

NEWS AND ANNOUNCEMENTS

April 2021
Events and Programs

DO YOU REMEMBER LIFE BEFORE COVID-19?

Wow! So many things happened this past year. We are now trying to get back to what used to be our normal. In the last year we have had 20 new residents move to Green Hills. They never got to experience the activities, socials, in person committee meetings, and all the various bus events before things were shut down.

It has now been over a year, and the majority of residents are fully vaccinated. Covid-19 cases have been decreasing as more people get the vaccine and people are ready to socialize again. We are going to start bringing back some of the regular in-house activities like Women’s Coffee, Men’s Coffee, Kaffee Klatch, and Club 2200. The newsletter will also ease it’s way into getting back to it’s “normal” look.

Everyone’s comfort level is different and please use your own judgement at the events you attend.

**EDUCATIONAL PRESENTATION:
WHERE DOES YOUR GARBAGE GO?
AND YES, WE ACCEPT PIANOS!
Wednesday, March 31 at 10:00 AM
Community Room**

Lorrie Hanson is a dynamic speaker and the “Garbage Goddess” of Ames. She will tell us about the history of the Resource Recovery Plant, their future plans and some items they accept, but you might not think they would.

**CONTINUING EDUCATION PRESENTATION:
AMES PUBLIC LIBRARY
Wednesday, April 14 at 10:00 AM
Community Room & Zoom**



Ashley Wilson from the Adult Services Department at Ames Public Library will be sharing a sampling of what the library can and does do for the Green Hills Community and the Ames Community at large. Topics covered will include home delivery, Green Hills Library delivery, upcoming programs and events, book clubs, e-resources, interlibrary loans, and more! Supplemental materials and business cards will be available. Ashley will have time for questions and comments. This will be presented on Zoom. Ashley will not be present at Green Hills. You can watch it in the Community Room on the big screen or from the comfort from your own home.

HAPPY BIRTHDAY!

- Molly Ethridge—4/2
- Bobbie Nordyke—4/2
- Joan Herwig—4/7
- Norma Clayton—4/8
- Marilyn Keller—4/8
- Bill Switzer—4/9
- Trudy Yoder—4/11
- Pat Thompson—4/17
- Charles Jons—4/18
- Joyce Mercier—4/18
- LaRue Clark—4/20
- Ruth Larson—4/25
- Janet Wahl—4/25
- Lloyd Crim—4/27
- Coleen Nutty—4/27

The Lindens

Marion Weiss—4/6

Health Care Center

Margo McNabb—4/2

Cedar Court

Jim Cooper— 4/1
Carol Catus—4/29



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EVENTS AT GREEN HILLS

<p>APRIL 1, 8, 22, 29</p>	<p>MEN'S COFFEE Men's coffee is held every Thursday, except the third, in the Main Dining Room. This informal social is a chance for the men at Green Hills to get together and talk. Coffee is provided and men sign up to bring cookies or a treat for everyone. Sign up in the front of the bus book if you are interested in bringing treats. If you do not bake, the Green Hills kitchen can also provide treats for you as a catering request. Contact the kitchen ahead of time with your order.</p>
<p>APRIL 1 (THURS) 3:00 PM</p>	<p>SING-ALONG WITH US Spring is here! Join us in song with your friends and neighbors in the Community Room. Carol Deppe will play the piano while Cliff Smith leads us in song. This program will be typically scheduled the first Thursday of each month. No need to sign up, just come enjoy the music.</p>
<p>APRIL 2 (FRI) 10:00 AM</p> <p>APRIL 13, 20, 27 (TUES) 10:00 AM</p>	<p>COFFEE CLATTER This social will be offered the first Friday this month, along with the last three Tuesdays of the month. Attend this informal social in the Main Dining Room. Sign up is not needed.</p>
<p>APRIL 5 (MON) 9:30 AM</p>	<p>WOMEN'S COFFEE Women's Coffee is held the first Monday of the month in the Main Dining Room. All women are welcome to this informal social. Coffee will be provided.</p>
<p>APRIL 7, 14, 21, 28 (WED) 1:00 PM</p>	<p>BISTRO STITCHERS Currently held in the Pine Meeting room, this informal gathering is for anyone who does any type of hand craft, including but not limited to: needlework, crocheting, and knitting. Bring your project to work on while you visit with other residents. The last Wednesday of April the group will gather in Le Bistro.</p>
<p>APRIL 7, 14, 21, 28 (WED) 3:00 PM</p>	<p>MEDITATION EXPLORATION All are welcome to attend sessions held Wednesdays in the Hickory Room. These sessions are led by Elizabeth Angelici.</p>
<p>APRIL 12 (MON) 2:00 PM</p>	<p>ALL RESIDENT CAPITAL PROJECT UPDATE VIA ZOOM Josh A., Director of Facilities will give an update on upcoming projects around the community. A zoom invitation will be sent the week before the meeting.</p>
<p>APRIL 14 (WED) 10:00 AM</p>	<p>CONTINUING EDUCATION PROGRAM Ashley Wilson from the Adult Services Department at Ames Public Library will share a sampling of what the library can and does do for the Green Hills Community and the Ames Community at large. Ashley will present via zoom, but you can watch the program in the Community Room. (No sign up needed.)</p>
<p>APRIL 15 (THURS) 10:00 AM</p>	<p>KAFFEE KLATSCH All residents are invited to this social event. This event is held in the Main Dining Room on the third Thursday of each month. New residents are welcomed and upcoming activities are discussed. Refreshments will be provided. (No sign up needed.)</p>
<p>APRIL 21 (WED) 3:00 PM</p>	<p>MUSIC WITH PAT LYDON Pat plays the piano and sings along to all the old time favorite songs you will surely know. His song books hold hundreds of songs. You can make requests too. Come to the Community Room for an hour of musical entertainment. (No sign up needed.)</p>

EVENTS CONTINUED

<p>APRIL 22 (THURS) 3:00 PM</p>	<p>BED OF BAGS PROJECT In honor of Earth Day we will use donated plastic bags to make bed mats. We will teach people who want to join this great cause. Take plastic bags, link them together into plarn, then hand crochet them into a bed mat to donate to shelters or the homeless. Those who are interested can also learn how to make the plarn into the actual bed mat. Come to the Community Room.</p>
<p>APRIL 23 (FRI) 4:30 PM</p>	<p>CLUB 2200 Join us for an afternoon get together. Alcoholic and non-alcoholic beverages, as well as snacks, will be served. Residents run this event that is held the 4th Friday of every month. Payable at Club 2200 is \$1.00 for a soft drink, and \$3.00 for beer, wine or mixed drinks. A refill is available at no additional cost. There is a 2 drink limit per person. The Green Hills Kitchen offers a "Grill Out" (which is an offering of food that varies each month) at 5:30 PM. Residents need to sign up for the Grill Out through the kitchen (x5040) and the fee will be billed to the resident's account. This event is held in the Community Room.</p>



GREEN HILLS CLUBS

CLUB MEETINGS:

<p>APRIL 6 (TUES) & APRIL 20 (TUES)</p>	<p><u>SENSORY GARDEN CLUB</u> This club will meet in the Sensory Garden for a "clean up" club meeting, weather permitting. If the weather is not nice enough to meet on April 6th outdoors, there will <u>NOT</u> be a formal meeting on this date.</p>
<p>APRIL 14 (WED) 2:00 PM</p>	<p><u>BOOK CLUB</u> Book club will meet via Zoom. The book to be discussed is <i>Storm Lake: Change, Resilience and Hope in American Heartland</i> authored by Art Cullen. There are copies of the book from APL at Green Hills that can be checked out. Check the shelf in Green Hills Library designated for APL books. This book club meeting does not have an official discussion leader, but everyone who has read the book please come prepared to offer a discussion question. The discussion will proceed from member to member with each member leading the discussion for their own question.</p>
<p>APRIL 15 (THURS) 2:00 PM</p>	<p><u>WINDOWS COMPUTER CLUB</u> The Windows Computer Club's purpose is to exchange knowledge of the operating system and programs. (Pine Meeting Room)</p>
<p>APRIL 28 (WED) 1:30 PM</p>	<p><u>TECHNOLOGY CLUB</u> Share your knowledge or get answers to your questions. All residents are encouraged to come. (Pine Meeting Room)</p>

Club meetings are also listed on the April Committee and Club Calendar.

DINING SERVICES

CHEF'S BREAKFAST

April 1, 8, 15, 22, 29
8:00—10:00 AM

EASTER DINNER

Sunday, April 4
Seating: 12:30 PM
Pick-up and delivery are also available.

GREEN HILLS CAFÉ

Wednesday, April 28

LE BISTRO & LOUNGE HOURS

Monday through Friday 8:30 AM —2:00 PM
Saturday — Closed
Sunday 10:00 AM—1:00 PM

***Residents can reserve time outside of Bistro hours for a specific event. Dining Services can cater for any event.**

FIRST NATIONAL BANK

**Tuesdays & Thursdays
9:00 AM—11:00 AM**

The First National Bank office is located in the hallway leading to the Community Room.

Masks are required to visit the bank.



Good friends make great neighbors!

What's Open Wednesday Schedule -
April 14: The Oaks 610
April 28: The Oaks 509

You are our number one referral source!

RESIDENTIAL HEALTH SERVICES

Blood Pressure Clinic

Thursdays, April 1, 8, 15, 22, 29
9:30 AM
Wellness Clinic

Ames Hearing Aid Clinic

Tuesday, April 13
9:30 AM—11:00 AM

Wellness Clinic: Call Kaylee for an appointment.



TRANSPORTATION AT GREEN HILLS



SHOPPING TRIPS

1:30 PM

HyVee: Mondays, April 5, 12, 19, 26

Fareway: Thursdays, April 1, 8, 15, 22, 29

Sign up in the Bus Book at the Reception Desk to take the Green Hills Bus to the Grocery Store.

TRANSPORTATION BY REQUEST

For townhome, Oaks and Maples residents a Green Hills van is available each Monday through Friday, during non-bus events, for rides to non-medical locations within the Ames city limits. Service hours will be 9:00 AM to 3:00 PM. \$6.00 per location (per person). A two-day notice is required. No fee for return to Green Hills.

FITNESS CENTER WALKS

**Friday, April 16 and Friday, April 30
Bus Leaves Apartments at 1:00 PM**

The bus will take residents to the south Ames Fitness Center to walk around the track for exercise in a different environment. **Masks will be required on the bus and the whole time at the Ames Fitness Center.** Sign up in the bus book. You will have 1 hour to walk at the Ames Fitness Center.

SAVE THE DATE

The bus will be going to Holub Garden & Greenhouse on Mondays, May 3, 10 and 17 at 10:00 AM so residents may purchase plants for themselves or their garden. Sign up in the bus book.

NOW SHOWING AT GREEN HILLS

Please RSVP by using the SignUp Genius link. Masks are required in the Green Hills Theatre.

FEATURED WEEKLY MOVIES

Wonder

Monday, April 5th at 2:00 PM & 7:00 PM
Tuesday, April 6th & Thursday, April 8th at 2:00 PM

Entering fifth grade will be momentous for Auggie—because at last, he'll get to be ordinary. While his facial deformity has previously kept him from attending schools, Auggie is determined to make his classmates see beyond his face. (2017, PG, Drama, 1 hour 53 minutes)

The African Queen

Monday, April 12th at 2:00 PM & 7:00 PM
Tuesday, April 13th & Thursday, April 15th at 2:00 PM

Charlie Allnut (Humphrey Bogart), the booze-guzzling, rough-hewn captain of a broken-down East African riverboat, teams with a straitlaced, iron-willed missionary (Katharine Hepburn) to take on a menacing German gunboat during WWI. (1951, PG, Classics, 1 hour 45 minutes)

The Rookie

Monday, April 19th at 2:00 PM & 7:00 PM
Tuesday, April 20th & Thursday, April 22nd at 2:00 PM

In this inspiring true story, Jim Morris strikes an intriguing bargain with the Texas high school baseball team he coaches: If they make the playoffs, he'll try out for the big leagues. (2002, G, Drama, 2 hours 8 minutes)

La La Land

Monday, April 26th at 2:00 PM & 7:00 PM
Tuesday, April 27th & Thursday, April 29nd at 2:00 PM

While pursuing showbiz fame, jazz pianist Sebastian falls for aspiring actress Mia, and the two embark on an intense love affair. However, as their separate paths of ambition force them to make tough choices, their relationship starts to fray. (2016, PG-13, Musical Drama, 2 hours 8 minutes)

CLINT EASTWOOD MOVIES

The Bridges of Madison County

Friday, April 2nd at 7:00 PM

When a discontented Iowa housewife Francesca Johnson meets National Geographic shutterbug Robert Kincaid what begins as a guarded friendship soon erupts into an intense affair that rekindles Francesca's forgotten passions. (1995, PG-13, 2 hours 15 mins)

Space Cowboys

Friday, April 9th at 7:00 PM

A Russian satellite is about to fall back to Earth, and only retired engineer Frank Corvin knows how to stop it. When NASA begs for help, Corvin agrees on one condition: He and his over-the-hill pals will man the mission. (2000, PG-13, 2 hours 10 mins)

Gran Torino

Friday, April 16th at 7:00 PM

Curmudgeonly Korean War vet Walt must confront his Hmong immigrant neighbors -- and his own prejudices -- when their teenage son Thao tries to steal Walt's beloved 1972 Gran Torino. Walt soon assumes the unlikely role of guardian angel to young Thao. (2008, R, 1 hour 56 min.)

Million Dollar Baby

Friday, April 23rd at 7:00 PM

Despondent over a painful estrangement from his daughter, trainer Frankie Dunn isn't prepared for boxer Maggie Fitzgerald to enter his life. But Maggie's determined to go pro, and to convince Dunn and his cohort to help her. (2004, PG-13, 2 hours 13 mins)

Trouble with the Curve

Friday, April 30th at 7:00 PM

Slowed by age and failing eyesight, crack baseball scout Gus Lobel takes his grown daughter along as he checks out the final prospect of his career. Along the way, the two renew their bond, and she catches the eye of a young player-turned-scout. (2012, PG-13, 1 hour 51 mins)

GREEN HILLS OUTREACH OPPORTUNITIES

Green Hills Earth Day Outreach Opportunities Sponsored by the Green Team Committee

ELECTRONICS DONATION

Story County Conservation Center has partnered with Blank Park Zoo and ECO-CELL in recycling small electronics to protect gorillas, okapi, and other wildlife.

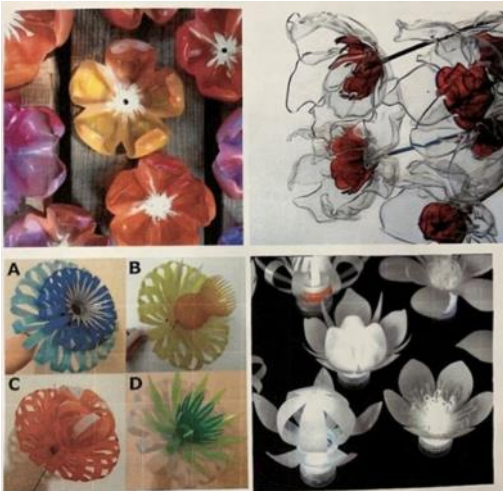
During the month of April, we will be collecting the old small electronic devices that you would like to donate. Simply take them to the collection box located in the coat room near the Community Room.

Acceptable items include: cell phones, smartphones, iPhones, iPods, iPads, tablets, Apple /Android watches, GPS, MP3 players, e-readers, digital cameras, handheld gaming systems and the accessories that come with them. These devices do not need to be functional. Note: Please remove your personal data before donation (such as removing SIM cards, disconnecting service, resetting to factory defaults.)

100% of the proceeds from donations to the program at Blank Park Zoo go to reforestation and conservation efforts in the Democratic Republic of Congo, including the Ituri Forest and the GRACE Gorilla Sanctuary.



ECO-CELL is a nonprofit which reclaims the precious minerals found inside these devices. Recycling these items helps save endangered gorillas by reducing the demand for coltan while 100% of the proceeds from this project go directly towards reforestation in the Congo and care for rescued gorillas.



TWO LITER PLASTIC BOTTLE COLLECTION

Reiman Garden needs help in collecting pop bottles to make flowers that will be used in the garden's Holiday Show this winter. Water bottles are not strong enough for the winter weather so they won't work but pop bottles will do the trick. They are wanting 2-liter and 20 oz pop bottles. You can keep the caps on the bottles you donate. There is a box in the coat room area across from the Community Room. Collection starts Monday, March 15th, and will end on Monday, April 12th. The more bottles, the more flowers for the show! Thanks for your contribution.

BED OF BAGS PROJECT

The second opportunity is on April 22nd. We will have a plarn making workshop. If you know how to make the plarn, please come! We will be teaching people who want to join this great cause. We take plastic bags, link them together into plarn, then hand crochet them into a bed mat to donate to shelters or the homeless. Those who are interested can also learn how to make the plarn into the actual bed mat. You can donate clean plastic bags to the coat room across from the Community Room. **This project will take place on Thursday, April 22 in the Community Room from 3:00—4:00 PM.**