

DISCOVER, EXPLORE AND MORE

July 2022
Events and Programs

GUIDED TOUR OF BRUNNIER MUSEUM Friday, July 8 at 1:45 PM

Sign up in the bus book for a guided tour by GH Resident, Rae Reilly, of the current exhibit: *“Collecting Craft: Studio and Contemporary Makers from the Permanent Collection.”* The University Museums’ permanent collection was built around the original decorative arts collection of Ann and Henry Brunnier. This collection is astoundingly broad, ranging from ancient Roman glass to Chinese Tang dynasty pottery to German porcelain. Over 50 years, University Museums donors and curators have added greatly to the decorative arts collection expanding into contemporary glass and ceramics, adding more representation of Native American makers and artists, and delving into the field of contemporary craft. The Brunnier Art Museum is truly one of a kind.

THE GREEN BIRDS CHORUS CONCERT Tuesday, July 12 at 10:30 AM Community Room

This chorus group has a new name! “The Green Birds,” formerly known as the Songbirds & Green Hills Chorus meets weekly; typically on Tuesdays at 9:30 AM. On Tuesday, July 12 they would like to share their musical talent with everyone at Green Hills. You are invited to not only attend this spectacular concert, but also join the fun singing group! All residents are welcome!



HOT AIR BALLOON EXPERIENCE Tuesday, July 12 5:30 PM—7:30 PM GH Main Entrance



We are bringing a hot air balloon to Green Hills in July. Get a close up view of the balloon which will be **located in the grassy area east of the Maples at the Green Hills main entrance.** Listen to music by the duo Second Chair Brass. The food tuck from PepperJax Grill will be onsite offering a variety of customizable Philly cheesesteak options, along with the Green Hills bar where you can purchase drinks.

The weather needs to be perfect for the balloon to inflate, with wind not more than 5 MPH. In case of weather conflict, the postponement dates in order are: July 13, July 19 and July 20.



HAPPY BIRTHDAY TO YOU!!!



Janet Stephenson — 7/1
Toni Whitman—7/2
Jim Oleson—7/3
Kathryn Handy—7/4
Nancy Hall— 7/5
Joan Mathews—7/5
Roger Beckett—7/7
Don Dyer—7/8
Ken Kruempel—7/11
Dick Henry—7/19
Jeanne Grace—7/20
Elaine Johnson—7/20
Norman Rudi—7/22
Allen Trenkle—7/23
Diane Gilloon— 7/24
Bob Angelici—7/29

The Lindens

Nancy Martin—7/11

Health Care Center

Marjean Fawcett—7/5
Bob Humphrey—7/9
Kalliope Jolas— 7/16
Tom Colvin—7/17
Donna Shenefelt—7/19
John Dobson—7/20
Jim Sperfslage—7/22
Meg Tait—7/24
Elaine Meany—7/28

Cedar Court

Lois Thomas— 7/9

DINING SERVICES

GH GRILL

Mondays, Wednesdays, & Fridays

11:30 AM — 6:30 PM

Sunday

11:30 AM — 1:30 PM

SIGNATURE BRUNCH

Tuesdays & Thursdays

8:00 AM — 2:00 PM

GH CAFE

Wednesday, July 6

Wednesday, July 27

5:00 PM

LE BISTRO & LOUNGE HOURS

Monday through Friday 8:30 AM — 2:00 PM

Saturday 10:00 AM — 2:00 PM

*Residents can reserve time outside of Bistro hours for a specific event. Dining Services can cater for any event.

Meals can be ordered anytime from the Linden's dining room for pickup, just call x5064.

RESIDENTIAL HEALTH SERVICES

Blood Pressure Clinics

Thursdays, July 14, 21, 28

9:30 AM

Wellness Clinic

Ames Hearing Aid Clinic

Tuesday, July 12

9:30 AM

Wellness Clinic: Call Kaylee for an appointment.

FIRST NATIONAL BANK

Tuesdays & Thursdays

9:00 AM — 11:00 AM

The First National Bank office is located in the hallway leading to the Community Room.

IN MEMORY

Our heartfelt sympathy goes out to the family and friends of Marjorie Bowen, Doris Winterfeld, and Craig Beer.



Marketing
Minute



GREEN HILLS

Good friends make great neighbors!

July Open Houses:
7/6 - 810 The Oaks
7/20 - 2219 Hamilton Dr

You are our number one referral source!

Thanks for the wonderful Fish Fry in June!



GREEN HILLS ON-SITE SPECIAL EVENTS

ARTIST RECEPTION: HEATHER JOHNSON

Thursday, July 7 at 3:00 PM

Lobby Area

Heather Johnson has her artwork on display in the Green Hills Art Gallery through mid-July. She has been creating art for nearly 24 years. Nature is a reoccurring theme in her artwork and Heather also has created some abstract paintings to stretch the imagination. Heather joined the Octagon Center for the Arts in Ames as the Gallery Curator. In 2009, Heather became the Director for the Octagon, and she is celebrating 20 years with the Octagon in June 2022. Come to the lobby area to learn about the artist and her artwork. Refreshments will be provided.

CONTINUING EDUCATION: HAPPY 175th BIRTHDAY IOWA

Wednesday, July 13 at 10:00 AM

Community Room

Iowans have done some remarkable things since the state joined the Union 175 years ago. To mark that milestone, travel back in time with former Des Moines Register reporter Michael Morain, who will highlight seven stories from Iowa's past that he wishes he could have covered in person.

Michael grew up in Ames and now manages communications for the Iowa Department of Cultural Affairs; his mother, Vikki, moved to Green Hills at the end of last summer.



PAIN MEDICATION PRESENTATION

Tuesday, July 19 at 10:30 AM

GH Theatre

Right Does Pharmacy will present on uses and precautions of over the counter pain medications. It will include basic differences between the medications, including steroid and non-steroid medications plus which medicines work best for different types of pain. There will be time to get answers to your questions. This presentation is sponsored by the YES2HEALTHYLIFE Committee.

LEE'S BALLADS FROM THE 50s & 60s

Tuesday, July 19 at 2:30 PM

Community Room

Lee Storlie is hosting another music get together! The music on this day will feature ballads from the 50s and 60s. These will be slower songs and dancing is encouraged. Some appetizers and non-alcoholic beverages will be provided.

JULY DEVOTION SERVICES Wednesdays at 10:30 AM HCC Activity Room

6th—Memorial Lutheran

Pastor Mark Heilman

13th—Northminster Presbyterian

Pastor Jim DuBois

20th—Christ Community

Pastor Kip Hamby

27th—Communion:

First United Methodist

*A special thank you
to our pastors and pianists
who volunteer weekly to provide
this special service.*



TIE DYE WITH MAGGIE Friday, July 29 at 10:30 AM Lindens Grass Area

Tie dye never goes out of style and is a fun summer festivity. We will provide the dyeing materials and we will also have a variety of white items for you to dye such as shirts, aprons and tote bags. You can bring your own white item (socks, scarfs, dish cloths, etc.) to make them colorful. All necessary supplies will be provided. *This will be held in the Community Room if the weather doesn't cooperate.*



COMMUNITY WIDE EVENTS AT GREEN HILLS

<p>JULY 2, 9, 16, 23, 30 (SAT) 4:00 PM—5:00 PM</p>	<p>HAPPY HOUR SOCIALS AT LE BISTRO Meet your friends and neighbors in <u>Le Bistro</u> for an informal gathering. Bring your own drinks or snacks, as <u>Le Bistro</u> is not open during this time period.</p>
<p>JULY 4 (MON) 3:00 PM</p>	<p>MUSIC WITH MOTOKO Come to the <u>Community Room</u> for a patriotic musical treat as Motoko plays a variety of patriotic songs to commemorate Independence Day. Light refreshments will be provided.</p>
<p>JULY 6, 13, 20, 27 (WED) 1:00 PM</p>	<p>BISTRO STITCHERS & BED MAT MAKERS This group includes anyone that does hand crafts, even the plarn and bed mat makers. If you would like to convert plastic bags to plarn or learn how to make a bed mat, you can attend this informal gathering held in the <u>Pine Meeting Room</u>. Bring your project to work on while you visit with other residents.</p>
<p>JULY 7, 14, 28 (THURS) 10:00 AM</p>	<p>MEN'S COFFEE Men's Coffee is held every Thursday, except the third, in the <u>Main Dining Room</u>. This informal social is a chance for the men at Green Hills to get together and talk. Coffee is provided and men sign up to bring cookies or a treat for everyone.</p>
<p>JULY 13, 20, 27 (WED) 3:00 PM</p>	<p>MEDITATION EXPLORATION All are welcome to attend sessions held on Wednesdays in the <u>Meditation Room</u> on the second floor of the Lindens. These sessions are led by Green Hills resident, Elizabeth Angelici. Please remember your mask when entering the Lindens.</p>
<p>JULY 11 (MON) 9:30 AM</p>	<p>WOMEN'S COFFEE Due to the holiday, Women's Coffee is being held on the second Monday of this month in the <u>Main Dining Room</u>. All women are welcome to this informal social. Coffee will be provided.</p>
<p>JULY 11 (MON) 11:00 AM</p>	<p>DISC GOLF We had a great time in June trying this outdoor frisbee sport on our campus, so we are ready to play again. We play just for fun...individually. No experience necessary. The more you play, the better you become. Meet Brett in the <u>Lindens grassy area</u>; we will provide all the supplies.</p>
<p>JULY 21 (THURS) 10:00 AM</p>	<p>KAFFEE KLATSCH All residents are invited to this social event. This event is held in the <u>Main Dining Room</u> on the third Thursday of each month. New residents are welcomed and upcoming activities are discussed. Refreshments will be provided.</p>
<p>JULY 21 (THURS) 3:00 PM</p>	<p>TRIVIA TIME This time we are meeting in the <u>Pine Meeting Room</u>. Come see what you know or learn something new at this fun and friendly trivia game.</p>
<p>JULY 22 (FRI) 4:30 PM</p>	<p>CLUB 2200 Alcoholic and non-alcoholic beverages, as well as snacks, will be served at this afternoon get together. Payable at Club 2200 is \$1.00 for a soft drink, and \$3.00 for beer, wine or mixed drinks. A refill is available at no additional cost. There is a 2 drink limit per person. The Green Hills Kitchen offers a "Meal Basket" at 5:30 PM (which is an offering of food that varies each month). Sign up for the Meal Basket through the kitchen (x5040); the fee will be billed to the your account. Please wear you name tag. (<u>Community Room</u>)</p>
<p>JULY 24 (SUN) 3:00 PM</p>	<p>SUNDAY PIANO BAR Bring your own drinks or snacks to this informal music event held in the <u>Community Room</u>. Sing along to the songs or request your favorites.</p>

CLUBS AND SUPPORT GROUPS

CLUB MEETINGS:

JULY 5 (TUES) & JULY 19 (TUES) 9:30 AM	SENSORY GARDEN CLUB Meet in the Sensory Garden to deadhead and provide upkeep to the garden. Enjoy the beauty with the other helpers once the work is done. (Sensory Garden)
JULY 13 (WED) & JULY 27 (WED) 1:00 PM	BRIDGE CLUB Come play bridge with us the second and fourth Wednesday of each month in the Main Dining Room. Open to any resident. If you have questions please contact Jan Clark (x5217), Shala Ludley (x5250) or Paula Toms (x5141). (Main Dining Room)
JULY 13 (WED) 2:00 PM	BOOK CLUB This month we will discuss the book <i>Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge and the Teachings of Plants</i> by Robin Wall Kimmerer. Jean Peterson will be the discussion leader. (Pine Meeting Room)
JULY 27 (WED) 3:00 PM	TECHNOLOGY CLUB Share your knowledge or get answers to your questions. All residents are encouraged to come. (Pine Meeting Room)

CAREGIVERS SUPPORT GROUP Wednesday, July 6 at 2:00 PM Pine Meeting Room

This support group meets the first Wednesday of each month at 2:00 PM in the Pine Meeting Room. Are you a caregiver or do you help someone with everyday tasks? Does someone you love suffer from dementia? This support group is here to help you deal with caregiver stress. This group will be led by Laurie Yocum with Heartland Senior Services. Everyone is welcome.

MEXICAN TRAIN

Thursday, July 28 at 3:00 PM

Come to the Main Dining Room to play this fun and easy domino game. No experience necessary; we will go over the rules of the game for newcomers.

TRANSPORTATION BY REQUEST

For townhome, Oaks and Maples residents, a Green Hills van is available each Monday through Friday, during non-bus events for rides to non-medical locations within the Ames city limits. Service hours will be 9:00 AM to 3:00 PM. \$6.00 per location (per person). A two-day notice is required. No fee for return to Green Hills.

CRIBBAGE CLUB

If you are interested in playing cribbage, the Green Hills Cribbage "Club" meets every Tuesday from 10:00 AM to noon in the Prairie Rose Dining Room. Everyone is welcome to play when they are available. If you win, you take the "traveling trophy" until the next winner is determined. If you want more details, contact Roger Beckett at x5218.

HELLO
my name is

**Please remember to wear
your nametag to all in
house Green Hills' events.**



THE LINDEN LETTER

WELCOME TO THE LINDENS!

We extend our warmest welcome to Lucy Futrell who recently moved into the Lindens neighborhood.

JOIN IN ON THESE PRESENTATIONS IN HCC!

AMES ANIMAL RESCUE LEAGUE Wednesday, July 6th at 3:00 PM

You will likely see some of the rescue animals and hear about the shelter's current projects and status.

AMES AREA OF COMMERCE Thursday, July 14th at 3:00 PM

Come hear what is happening in our local chamber of commerce and their core values and functions.

CITY OF AMES CONSTRUCTION PROJECTS Thursday, July 21st at 3:00 PM

A representative from the City of Ames will discuss current construction projects and have answers to some questions that you might have about what's going on in our city.

PAINTING WITH MADISON

Wednesday, July 20th at 3:00 PM

Madison is very artistic and wants to share this joy of hers with you! Come to the first floor of the Lindens to get creative with her.

LUNCH BUNCH TO NILAND'S CAFE

Thursday, July 21st

Load bus at 10:30 AM

Located at the intersection of the historic Lincoln and Jefferson Highways. The Lincoln Highway was the first East-West transcontinental road that ran from Times Square, NY to San Francisco, CA. The Jefferson Highway was the first North-South road that went from Winnipeg, Ontario to New Orleans, LA. Come on this lunch bunch to enjoy good food and see the historical gas station and motel. Order off the menu and then your resident account will be billed.

TIE DYE WITH MAGGIE

Friday, July 29th at 10:30 AM

Linden's Grass Area

We will provide the dyeing materials and will also have a variety of white items for you to dye including shirts, aprons and tote bags. You can bring your own white item (socks, scarfs, dish cloths) to make them colorful. All necessary supplies will be provided.

MOVIE MONDAYS

First Floor Living Room at 3:00 PM

July 11th—ENOLA HOLMES

While searching for her missing mother, intrepid teen Enola Holmes uses her sleuthing skills to outsmart her big brother Sherlock (Holmes) and help a runaway lord. (2020, Mystery, 2 hours 4 minutes, PG-13)

July 25th—FATHERHOOD

A widowed new dad copes with doubts, fears, heartache, and dirty diapers as he sets out to raise his daughter on his own. Inspired by a true story. (2021, Drama Based on Book, 1 hour 50 minutes, PG-13)

HEALTH CARE HAPPENINGS

Residents from Independent Living are welcome to come to these activities.
Please wear a mask while in the Health Care Center.

WELCOME

We extend our warmest welcome to John Dobson.

WORLD CHOCOLATE TASTING DAY

Thursday, July 7 at 2:30 PM
Activity Room

Sometimes referred to as International Chocolate Day, World Chocolate Day is celebrated every July 7th. On this day, people around the world enjoy various types of chocolate: milk chocolate candy, hot chocolate, brownies, and so forth. We will be tasting various chocolates from a local business, Chocolaterie Stam, in the activity room!



AMES CHAMBER OF COMMERCE PRESENTATION
Thursday, July 14 at 3:00 PM
Activity Room

Have you ever wondered what the local chamber of commerce does? A staff member will be coming to discuss the Ames chamber and what it all encompasses. Come to the activity room to learn about the chambers core values and functions!

BAKE KURABIKI BULGARIAN COOKIES

Monday, July 25 at 2:30 PM

Kurabiiki is a Bulgarian variety of the popular Middle Eastern cookies known as qurabiya. In Bulgaria, kurabiiki cookies consisting of butter, honey, egg yolks, sugar, and flour, are especially popular during the festive holiday season. We're baking these cookies today to serve at our travelogue presentation the next day. Of course if you come to the baking activity, you'll get to try them early!

TRAVELOGUE: BULGARIA

Tuesday, July 26 at 3:00 PM

This month we'll explore Bulgarian culture, history and popular places to visit. As well as an abundance of natural wonders and a large variety of unique flora and fauna, Bulgaria provides visitors with ancient architectural wonders, exciting nightlife, and traditional festivals. Enjoy a local favorite cookie, kurabiiki, which we will bake at our activity the day before.

CEDAR COURT



FIREWORKS TABLE DECORATIONS

Friday, July 1 at 4:00 PM

Come help make these cute fireworks to decorate our tables. We'll add them to vases and make our dining room tables look patriotic!

TABLETOP SHUFFLEBOARD

Friday, July 29 at 11:20 AM

Since 15th Century in England, people have been enjoying this classic game. Come try this tabletop version with Cheryl.

ISU & COMMUNITY / OFF-SITE EVENTS

The bus has been scheduled for the following events. *Please sign up early to reserve your seat on the bus!*
Tickets should be purchased on your own.

AQUA WALKING AT FURMAN AQUATIC CENTER

Tuesday, July 5 & Friday, July 22 at 10:45 AM



Aqua walking is a great form of resistance training which strengthens your entire body. This month we will walk at the Furman Aquatic Center. Walking is done in the lazy river. Walk at your own speed with or against the current. We will do 45

minutes of water walking. Green Hills will pay the fee for this experience. Try out this location and exercise!

BANDSHELL CONCERTS

Thursdays, July 7, 14, 21, 28 at 7:15 PM

Summer concerts continue at Durham Bandshell Park in Ames on Thursday nights. Bring your own chair and enjoy these outdoor concerts. The bus will be limited to 21 riders for space to reserve space for lawn chairs. Sign up in the bus book.

LUNCH BUNCH TO FLIP'N JACKS PANCAKE HOUSE & EATERY

Friday, July 15 at 11:00 AM

This new restaurant features a great food selection of breakfast and lunch entrees. From your typical breakfast menu to delicious crepes, sandwiches, burgers to refreshing salads...there is something for everyone. Order off the menu and pay individually.

BUTTERFLIES, BEES & BREWS

Friday, July 15 at 4:45 PM

Featured on this evening is a specially made craft brew, Borrachos Mexican Tacos and The Funny Onion Steamed Burger food trucks, music by Sandy Clark, hosted prairie walks, a silent auction and more! Join us for a fun evening fundraiser at Alluvial Brewing Company to celebrate Iowa pollinators and Prairie Rivers of Iowa!

CAMBRIDGE MODEL AIRPLANE FIELD

Saturday, July 16 at 2:00 PM

Have you ever seen a model airplane in flight? We will visit this field today and watch the informal, but exciting plane show. Bring your lawn chair. We will be outdoors so please dress accordingly. This activity is weather dependent, with a weather date on the following Saturday, July 23 at 2:00 PM if necessary.



Pictured on the right is Maggie's grandpa, Walter Burgin with his model air plane that he designed, built, and flew.

NEVADA PATH WALK & STARBUCKS DRIVE-IN

Wednesday, July 20 at 1:00 PM

Join Brett for this park walk in Nevada, then we will stop for ice cream at the popular, Starbucks Drive-in.

Walk on the path in Nevada that runs along Indian Creek or sit on a bench and enjoy the outdoors. Afterwards, we will stop for a treat at this icon of Nevada, Iowa. Starbucks is known for their jumbo beefburgers, homemade tenderloins and cheeseballs...but the real treat is their soft serve ice cream. The ice cream has some unique flavors, but they also have normal sundaes and ice cream cones. Order off the menu and pay individually.

DOUBLE DIPPED ICE CREAM

Tuesday, July 26 at 2:00 PM

"Every day should start with coffee and end with ice cream" is the motto of this ice cream shop located in Huxley. Double Dipped is locally owned and operated serving hand dipped ice cream classics and freshly roasted coffee from The Iowa Coffee Co. Sign up in the bus book and pay individually.



DINING OUT WITH KAT: THE OPEN FLAME

Tuesday, July 26 at 5:00 PM

The Open Flame restaurant in Gilbert is a family owned "grill your own" steakhouse and lounge specializing in steak, chicken and shrimp dinners. Don't want to grill your own? Don't worry, they will grill it for you. The menu also features a variety of burgers and sandwiches, plus a full service bar. Order off the menu and pay individually.

GROCERY SHOPPING TRIPS

1:30 PM

HyVee: Tuesday, July 5
Mondays, July 11, 18, 25

Fareway: Thursdays, July 7, 14, 21, 28

NOW SHOWING AT GREEN HILLS

FEATURED WEEKLY MOVIES

Rain Man

Friday, July 1 at 6:30 PM

After a selfish L.A. yuppie learns his estranged father left a fortune to an autistic-savant brother in Ohio that he didn't know existed, he absconds with his brother and sets out across the country, hoping to gain a larger inheritance. (1988, Drama, 2 hours 13 minutes, Rated R for language and some sexuality)

Kate & Leopold

Friday, July 8 at 6:30 PM

When her scientist ex-boyfriend discovers a portal to travel through time -- and brings back a 19th-century nobleman named Leopold to prove it -- a skeptical Kate reluctantly takes responsibility for showing Leopold the 21st century. (2001, Comedy / Romance, 1 hour 58 minutes, PG-13)

The Guernsey Literary & Potato Peel Pie Society

Monday, July 11 at 6:30 PM

In the aftermath of World War II, a writer forms an unexpected bond with the residents of Guernsey Island when she decides to write a book about their experiences during the war. (2018, Drama / Romance / War, 2 hour 4 minutes, TV -14)

Dog

Monday, July 18 at 6:30 PM

Two former Army Rangers are paired against their will on the road trip of a lifetime. Briggs (Channing Tatum) and Lulu (a Belgian Malinois) race down the Pacific Coast to get to a fellow soldier's funeral on time. (2022, Comedy / Drama, 1 hour 41 minutes, PG-13)

The World's Fastest Indian

Monday, July 25 at 6:30 PM

The story of New Zealander Burt Munro, who spent years rebuilding a 1920 Indian motorcycle, which helped him set the land speed world record at Utah's Bonneville Salt Flats in 1967. (2005, Biography / Sport / Drama, 2 hours 7 minutes, PG-13)

Moulin Rouge!

Friday, July 29 at 6:30 PM

A naive young poet (Ewan McGregor) falls in love with a cabaret star (Nicole Kidman), and their ill-fated romance serves as a convenient peg on which to hang a dazzling array of songs. The real star is director Baz Luhrmann, who came up with this infectious concoction that won two Oscars for art direction and costume design as well as six other nods. (2001, Musical- Drama, 2 hours 7 minutes, PG-13)

Volunteering Opportunities:

HOT AIR BALLOON EXPERIENCE

Tuesday, July 12th at 5:30 PM

We could use help taking residents from Health Care and Memory Care to see the hot air balloon and listen to the live music. Let us know if you plan to help. This is something that we will especially need help with.

HCC LUNCH BUNCH

Tuesday, July 19th - Red Lobster


Bus will depart from HCC entrance at 10:30 AM
If you would like to assist Cheryl and Maggie on this lunch outing with residents who live in the Health Care Center, please call x5022. We could utilize up to 2 volunteers for this outing. Order off the menu and your order will be billed to your account.



July 2022 Independent Committee & Club Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 <small>July cont'd</small>					1	2
		<p>Meetings are held in person. Pine Room- (PR) Arts & Crafts Room - (A&C) Sensory Garden - (SG) Main Dining Room - (MDR) Prairie Rose Dining Room - (PRDR)</p>				
3	4	5	6	7	8	9
		9:30 Sensory Garden Club (SG) 10:00 Cribbage Club (PRDR)	1:00 Bridge Club (MDR) 2:00 Book Club (PR)	9:50 Art Gallery Committee (PR) 11:00 Library Committee (PR)	3:00 Technology Committee (PR)	
10	11	12	13	14	15	16
	9:00 Advisory Council (PR) 1:00 Audit Committee (PR)	10:00 Cribbage Club (PRDR) 10:00 Green Team Committee (PR) 2:00 Special GHRA Board Meeting (PR)			1:00 Capital Planning (PR)	
17	18	19	20	21	22	23
	10:00 Yes2HealthyLife Committee (PR) 1:30 GHCC Board Meeting (PR)	9:30 Sensory Garden Club (SG) 10:00 Cribbage Club (PRDR) 2:00 Woodshop Committee (A&C)	9:00 Finance Committee (PR)	9:30 History Committee (PR)	3:00 Investment Committee (PR)	
24	25	26	27	28	29	30
	10:00 Friendship Committee (PR)	9:30 Grounds Committee (PR) 10:00 Cribbage Club (PRDR)	1:00 Bridge Club (MDR) 3:00 Technology Club (PR)	8:30 Board Meeting (PR)		

Green Hills Community July Calendar 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 July cont'd	4 Independence Day 3:00 Music with Motoko (CR)	5 9:30 SB / GH Chorus Practice (CR) 10:45 Bus - Aqua Walking at Furman Aquatic Center 1:30 Bus - Hy-Vee	6 10:30 Devotions (HCC) 1:00 Bistro Stitches (Pine Meeting Room) 2:00 Caregivers Support Group (PR) 5:00 GH Cafe (RSVP)	 7 10:00 Men's Coffee (MDR) 1:30 Bus - Fareway 3:00 Artist Reception with Heather Johnson (Lobby) 7:15 Bus - Ames Bandshell Concert	1 6:30 Movie - Rain Man	2 4:00 Happy Hour Social (Le Bistro)
10	11 9:30 Women's Coffee (MDR) 11:00 Disc Golf 1:30 Bus - Hy-Vee 6:30 Movie - The Guernsey Literary & Potato Peel Pie Society	12 9:30 Hearing Aid Clinic (Wellness Clinic) 10:30 The Green Birds Chorus Concert (CR) 5:30 - 7:30 PM Hot Air Balloon Experience	13 10:00 Continuing Education: Happy 175th Birthday Iowa (CR) 10:30 Devotions (HCC) 1:00 Bistro Stitches (Pine Meeting Room) 3:00 Meditation Exploration (MR)	14 9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 1:30 Bus - Fareway 7:15 Bus - Ames Bandshell Concert	15 11:00 Bus - Lunch Bunch to Flip'n Jacks Pancake House & Eatery 4:45 Bus - Butterflies, Bees & Brew	16 2:00 Bus - Cambridge Model Airplane Field 4:00 Happy Hour Social (Le Bistro)
17	18 1:30 Bus - Hy-Vee 6:30 Movie - Dog	19 9:30 SB / GH Chorus Practice (CR) 10:30 Pain Medication Presentation (GH Theatre) 2:30 Lee's Ballads from the 50s & 60s (CR)	20 10:30 Devotions (HCC) 1:00 Bistro Stitches (Pine Meeting Room) 1:00 Bus - Nevada Path Walk & Starbucks Drive-In 3:00 Meditation Exploration (MR)	21 9:30 Blood Pressure Clinic 10:00 Kaffee Klatsch (MDR) 1:30 Bus - Fareway 3:00 Trivia Time (PR) 7:15 Bus - Ames Bandshell Concert	22 10:45 Bus - Aqua Walking at Furman Aquatic Center 4:30 Club 2200 (CR) 5:30 Meal Basket (RSVP)	23 4:00 Happy Hour Social (Le Bistro)
24 3:00 Sunday Piano Bar (CR)	25 1:30 Bus - Hy-Vee 6:30 Movie - The World's Fastest Indian	26 9:30 SB / GH Chorus Practice (CR) 2:00 Bus - Double Dipped Ice Cream (Huxley) 5:00 Bus - Dining Out with Kat to the Open Flame	27 10:30 Devotions (HCC) 1:00 Bistro Stitches (Pine Meeting Room) 3:00 Meditation Exploration (MR) 5:00 GH Cafe (RSVP)	28 9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 1:30 Bus - Fareway 3:00 Mexican Train (MDR) 7:15 Bus - Ames Bandshell Concert	29 10:30 Sioux Falls Trip Tie Dye with Maggie (Lindens Patio Area) 6:30 Movie: Moulin Rouge!	30 4:00 Happy Hour Social (Le Bistro)



Lee Storlie & Life Enrichment Presents:

Ballads From The 50's & 60's

Tuesday, July 19th at 2:30 PM
Community Room

*Dancing is encouraged!
Refreshments will be provided.*



HOT AIR BALLOON

Experience

Join us for our Hot Air Balloon Experience on July 12th. Tim Cloyd, owner of Tecvision Balloon will be onsite with his hot air balloon to share his knowledge and experiences. In addition, enjoy the upbeat live music from Second Chair Brass, PepperJax Grill food truck, and drinks from the Green Hills Bar!

TUESDAY, JULY 12 | 5:30 - 7:30 PM

LOCATION Green Hills Main Entrance
*The green space on the corner of
Green Hills Drive & Hamilton Drive*

PARKING Gateway Hotel & Conference Center



Managed by Life Care Services*

If the wind is above 5mph or it is raining,
the event will be rescheduled to July 13.

You're invited to come

TIE DYE

with Maggie!

We are providing shirts, aprons, and tote bags for you to tie dye!
Bring any white item of your own if you want it colored!

Friday July 29th

at 10:30 AM

Lindens Grass Area

All needed supplies will be provided.

Weather
location in
case of rain:
Community
Room

