

# **NEWS AND ANNOUNCEMENTS**

## June 2021 **Events and Programs**

# CENTRAL IOWA MODEL A CLUB **DRIVE THROUGH**

Tuesday, June 1st at 2:00 PM

Sit outdoors to watch members of the Central lowa Model A Car Club drive through the Green Hills campus. These Model A Fords are



between the years of 1928—1931. Their route will begin by looping through the main Green Hills entrance and then going on Hamilton Drive starting with the townhomes in the 2400 block. The car club will loop through The Lindens Parking Lot area and also the Health Care Center circle drop off. The cars will "scoop the loop" twice. A big thanks to Clarence and Margaret Cory for helping arrange this event. If the weather doesn't cooperate, the rain date will be Wednesday, June 2nd.

## NEIGHBORHOOD MEETINGS

Please join Kat in the Community Room for neighborhood meetings. Below is a list of dates and times for the meetings. Rather than meetings being separated by areas of the community, the meetings will be open to all residents so please attend the meeting that is most convenient for you.

Tuesday, June 1 at 12:30-1:30 PM

Wednesday, June 2 at 1:30—2:30 PM

Thursday, June 3 at 12:30 — 1:30 PM

Monday, June 7 at 2:00 — 3:00 PM

Wednesday, June 9 at 2:00 — 3:00 PM

Please contact Jesse at jesses@greenhillsrc.com with meeting topic ideas.



Reminder to wear your name tag to events at Green Hills.

### **HAPPY BIRTHDAY!**

Beverly Madden-6/2 Arthur Klein—6/4 Donald Schmelzer-6/4 Paula Toms-6/4 Thomas Buchholtz—6/6 Robert Underhill—6/10 Sandra Engle—6/12 Wayne Fuller—6/15 Doris Brown-6/16 Margaret Goltermann-6/16

Joyce Nichol—6/16

Linda Peters—6/19 Rollie Jenison-6/20

Barbara Bruene-6/22

Katie Pattee-6/24

Jan Payer—6/26

Warren Madden-6/27

Ed Ethridge-6/30

### The Lindens

Pat Seaman-6/8

### **Health Care Center**

Esther Frandsen-6/19 Donna Henry—6/22

#### **Cedar Court**

Gretchen Woodin-6/29

### TABLE OF CONTENTS

Eventspage	2
Events & Clubpage	3
Dining & Marketingpage	
TransportationInsert	
MoviesInsert	

2205 Green Hills Drive Ames, IA 50014 | 515.357.5000 | GreenHillsRC.com

# **EVENTS AT GREEN HILLS**

JUNE 1 (TUES) 2:00 PM	CENTRAL IOWA MODEL A CLUB DRIVE THROUGH Sit outside by the curb for this drive through car show from the Central Iowa Model A Car Club. (Read the front page of the newsletter for more information.) Rain date will be Wednesday, June 2 at 2:00 PM.
JUNE 2, 9, 16, 23, 30 (WED) 1:00 PM	BISTRO STITCHERS & BED MAT MAKERS This group has expanded to include the plarn and bed mat makers. If you would like to convert plastic bags to plarn or learn how to make a bed mat, you can attend this informal gathering held in the Pine Room. This gathering is for everyone who does any type of hand craft, including but not limited to: needlework, crocheting, and knitting. Bring your project to work on while you visit with other residents. The last Wednesday of June the group will gather in Le Bistro.
JUNE 2, 9, 16, 23, 30 (WED) 3:00 PM	MEDITATION EXPLORATION All are welcome to attend sessions held on Wednesdays in the Meditation Room on the second floor of the Lindens. These sessions are led by Green Hills resident, Elizabeth Angelici. Please remember your mask when entering the Lindens.
JUNE 3, 10, 24 (THURS) 10:00 AM	MEN'S COFFEE Men's Coffee is held every Thursday, except the third, in the Main Dining Room. This informal social is a chance for the men at Green Hills to get together and talk. Coffee is provided and men sign up to bring cookies or a treat for everyone. Sign up in the front of the bus book if you are interested in bringing treats. If you do not bake, the Green Hills kitchen can also provide treats for you as a catering request. Contact the kitchen ahead of time with your order.
JUNE 3 (THURS) 3:00 PM	SING-ALONG WITH US Come to the Community Room for this sing-along with your friends and neighbors. No need to sign up, just come enjoy the music.
JUNE 4 (FRI) 9:00 —11:00 AM 12:30 —2:30 PM	GROUNDS DAY Rescheduled from May. There will be 2 different times slots: 9:00 am-11:00 am and 12:30 pm-2:30 pm. Please meet in the courtyard by the Lindens Parking Lot. You don't need to help for the full time period. All skill levels and mobility levels are welcome to help! All equipment will be provided. Please come help spread the mulch! Sign up through Brett or the receptionist.
JUNE 7 (MON) 9:30 AM	<b>WOMEN'S COFFEE</b> Women's Coffee is held the first Monday of the month in the Main Dining Room. All women are welcome to this informal social. Coffee will be provided.
JUNE 8 and 22 (TUES) 10:00 AM	COFFEE CLATTER Attend this informal social in the Main Dining Room. All residents are welcome.
JUNE 9 (WED) 10:00 AM	CONTINUING EDUCATION PROGRAM: RARE EARTH MATERIALS Dr. Iver Anderson will be the speaker for this continuing education topic. This is an opportunity to hear from one of lowa State's most valuable researchers and learn about the materials that make it possible to enjoy today's technology with limited impact on the planet. Dr. Anderson is known worldwide for his contributions to our daily life. This presentation will be in the GH Theatre.
JUNE 11 (FRI) 2:00 PM	PRAIRIE PARK SOCIAL Meet at the Prairie Park for an outdoor social with your Green Hills friends and neighbors. Ice cream drumsticks will be served.

# **EVENTS CONTINUED**

JUNE 17 (THURS) 10:00 AM	<b>KAFFEE KLATSCH</b> All residents are invited to this social event. This event is held in the Main Dining Room on the third Thursday of each month. New residents are welcomed and upcoming activities are discussed. Refreshments will be provided.
JUNE 25 (FRI) 4:30 PM	CLUB 2200 Join us for an afternoon get together. Alcoholic and non-alcoholic beverages, as well as snacks, will be served. Payable at Club 2200 is \$1.00 for a soft drink, and \$3.00 for beer, wine or mixed drinks. A refill is available at no additional cost. There is a 2 drink limit per person. The Green Hills Kitchen offers a "Grill Out" (which is an offering of food that varies each month) at 5:30 PM. Residents need to sign up for the Grill Out through the kitchen (x5040) and the fee will be billed to the resident's account. This event is held in the Community Room. Please wear you name tag.
JUNE 29 (TUES) 10:00 AM	US PROCESS PATENT IS GRANTED TO RALPH YODER Ralph has a process patent approved to make BIO-20, a bio active protein out of whey. He will explain his background in this area, and observations from using the product for aid in controlling infectious diseases. Ralph will answer questions about this subject. Watch this presentation in the Community Room.

## MONTHLY GREEN TUESDAY

Join the City of Ames and Ames Public Library for EcoChats, a series of virtual lectures focused on sustainability topics. The 2021 EcoChats will be held via Zoom at 7:00 PM the first Tuesday of each month.

June's EcoChat theme will be water. Tuesday, June 1st at 7:00 PM Via Zoom

For more information and the Zoom link, visit: <a href="https://www.amespubliclibrary.org/ecochats">https://www.amespubliclibrary.org/ecochats</a>

## **GREEN HILLS CLUB MEETINGS**

JUNE 1 (TUES) & JUNE 15 (TUES) 9:30 AM	SENSORY GARDEN CLUB Meet in the Sensory Garden to enjoy the ambiance and work on anything that needs tending to.
JUNE 9 (WED) 2:00 PM	BOOK CLUB Book club will meet in the Pine Meeting Room this month. Anne Almquist will lead the discussion of <i>The Line Becomes a River</i> , authored by Francisco Cantu. (Pine Meeting Room)
JUNE 17 (THURS) 2:00 PM	WINDOWS COMPUTER CLUB The Windows Computer Club's purpose is to exchange knowledge of the operating system and programs. (Pine Meeting Room)
JUNE 30 (WED) 1:30 PM	TECHNOLOGY CLUB Share your knowledge or get answers to your questions. All residents are encouraged to come. (Pine Meeting Room)

Club meetings are also listed on the Committee and Club Calendar.

### **DINING SERVICES**

### **CHEF'S BREAKFAST**

June 3, 10, 17, 24 8:00—10:00 AM

### **GREEN HILLS CAFÉ**

Wednesday, June 9 and June 30 5:00 PM

### **CLUB 2200 GRILL OUT**

Friday, June 25 5:30 PM

### LE BISTRO & LOUNGE HOURS

Monday through Friday 8:30 AM —2:00 PM Saturday — Closed Sunday 10:00 AM—1:00 PM

\*Residents can reserve time outside of Bistro hours for a specific event. Dining Services can cater for any event.

### FIRST NATIONAL BANK

Tuesdays & Thursdays 9:00 AM—11:00 AM

The First National Bank office is located in the hallway leading to the Community Room.

### RESIDENTIAL HEALTH SERVICES

### **Blood Pressure Clinic**

Thursdays, June 3, 10, 17, 24 9:30 AM Wellness Clinic

## **Ames Hearing Aid Clinic**

Tuesday, June 8 9:30 AM—11:00 AM Wellness Clinic: Call Kaylee for an appointment.

### **Podiatry Clinic**

Wednesday, June 9 9:00 AM — 5:00 PM Wellness Clinic: Call Kaylee for an appointment.



### IN MEMORY

Our heartfelt sympathy goes out to the family and friends of Richard Opperman and Ginny Everett.



## THANK YOU FOR YOUR DONATIONS!

The Green Team is grateful to all residents who contributed small electronics during the month of April. 100% of the proceeds from donations to the recycling program at Blank Park Zoo go to reforestation and conservation efforts in the Democratic Republic of Congo, including the Ituri Forest and the GRACE Gorilla Sanctuary. Thank you for your help in filling the box!!

Also thanks to all those who gave items to the pop-up donation day on May 1st. It was a very successful event and 3 car loads of donations were taken to Four Feathers. The donated items are benefiting the Pine Ridge Indian Reservation in South Dakota.

Dear Green Hills Recyclers:

Thank you so much for recycling your paper bags and sending them to the Bethesda Food Rantry. Using them helps us cut costs on ordering bags from Fareway and the Smaller bags with handles have been perfect for bredd, rolls, muffins, and buns. De greatly appreciate your efforts.

# **NOW SHOWING AT GREEN HILLS**

## FEATURED WEEKLY MOVIES

## They Shall Not Grow Old

Monday, June 7th at 7:00 PM Tuesday, June 8th at 2:00 PM Thursday, June 10th at 2:00 PM

Driven by a personal interest in the First World War, Jackson set out to bring to life the day-to-day experience of its soldiers. Using the voices of the men involved, the film explores the reality of war on the front line; their attitudes to the conflict; how they ate; slept and formed friendships, as well what their lives were like away from the trenches during their periods of downtime. (2018, R, Military Documentary, 1 hour 39 minutes)

## **Woman in Gold**

Monday, June 14th at 7:00 PM Tuesday, June 15th at 2:00 PM Thursday, June 17th at 2:00 PM

Six decades after World War II, Jewish octogenarian Maria Altmann begins a quest to reclaim the artwork confiscated from her family by the Nazis -- including a famed Gustav Klimt masterpiece. (2015, PG-13, Biography / Drama, 1 hour 49 minutes)

# South Pacific

Monday, June 21st at 7:00 PM Tuesday, June 22nd at 2:00 PM Thursday, June 24th at 2:00 PM

On a South Pacific island during World War II, love blooms between a young nurse and a secretive Frenchman who's being courted for a dangerous military mission. (1958, Musical Romance, 2 hours 37 minutes)

## **Midnight in Paris**

Monday, June 28th at 7:00 PM Tuesday, June 29th at 2:00 PM Thursday, July 1st at 2:00 PM

While on a trip to Paris with his fiancée's family, a nostalgic screenwriter finds himself mysteriously going back to the 1920s every day at midnight. In this charming romantic comedy, legendary director Woody Allen focuses his lens on an engaged young couple whose experiences traveling together in Paris make them begin to question the kind of life they want to live. (2011, PG-13, Comedy / Romance, 1 hour 34 minutes)

## JAMES BOND MOVIES

## You Only Live Twice Friday, June 4th at 7:00 PM

After American and Soviet spaceships disappear, the two countries trade blame for the incidents -- and as the nations edge toward war, James Bond is tasked with getting to the bottom of another international mystery.

(1967, PG, Action, 1 hour 57 minutes)

# On Her Majesty's Secret Service

Friday, June 11th at 7:00 PM

George Lazenby takes over the role of 007 as James Bond tracks archnemesis Ernst Blofeld to a Swiss mountaintop retreat, where he's brainwashing a bevy of beautiful women to do his bidding. Along the way, Bond falls for an Italian contessa.

(1969, PG, Action, 2 hours 22 minutes)

# Diamonds are Forever

Friday, June 18th at 7:00 PM

When he discovers that his archenemy is stockpiling the world's supply of diamonds for use in a deadly laser satellite, secret agent James Bond sets out to thwart the madman with help from beautiful smuggler Tiffany Case.

(1971, PG, Action, 2 hours)

## Live and Let Die Friday, June 25th at 7:00 PM

Roger Moore debuts as suave secret agent James Bond, who's sent to the United States to go after a master criminal scheming to take over the country by turning the populace into heroin junkies. Paul McCartney provides the Oscar-nominated title tune.

(1973, PG, Action, 2 hours 1 minutes)



## TRANSPORTATION AND BUS TRIPS

## BANDSHELL CONCERTS Thursdays, June 3, 10, 17, 24 Bus Departs Apartments: 7:15 PM

It's time to enjoy the summer concerts at Durham Bandshell Park in Ames on Thursday nights. Bring your own chair and enjoy these wonderful concerts. The bus will be limited to 21 riders for space for lawn chairs. Sign up in the bus book.

# **WALKS**

# AMES FITNESS CENTER Friday, June 4

**Bus Departs Apartments: 1:00 PM** 

Walk indoors around the track at the Ames Fitness Center. Walk at your own pace and rest if needed. Masks are required on the bus. Sign up in the bus book.

# MOORE MEMORIAL PARK Friday, June 25

**Bus Departs Apartments: 1:00 PM** 

You will need to wear a mask on the Green Hills bus, but masks are optional while you walk outdoors. Walk at your own pace or just sit and enjoy the scenery. Sign up in the bus book.

## LUNCH BUNCH TO B-BOP'S Tuesday, June 15 Bus Departs Apartments: 11:15 AM

Some people say B-Bop's has the best burgers in town! This is even in their Mission Statement: "To maintain the best burgers and fries in Central lowa as voted on by our customers." Come out for lunch, at the South Duff B-Bop's location. We will dine outside at their seating area.

B-Bop's serves a variety of burgers and other sandwiches such as a pork loin fritter, chicken sandwich, fish sandwich or sloppy joe. They also have chili, chili cheese fries and chicken nuggets.

Order and pay individually at a walk up window.

# SHOPPING TRIPS Bus Departs Apartments: 1:30 PM

**HyVee:** Tuesday, June 1 and

Mondays, June 7, 14, 21, 28



Fareway: Thursdays, June 3, 10, 17, 24

Sign up in the Bus Book at the reception desk to take the Green Hills Bus to the grocery store.

## SHOPPING AT HOME GOODS & FIVE BELOW Friday, June 18

Bus Departs Apartments: 1:30 PM

Home Goods and Five Below are newer stores to Ames. They are located near Staples, where Kmart used to be.

At Home Goods you will discover high quality hand crafted merchandise for every style and every room all at significant savings. Stop in to find something spectacular, at a price that is equally so. You will find an ever-changing selection of home décor and fashions from around the world.

Five Below is one of the fastest growing value retailers on the planet. This store offers products loved by tweens, teens, and families that are between \$1-\$5, plus some incredible finds that go beyond \$5.

Shopping will be done on your own and you can venture to any of the stores in this area. Just make sure you are back on the bus for the return trip home.

## BERRY PATCH FARM Tuesday, June 29 Bus Departs Apartments: 1:30 PM

This bus ride will take you outside of Nevada to the Berry Patch Farm where they grow strawberries, raspberries, vegetables, apples and more. Dean and Judy Henry realized their dream when they established the Berry Patch Farm in the early 1970s. They offer pick-your-own or ready picked fruits and berries in season.

# TRANSPORTATION BY REQUEST



For townhome, Oaks, and Maples residents a Green Hills van is available each Monday through Friday, during non-bus events, for rides to non-medical locations within the Ames city limits. Service hours will be 9:00 AM to 3:00 PM. \$6.00 per location (per person). A two-day notice is required. No fee for return to Green Hills.