. Her process begins with small paper models that she works and molds for inspiration, which then leads her to create the full-size paper models with exact measurements for her sculptures. Her work expresses essential relationships between humans and nature, embodying and expanding upon the patterns and forms found in natural objects.

HAPPY BIRTHDAY!

- Kemp Miller—1/2
- Eilene Hovick—1/3
- Marguerite Sibley— 1/4
- Ellie Mathews—1/7
- Larry Zwagerman— 1/7
- Fran Berger—1/9
- Vince Hassebrock—1/11
- Edra Wheelock—1/11
- Carole Magilton—1/13
- Motoko Oulman—1/15
- Mary Jo Ganske—1/16
- Carolyn Walkup—1/18
- Etha Hutchcroft—1/19
- Ardie Roehr— 1/22
- Carol Grant —1/25
- Rae Reilly—1/25
- David Stephenson—1/28
- Margaret Cory— 1/28
- George Burnet—1/30
- Lee Storlie— 1/31

The Lindens

Rachel Crawford—1/25

Health Care Center

Melba Gschneidner — 1/1
 Alice McCullough—1/22

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DINING SERVICES

GH GRILL

Mondays, Wednesdays & Fridays

11:30 AM — 6:30 PM

Sunday

11:30 AM — 2:00 PM

SIGNATURE BRUNCH

Tuesday & Thursdays

8:00 AM — 2:00 PM

GREEN HILLS CAFÉ

Wednesday, January 11

5:00 PM

WINTER PARTY—Woodlands Winter Party

Thursday, January 19

Bar opens: 5:00 PM

Food buffet: 6:00 PM

Music by Vintage Café: 6:30 PM

CLUB 2200 MEAL BASKET

Friday, January 27

5:30 PM

LE BISTRO & LOUNGE HOURS

Monday through Friday 8:30 AM —2:00 PM

Saturday 10:00 AM—2:00 PM

*Residents can reserve time outside of Bistro hours for a specific event. Dining

RESIDENTIAL HEALTH SERVICES

Blood Pressure Clinics

Thursdays, January 5, 12, 19, 26

9:30 AM

Wellness Clinic

Ames Hearing Aid Clinic

Tuesday, January 10

9:30 AM

Wellness Clinic: Call Kaylee for an appointment.

TRANSPORTATION BY REQUEST

For townhome, Oaks and Maples residents, a Green Hills van is available each Monday through Friday, during non-bus events for rides to non-medical locations within the Ames city limits. Service hours will be 9:00 AM to 3:00 PM.



What's Open Wednesdays

January 11: 2216 Hamilton Dr
January 25: The Maples 1409

Good friends make great neighbors!

IN MEMORY

Our heartfelt sympathy goes out to the family and friends of Sandra Roys, Barb Rusk, and Lester Carlsborg.



REMEMBER TO RECYCLE!

Green Hills has several options for recycling!

Batteries and light bulbs can be taken to the front desk.

What would happen if batteries were not recycled properly? The toxic materials within the batteries can be released into the environment and pose serious threats to human health and the environment. If placed in landfills, the toxic materials can leak into the soil, which can then reach our water supply. Lightbulbs contain harmful mercury and phosphor.

Container glass, newspapers and cardboard boxes can be taken to the trash room in the 1st floor of the Maples:

Ames Resource Recovery Plant says that glass has no place in their system, that's why they ask you to keep it out of the garbage. If they receive glass into the plant within the garbage, it's abrasive to the machines, and if it gets over to the power plant, it creates slag in the boilers -- leading to costly removal!

Thank you in advance for your recycling efforts!

GREEN HILLS ON-SITE SPECIAL EVENTS

Woodlands Winter Party

Thursday, January 19th

Come into our enchanted winter woodlands

5:00 PM Social Hour with Cash Bar

Enjoy extra social time with your friends. Alcoholic beverages will be available for purchase and non-alcoholic beverages will be complementary.

6:00 PM Hors D'oeuvres Buffet opens

Our dining services will prepare a wide variety of delicious hors d'oeuvres for your eat.

6:30 PM Special Music by Vintage Café

Save the date, more information to come!

JANUARY

DEVOTION SERVICES
Wednesdays at 10:30 AM
HCC Activity Room

4th —Palestine Lutheran
Pastor Eric Klimpel

11th—Northminster Presbyterian
Pastor Jim DuBois

18th—Cornerstone Church
Pastor Kip Hamby

25th— Communion:
Palestine Lutheran
Pastor Eric Klimpel

A special thank you

**KATE THOMPSON
COMBO MUSIC**
Monday, January 30th
3:00 PM

Community Room

Enjoy the smooth, jazz soul music of the Kate Thompson Combo. Kate is a well-known vocalist who has performed in blues/rock groups and jazz bands around Iowa for 20 years. She was a founding company member of the Stephen Sondheim Center for the Arts and starred in many musicals in the Iowa City/Cedar Rapids area. Swing music has been around since the late 1920's and early 30's and is part of the jazz genre. This local swing/jazz band will be performing some hits from those decades with a guitar, saxophone, and bass.

COMMUNITY WIDE EVENTS AT GREEN HILLS

JAN 2 (MON) 9:30 AM	WOMEN'S COFFEE Women's Coffee is held the first Monday of the month in the Main Dining Room. All women are welcome to this informal social. Coffee will be provided.
JAN 4, 11, 18, 25 (WED) 1:00 PM	BISTRO STITCHERS AND MAT MAKERS Bring any type of hand work you are currently working on and get acquainted with others who are working on their own projects. (Le Bistro)
JAN 4, 11, 18, 25 (WED) 3:00 PM	MEDITATION EXPLORATION All are welcome to attend sessions held Wednesdays in the Meditation Room on the 2nd floor of the Lindens.
JAN 5, 12, 26 (THURS) 10:00 AM	MEN'S COFFEE This informal social is a chance for the men at Green Hills to get together and talk. Coffee is provided. Sign up in the front of the bus book if you are interested in bringing treats.
JAN 7 (SAT) 12:00 PM	POTLUCK Bring a dish to share, your own table service and beverage. We will honor the January birthdays this month! (Community Room)
JAN 7, 14, 21, 28 (SAT) 4:00 PM	HAPPY HOUR SOCIALS IN LE BISTRO Meet your friends and neighbors in the Le Bistro for an informal gathering. Bring your own drinks and snacks.
JAN 11 (WED) 11:00 AM	STORY COUNTY COMMUNITY FOUNDATION Liz Zeucher, director of the Story County Community Foundation will be the presenter. SCCF is an organization serving the nonprofit community of Story County through grants, organizational and fundraising assistance. Please note this later time.
JAN 19 (THURS) 10:00 AM	KAFFEE KLATSCH All residents are invited to this social event. Refreshments will be provided. Held in the Main Dining Room.
JAN 22 (SUN) 2:00 PM	MOTOKO'S SUNDAY PIANO BAR Relax, chat and even dance. Bring your own beverages and snacks to this informal social or enjoy a hot drink from the refreshment bar. (Common Area Lobby)
JAN 26 (THURS) 3:00 PM	MEXICAN TRAIN Come play this fun game with us! If you don't know how to play, we will teach you! (Main Dining Room)
JAN 27 (FRI) 4:30 PM	CLUB 2200 Join us for an afternoon get together. Alcoholic and non-alcoholic beverages, as well as snacks, will be served. Payable at Club 2200 is \$1.00 for a soft drink, and \$3.00 for beer, wine or mixed drinks. A refill is available at no additional cost. The Green Hills Kitchen offers a Meal Basket at 5:30 PM. Sign up through the kitchen for the meal.

CLUBS AND SUPPORT GROUPS

JAN 3, 10, 17, 24, 31 (TUES) 10:00 AM	CRIBBAGE CLUB Everyone is welcome to play! If you win, you take the “traveling trophy” until the next winner is determined. If you want more details, contact Roger Beckett at x5218. (Prairie Rose Dining Room)
JAN 4 (WED) 2:00 PM	CAREGIVER SUPPORT GROUP Are you a caregiver or do you help someone with everyday tasks? This support group is here to help you deal with caregiver stress. Everyone is welcome. (Pine Meeting Room)
JAN 11 (WED) & JAN 25 (WED) 1:00 PM	BRIDGE CLUB Join us for bridge on the second and fourth Wednesday of each month. Open to any resident. If you have questions please contact Jan Clark (x5217), Shala Ludley (x5250) or Paula Toms (x5141). (Main Dining Room)
JAN 11 (WED) 2:00 PM	BOOK CLUB This month we will discuss the book <u>What Strange Paradise: A Novel</u> by Omar El Akkad, 2021. The book looks at the global refugee crises through the eyes of a child. Anne Almquist will be the discussion leader. (Pine Meeting Room)
JAN 19 (THURS) 11:00 AM	TECHNOLOGY ASSISTANCE Residents can receive technology assistance with Ryan H., IT Tech (Note: this is usually on the first Thursday of each month. (Pine Meeting Room)



GAMEWATCH WITH ISU MEN AND WOMEN'S BASKETBALL

(Located in the GH Theatre unless marked otherwise)

Wednesday, January 4th — Men at Oklahoma at 6:00 PM (ESPN2/U)

Wednesday, January 4th — Women vs West Virginia at 6:30 PM in the **Pine Room** (ESPN+)

Saturday, January 7th — Men at TCU at 1:00 PM (ESPNU)

Sunday, January 8th — Women at Oklahoma at 2:00 PM (ESPN2)

Tuesday, January 10th — Men vs Texas Tech at 7:00 PM (ESPN+)

Wednesday, January 11th — Women vs Kansas State at 6:30PM (ESPN+)

Saturday, January 14th — Men at Kansas at 3:00 PM (ESPN+)

Sunday, January 15th — Women at Texas at 4:00 PM (ESPN2)

Tuesday, January 17th — Men vs Texas at 7:00 PM (ESPN+)

Wednesday, January 18th — Women vs Oklahoma State at 6:30 PM (ESPN+)

Saturday, January 21st — Men at Oklahoma State at 1:00 PM (ESPN+)

Saturday, January 21st — Women vs Kansas at 5:00 PM (ESPN+)

Tuesday, January 24th — Men vs Kansas State at 8:00 PM ESPNU)

Wednesday, January 25th — Women at TCU at 6:30 PM (ESPN+)

Saturday, January 28th — Men at Missouri at 1:00 PM (ESPN2/U)

Saturday, January 28th — Women vs Oklahoma at 3:00 PM in the **Pine Room** (ESPN+)

Monday, January 30th — Men at Texas Tech at 8:00 PM (ESPN/ ESPN2)

THE LINDEN LETTER

WELCOME TO THE LINDENS!

We extend our warmest welcome to Pat Benda and Jean Griffin who recently moved into the Lindens.

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WILL THE PASTOR JUGGLE?

Wednesday, January 4th at 10:30 AM

Health Care Activity Room

Last month, Pastor Eric Klimpel, from Palestine Lutheran Church in Huxley, mentioned that he used to juggle with forks and may practice up for the next time he comes. He will be leading this Wednesday's worship and communion. He is a great speaker and does a nice job leading our devotions. **But the question remains... will he juggle?**



SUNDAY GAME: DOMINOE'S

Wednesday, January 4th at 3:00 PM

Linden's First Floor

Everyone loves a good game of dominoes! The earliest mention is from the Song dynasty in China, 1232–1298. Modern dominoes first appeared in Italy during the 18th century. We will be playing Mexican Train or some other variations in the first floor dining room.



PIZZA PARTY

Saturday, January 14th at 5:00 PM

Linden's First Floor

Pizza is a dish of Italian origin consisting usually of a round flat base of leavened wheat-based dough topped with tomatoes, cheese, and often various other ingredients. Calling all pizza lovers and enthusiasts. We will be indulging in pizza from a local establishment. Join staff and fellow residents for an evening of fun!

BAKING WITH KATHRYN

Tuesday, January 17th at 3:00 PM

Linden's First Floor Kitchen

This month's cookie is an interesting one. It's called Cake Mix Cream Cheese Strawberry Cookies. Some of the ingredients include box strawberry cake mix, vanilla instant pudding, and powdered sugar. This cookie will hit the sweet tooth in all of the residents. Kathryn will be doing a live baking demonstration and would like all residents to be in attendance!

BIRTHDAY PARTY

Thursday, January 26th at 3:00 PM

Linden's First Floor

Celebrate Rachel Crawford's birthday this month with the classic items: cake and ice cream! Fun fact about birthdays: the Romans were the first to celebrate a person's birth with lavish parties and presents. Come enjoy some food and help us celebrate Rachel!

CRUMBL COOKIE SOCIAL

Friday, January 27th at 3 PM

Linden's First Floor

Crumbl Cookie is a newer business to the Ames community. Every week their cookie menu rotates to feature 4 to 5 new flavors. The flavors range from strawberry limeade, apple pie, brownie batter, watermelon, cinnamon swirl, and much more. We will be learning about this business and sampling cookies!

HEALTH CARE HAPPENINGS

Residents from Independent Living are welcome to come to these activities.

WELCOME

We extend our warmest welcome to Alice McCullough, Neoma Thomas, Lucy Futrell, Doris Brown, Lisa Clark, Janet Stephenson, Roger Larson, Loran Simpson, Vernice Giese, Karen Howe, Alycia Carlsborg, and Jan Jaqua!

BISCUITS AND TEA SOCIAL

Monday, January 2nd at 2:30 PM

HCC Activity Room

When wealthy and middle-class British families would host tea parties to pass the time between lunch and dinner, biscuits and tea is a classic staple in British homes. Treats would consist of small cakes or finger sandwiches. We will be indulging in homemade biscuits by Hannah and warm tea!



ISU GYMNASTICS MEET AND GREET

Friday, January 6th at 10:00 AM

Community Room

Mark your calendars for this meet and greet social with the Iowa State Gymnastics team! Gymnastics has been at ISU since the 1970's. The program has seen many great athletes as well as coaches.



AMES MAYOR PRESENTATION

Monday, January 9th at 3:00 PM

Community Room

Have you ever wondered what it takes to be a mayor of a town or what some of the daily duties are? John Haila, mayor of Ames, will be coming to talk about mayor roles and duties. He has been the Ames mayor since 2018 and has won a re-election since then.



DECORATE COFFEE MUGS

Wednesday, January 18th at 3 PM

HCC Activity Room

Calling all residents who like to drink coffee and/or be crafty. The health care kitchen needs residents to decorate coffee mugs to spruce up the dining room. Mug designs can be whatever the artist desires, but appropriate!

WE'RE NO ANGELS MUSIC

Thursday, January 19th at 2:30 PM

Aspen Court Living Room

We're No Angels is a musical duet (husband and wife) offering songs and entertainment to audiences. They perform a variety of music like Gospel hymns, 40's music, and much more. They perform at many Ames establishments.

CRUMBL COOKIE SOCIAL

Friday, January 27th at 2:30 PM

HCC Activity Room

Crumbl Cookie is a newer business to the Ames community. Every week their cookie menu rotates to feature 4 to 5 new flavors. The flavors range from strawberry limeade, apple pie, brownie batter, watermelon, cinnamon swirl, and much more. We will be learning about this business and sampling cookies!

KATE THOMPSON COMBO MUSIC

Monday, January 30th at 3:00 PM

Community Room

Swing music has been around since the late 1920's and early 30's. It's part of the jazz genre. A local swing/jazz band will be performing some hits from those decades with a guitar, saxophone, and bass. They are no strangers to the Ames area!

ISU & COMMUNITY / OFF-SITE EVENTS

The bus has been scheduled for the following events. Please sign up early to reserve your seat on the bus! Tickets should be purchased on your own.

Wednesday, January 4	5:30 PM	ISU Women's BB vs West Virginia	Hilton Coliseum
Tuesday, January 10	6:00 PM	ISU Men's BB vs Texas Tech	Hilton Coliseum
Wednesday, January 11	5:30 PM	ISU Women's BB vs Kansas State	Hilton Coliseum
Sunday, January 15	6:45 PM	On Your Feet	Stephens Auditorium
Tuesday, January 17	6:00 PM	ISU Men's BB vs Texas	Hilton Coliseum
Wednesday, January 18	5:30 PM	ISU Women's BB vs Oklahoma State	Hilton Coliseum
Saturday, January 21	4:00 PM	ISU Women's BB vs Kansas	Hilton Coliseum
Tuesday, January 24	7:00 PM	ISU Men's BB vs Kansas State	Hilton Coliseum
Saturday, January 28	2:00 PM	ISU Women's BB vs Oklahoma	Hilton Coliseum
Sunday, January 29	7:15 PM	Mania- Abba Tribute	Stephens Auditorium
Monday, January 30	5:15 PM	ISU Lecture: Martin Luther King, Jr.	Great Hall, MU

SPECIAL BUS EVENTS

GROCERY SHOPPING TRIPS 1:30 PM

HyVee: Mondays, January 2, 9, 16, 23, 30

Fareway: Thursdays, January 5, 12, 26

***DATE CHANGE:** Wednesday, January 18

LUNCH BUNCH: EL EZTECA

Tuesday, January 24th

APT- 11:00 AM TH- 11:05 AM

El Azteca Mexican Restaurant is passionate about offering a memorable experience. They take pride in offering traditional and authentic Mexican food, using the freshest ingredients and bold flavors. We will travel to the north Ames location. Order from the menu and pay individually.

DAY TRIP—AMES IN ART & LITERATURE

Tuesday, January 31st

APT- 9:30 AM TH- 9:35 AM

Our day will begin with a **tour of the Ames Public Library** with time to browse some books. Tour details from the library are still being worked out so look for more information to be sent out later.

Per request, we will have **lunch at the Great Harvest Bakery** where you can enjoy sandwiches with freshly baked bread or soup. You can also stock up on some fresh baked items to bring home if you want.

After lunch, we will go to the **Ames History Museum** to view their current exhibits including **Ames in Art**. This exhibit features unique original artwork from AHM's collection. Explore the community - from downtown to Pammel Court and beyond - through the eyes of artists and designers. View the vivid character of Ames through numerous mediums including watercolor, fiberwork, graphite pencil, and the community-designed Bicentennial quilt. Featured artists include Linda Emmerson, Stewart Buck, Velma Rayness, and many others.

NOW SHOWING AT GREEN HILLS

FEATURED MOVIES

Red Notice

No Movie On Monday, January 2nd
Tuesday, January 3rd at 2:00 PM

An Interpol agent successfully tracks down the world's most wanted art thief, with help from a rival thief. But nothing is as it seems, as a series of double-crosses ensue.

(2021, Action/Thriller/Comedy/Drama, 1 hour 58 minutes, PG-13)

The Swimmers

Monday, January 9th at 6:30 PM
Tuesday, January 10th at 2:00 PM

From war-torn Syria to the 2016 Rio Olympics, two young sisters embark on a harrowing journey as refugees, putting both their hearts and champion swimming skills to heroic use. (2022, Biography/Drama/Sport, 2 hours, 14 minutes, PG-13)

Respect

Monday, January 16th at 6:30 PM
Tuesday, January 17th at 2:00 PM

Following the rise of Aretha Franklin's career from a child singing in her father's church's choir to her international superstardom, RESPECT is the remarkable true story of the music icon's journey to find her voice.

(2021, Biography/Drama/Music, 2 hours 25 minutes, PG-13)

Glass Onion: A Knives Out Mystery

Monday, January 23rd at 6:30 PM
Tuesday, January 24th at 2:00 PM

Five long-time friends are invited to the Greek island home of billionaire Miles Bron. All five know Bron from way back and owe their current wealth, fame and careers to him. The main event is a murder weekend game with Bron to be the victim. In reality, they all have reasons to kill him. Also invited is Benoit Blanc, the world's greatest detective. (2022, Crime/Comedy/Drama/Mystery, 2 hours 19 minutes, PG-13,)

Ford vs Ferrari

Monday, January 30th at 6:30 PM
Tuesday, January 31st at 2:00 PM

American car designer Carroll Shelby and driver Ken Miles battle corporate interference and the laws of physics to build a revolutionary race car for Ford in order to defeat Ferrari at the 24 Hours of Le Mans in 1966. (2019, Action/Biography/Drama/Sport, 2 hours 32 minutes, PG-13,)

THURSDAY MOVIES

The Great Escape

Thursday, January 5th at 2:00 PM

Allied prisoners of war plan for several hundred of their number to escape from a German camp during World War II. (1963, Adventure/Drama/History, 2 hours 52 minutes, Unrated)

Still Alice

Thursday, January 12th at 2:00 PM

A linguistics professor and her family find their bonds tested when she is diagnosed with Alzheimer's Disease. (2014, Drama, 1 hour 41 minutes, PG-13)

Tea with the Dames

Thursday, January 19th at 2:00 PM

Dames Judi Dench, Eileen Atkins, Joan Plowright, and Maggie Smith get together for tea to reminisce and discuss their acting careers. (2018, Documentary, 1 hour 24 minutes, Unrated)

Trading Places

Thursday, January 26th at 2:00 PM

A snobbish investor and a wily street con artist find their positions reversed as part of a bet by two callous millionaires. (1983, Comedy, 1 hour 56 minutes, R)

Green Hills Community January Calendar 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>1</p>	<p>9:30 Women's Coffee (MDR) 1:30 Bus - Hy-Vee</p>	<p>9:30 The Green Birds Chorus Practice (CR) 2:00 Movie Matinee- Red Notice</p>	<p>10:30 Devotions (HCC) 1:00 Bistro Stitchers (LB) 2:00 Caregivers Support Group (PR) 3:00 Meditation Exploration (MR) 5:30 Bus- ISU Women's BB vs WVU 6:00 Gamewatch- ISU Mens BB vs Oklahoma 6:30 Gamewatch- ISU Women's BB vs WVU</p>	<p>9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 1:30 Bus - Fareway 2:00 Movie: The Great Escape</p>	<p>10:00 ISU Gymnastics Meet & Greet (CR)</p>	<p>12:00 Potluck (CR) 1:00 Gamewatch- ISU Mens BB vs TCU 4:00 Happy Hour Social (LB)</p>	
<p>2:00 Gamewatch- ISU Women BB vs Oklahoma</p>	<p>1:30 Bus - Hy-Vee 3:00 Mayor of Ames Presentation (CR) 6:30 Movie: The Swimmers</p>	<p>9:30 Hearing Aid Clinic (Wellness Clinic) 9:30 The Green Birds Chorus Practice (CR) 2:00 Movie Matinee: The Swimmers 6:00 Bus- ISU Mens BB vs Texas Tech 7:00 Gamewatch- ISU Men's BB vs Texas Tech</p>	<p>10:30 Devotions (HCC) 11:00 Continuing Education: (CR) 1:00 Bistro Stitchers (LB) 3:00 Meditation Exploration (MR) 5:00 GH Cafe (MDR) 5:30 Bus- ISU Women's BB vs Kansas State 6:30 Gamewatch- ISU Women BB vs KState</p>	<p>9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 1:30 Bus - Fareway 2:00 Movie Matinee- Still Alice</p>	<p>1:30 Scattergories Board Game</p>	<p>3:00 Gamewatch- ISU Men's BB vs Kansas 4:00 Happy Hour Social (LB)</p>	
<p>4:00 Gamewatch- ISU Women BB vs Texas 6:45 Bus- On Your Feet</p>	<p>1:30 Bus - Hy-Vee 6:30 Movie: Respect</p>	<p>9:30 The Green Birds Chorus Practice (CR) 2:00 Movie Matinee: Respect 6:00 Bus- ISU Mens BB vs Texas 7:00 Gamewatch- ISU Mens BB vs Texas</p>	<p>10:30 Devotions (HCC) 1:00 Bistro Stitchers (LB) 1:30 Bus - Fareway 3:00 Meditation Exploration (MR) 5:30 Bus- ISU Women's BB vs Oklahomas State 6:30 Gamewatch- ISU Women BB vs Oklahoma State</p>	<p>9:30 Blood Pressure Clinic 10:00 Kaffee Klatsch (MDR) 2:00 Movie: Tea with the Dames 5:00 Woodlands Winter Party (CR)</p>	<p>3:00 Artist Reception (CR)</p>	<p>1:00 Gamewatch- ISU Men BB vs Oklahoma State 4:00 Bus- ISU Women's BB vs Kansas 4:00 Happy Hour Social (LB) 5:00 Gamewatch- ISU Women BB vs Kansas</p>	
<p>2:00 Sunday Piano Bar</p>	<p>1:30 Bus - Hy-Vee 6:30 Movie: Glass Onion- A Knives Out Mystery</p>	<p>11:00 Bus- Lunch Bunch 2:00 Movie: Glass Onion- A Knives Out Mystery 7:00 Bus- ISU Mens BB vs Kansas State 8:00 Gamewatch- ISU Men BB vs Kansas State</p>	<p>10:30 Communion (HCC) 1:00 Bistro Stitchers (LB) 1:30 ISU Nature Study- Environmental Literature 3:00 Meditation Exploration (MR) 6:30 Gamewatch- ISU Women BB vs TCU</p>	<p>9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 1:30 Bus - Fareway 2:00 Movie: Trading Places 3:00 Mexican Train (MDR)</p>	<p>4:30 Club 2200 (CR) 5:30 Meal Basket (RSVP)</p>	<p>1:00 Gamewatch- ISU Men BB vs Missouri 2:00 Bus- ISU Women's BB vs Oklahoma 3:00 Gamewatch- ISU Women BB vs Oklahoma 4:00 Happy Hour Social (LB)</p>	
<p>7:15 Bus- Mania- Abba Tribute</p>	<p>1:30 Bus - Hy-Vee 3:00 The Kate Thompson Combo (CR) 5:15 Bus- ISU Lecture: Martin Luther King, Jr. 6:30 Movie: Ford vs Ferrari 8:00 Gamewatch- ISU MBB vs Texas Tech</p>	<p>9:30 Bus- Day Trip 2:00 Movie: Ford vs Ferrari</p>					<p>MDR - Main Dining Room CR - Community Room HCC - Health Care Center MR - Meditation Room PR - Pine Room LB - Le Bistro</p>

January 2023 Independent Committee & Club Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1		2 10:00 Cribbage Club (PRDR)	3 10:00 Technology Committee (PR)	4	5	6	
8	9 9:00 Advisory Council (PR)	9 10:00 Cribbage Club (PRDR) 10:00 Green Team Committee (PR)	10 1:00 Bridge Club (MDR) 2:00 Book Club (PR)	11 9:50 Art Gallery Committee (PR) 11:00 Library Committee (PR)	12 1:00 Capital Planning (PR)	13 14	
15	16 10:00 Dining Committee (MDR) 10:00 Yes2HealthyLife Committee (PR)	17 9:30 Grounds Committee (PR) 10:00 Cribbage Club (PRDR) 2:00 Woodshop Committee (A&C)	18 9:00 Finance Committee (PR)	19 9:30 History Committee (PR) 1:00 Employee Appreciation Committee (PR) 3:30 GHCC Board Meeting (PR)	20	21	
22	23	24 10:00 Cribbage Club (PRDR)	25 1:00 Bridge Club (MDR)	26 8:30 Board Meeting (PR)	27 3:00 Investment Committee (PR)	28	
29	30	31 10:00 Cribbage Club (PRDR)					
<p>Meetings are held in person.</p> <ul style="list-style-type: none"> Pine Room- (PR) Arts & Crafts Room - (A&C) Sensory Garden - (SG) Main Dining Room - (MDR) Prairie Rose Dining Room - (PRDR) 							