

DISCOVER, EXPLORE AND MORE

**October 2021
Events and Programs**

**2021 WALK TO END ALZHEIMER'S
Saturday, October 16**

Bus leaves Green Hills: 8:30 AM

The Ames Alzheimer's Walk is scheduled for Saturday, October 16 at the CPMI Event Center. Green Hills Community will be participating in the Alzheimer's Association Walk to End Alzheimer's, the nation's largest event to raise awareness and funds to fight Alzheimer's Disease. Registration is from 8:00—9:00 AM, Ceremony at 9:00 AM and the walk begins at 9:30 AM. The walk is approximately 2 miles long.

Registration is easy; simply visit our Walk to End Alzheimer's participant page and join our team: Green Hills. For more information or to sign up, contact Tina, Green Hills' Social Services Coordinator, at x5020.

NEIGHBORHOOD MEETINGS

Look for a schedule insert located inside this newsletter for October Neighborhood Meetings with Kat held in the Green Hills Community Room. Please contact Jesse at x5010 or jesses@greenhillsrc.com with meeting topic ideas.

VETERANS DAY REQUESTS



In preparation for honoring our Veterans, we would like your name and a service picture so we can include you in our display.

Also we are looking for a few Veterans or spouses of Veterans to share a story, an experience, or why Veteran's Day is meaningful to you for the program.

**NAMES, PICTURES, AND BACKGROUND
INFORMATION WANTED**

We will distribute more information to your in-house mailboxes. Keep an eye out for a blue handout to fill out. Please contact Stacie or Maggie in the Life Enrichment Department if you have specific questions.

HAPPY BIRTHDAY!

- Milan Randic—10/1
- Jerry Smith—10/1
- Shirley Riney—10/3
- Sonya Colvin—10/5
- Suzy Shierholz—10/5
- Frances Henry—10/10
- Art Tebbutt—10/10
- Mark Blaedel—10/12
- Bud Everett—10/12
- Mirjana Randic—10/12
- Ann Rudi—10/12
- Esther Willham—10/13
- Frank Clark—10/16
- Frankee Oleson—10/17
- Shala Ludley—10/18
- Kelly Tobin—10/23
- Jan Essig—10/25
- Thomas Rogge—10/29
- Donna Cooper—10/31
- Carol Deppe—10/31

The Lindens

- Paul DeJong—10/23
- Herb Best—10/30

Health Care Center

- Sandra Roys—10/4
- Marion McNicholl—10/8
- Jean Lem—10/12
- Marsha Holmes—10/17

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Follow us:



DINING SERVICES

CHEF'S BREAKFAST

Thursdays, October 7, 14, 21, 28
8:00—10:00 AM

GREEN HILLS CAFÉ

Wednesdays, October 13 and October 27
5:00 PM

HAPPY HOUR

Saturday, October 16
4:00—6:00 PM

CLUB 2200 MEAL BASKET

Friday, October 22
5:30 PM

LE BISTRO & LOUNGE HOURS

Monday through Friday 8:30 AM—2:00 PM
Saturday Closed
Sunday 10:00 AM—1:00 PM

*Residents can reserve time outside of Bistro hours for a specific event. Dining Services can cater for any event.

RESIDENTIAL HEALTH SERVICES

Blood Pressure Clinics

Thursdays, October 14, 28
Wednesdays, October 20
9:30 AM
Wellness Clinic

Ames Hearing Aid Clinic

Tuesday, October 12
9:30 AM
Wellness Clinic: Call Kaylee for an appointment.

FIRST NATIONAL BANK

Tuesdays & Thursdays
9:00 AM — 11:00 AM

The First National Bank office is located in the hallway leading to the Community Room.

IN MEMORY



Our heartfelt sympathy goes out to the family and friends of Joan Herwig, Kathryn Burkholder and Frieda Lehman.



Marketing Minute
GREEN HILLS

Good friends make great neighbors!

October Open Houses:
The Maples 1204 - October 6
2424 Hamilton Dr. - October 20

You are our number one referral source!

ACTIVE AGING WEEK October 4—October 10, 2021

Initiated in 2003 by the International Council on Active Aging (ICAA), the week long campaign calls attention to and wholeheartedly celebrates the positivity of aging today. Active Aging Week challenges society's diminished expectations of aging by showing that, regardless of age or health conditions, adults over 50 can live as fully as possible in all areas of life—physical, social, spiritual, emotional, intellectual, vocational, environmental, and health services.

Activities include:

Monday, October 4th Bocce Ball Tournament at 1:00pm outside the Lindens

Tuesday, October 5th Bus Trip to Center Grove Orchard at 1:30 PM

Wednesday, October 6th Healthiest State Walk at 11:00 AM meet in the Main Lobby

Thursday, October 7th Cooking for One presentation with Courtney B., Director of Food and Nutrition at 1:00. Bring recipes and ideas to share.

Friday, October 8th Escape Room Game at 1:00 in the Main Dining Room. Test your knowledge to play an Escape Room board game.

GREEN HILLS ON-SITE SPECIAL EVENTS

MUSIC WITH JAMES KELLERMAN

Monday, October 4

3:45 PM

Community Room

Don't miss multi instrumentalist (saxophone, clarinet, flute and vocals) James Kellerman's program this afternoon. With over 35 years of performing experience, James creates a lively and fun show that has drawn rave reviews from across the United States. Expect to hear a variety of music including big band era selections, original compositions and beautiful classical melodies. As a one-man band, James creates the background recordings himself, collaborating with the Twin Cities top classical and jazz players. An active performer, composer and arranger, James has performed extensively coast to coast totaling over 6,000 concerts in the last 18 years.

ARTIST RECEPTION WITH STEWART BUCK

Wednesday, October 6

10:00 AM

GH Theatre

Stewart Buck's art and photography have won countless awards in exhibitions throughout the Midwest. His artwork has been selected for book covers, calendars, brochures, greeting cards, and magazines. Buck is a charter member of the American Society of Railway Artists. Gather in the GH Theatre to view a presentation about Buck's artwork and meet the artist himself. Refreshments will be provided.

SHERRY LUXTON CLASSICAL PIANO

Saturday, October 16

2:00 PM

Community Room

The talented Sherry Luxton is returning to Green Hills to perform a great classical piano concert. This concert will feature music from the Norwegian composer and pianist, Edvard Grieg. Grieg is considered one of the main Romantic era composers, and his music is part of the standard classical repertoire worldwide. Refreshments will be provided.

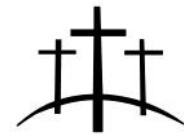
Coming in October... Green Hills' Semi-Annual Recycle Day

More information will be announced,
as details are determined.

We would be especially interested in winter clothing and items such as small toothpaste, new toothbrushes, mini shampoo, washcloths and hand towels in order to compile a homeless kit. Donations to benefit Four Feathers.

OCTOBER DEVOTION SERVICES Wednesdays at 10:30 AM HCC Activity Room

- 6- Hymn Sing
- 13- Northminster Presbyterian
Pastor Jim DuBois
- 20- Christ Community
Pastor Kip Hamby
- 27- Communion:
First United Methodist
Reverend Dr. Kirkpatrick



*A special thank you
to our pastors and pianists
who volunteer weekly to provide
this special service.*

LE BISTRO BANTER WITH TAYLOR F. & ZACH H.

Tuesday, October 19

1:30 PM

Taylor started as a Resident Aide in assisted living, worked as a CNA in the health care center and is now the Environmental Services Supervisor. Zach began at Green Hills as a part-time evening and weekend receptionist and now is the HR Generalist. Be sure to come to Le Bistro to meet these two staff members and learn more about them!



COMMUNITY WIDE EVENTS AT GREEN HILLS

<p>OCT 4 (MON) 9:30 AM</p>	<p>WOMEN'S COFFEE All women are welcome to this informal social. Coffee will be provided in the Main Dining Room.</p>
<p>OCT 4 (MON) 1:00 PM</p>	<p>TOM TUDOR PRESENTATION The DAR group is inviting all residents to listen to this presentation in the Main Dining Room. Tom Tudor will speak about the history of Arlington National Cemetery and the Tomb of the Unknown Soldier. Mr. Tudor served as a sentinel, then relief commander, at Arlington's Tomb of the Unknown Soldier from February 1969 to Memorial Day of 1970.</p>
<p>OCT 6, 13, 20, 27 (WED) 1:00 PM</p>	<p>BISTRO STITCHERS & BED MAT MAKERS This gathering is for those who do any type of hand craft, including but not limited to needlework, crocheting, and knitting. If you would like to convert plastic bags to plarn or learn how to make a bed mat, you can attend this gathering typically held in the Pine Room. Bring your project while you visit with others residents. <u>The last Wednesday of the month the group will gather in Le Bistro.</u></p>
<p>OCT 6, 13, 20, 27 (WED) 3:00 PM</p>	<p>MEDITATION EXPLORATION All are welcome to attend sessions held Wednesdays in the Meditation Room on the second floor of the Lindens. Please remember your mask when entering the Lindens.</p>
<p>OCT 7, 14, 28 (THURS) 10:00 AM</p>	<p>MEN'S COFFEE Meet in the Main Dining Room for this men's social group. Coffee is provided and men sign up to bring cookies or a treat for everyone in the bus book.</p>
<p>OCT 7 (THURS) 3:00 PM</p>	<p>SING-ALONG WITH US Join us in the Community Room for this sing-along with your friends and neighbors. Volunteers are needed to escort residents (or push wheelchairs) back to the Health Care Center or Cedar Court Memory Care after the program.</p>
<p>OCT 10 (SUN) OCT 17 (SUN) 3:00 PM</p>	<p>MOTOKO'S PIANO BAR Come to the Community Room to listen to Motoko play the piano. She welcomes anybody to dance to her piano music and she is willing to take song requests. Bring your own beverages and snacks to this informal social.</p>
<p>OCT 13 (WED) 10:00 AM</p>	<p>THE ISU INNOVATION CENTER is the topic of this month's Continuing Education program presented by Dr. James Oliver. This presentation will be held in the GH Theatre.</p>
<p>OCT 16 (SAT) 4:00 PM—6:00 PM</p>	<p>HAPPY HOUR SOCIAL Meet your friends and neighbors in the Main Dining Room for an informal gathering. Green Hills Dining Services has a variety of alcoholic and non-alcoholic drinks for purchase. Snacks are provided.</p>
<p>OCT 19 (TUES) 1:30 PM</p>	<p>LE BISTRO BANTER WITH TAYLOR & ZACH Get to know Taylor F., Environmental Services Supervisor and Zach H., HR Generalist at this informal social held in Le Bistro.</p>
<p>OCT 21 (THURS) 10:00 AM</p>	<p>KAFFEE KLATSCH All residents are invited to this social event held in the Main Dining Room. Refreshments will be provided.</p>
<p>OCT 22 (FRI) 4:30 PM</p>	<p>CLUB 2200 Alcoholic and non-alcoholic beverages, as well as snacks, will be provided. Sign up at the reception desk for the Meal Basket at 5:30 PM.</p>
<p>OCT 30 (SAT) 2:00 PM</p>	<p>PAM SIBBEL STUDENTS FALL RECITAL All are invited to listen as the students of Pam Sibbel play the piano and guitar at their Fall Recital held in the Community Room.</p>

CLUBS AND SUPPORT GROUPS

CLUB MEETINGS:

OCT 5 & 19 (TUES) 9:30 AM	SENSORY GARDEN CLUB As the weather allows, we will meet in the garden to prepare the beds for the cooler temperatures.
OCT 13 (WED) OCT 27 (WED) 1:00 PM	BRIDGE CLUB This newly formed bridge club will play on the second and fourth Wednesday of each month in the Main Dining Room. Open to any resident. If you have questions please contact Jan Clark (x5217), Shala Ludley (x5250) or Paula Toms (x5141).
OCT 13 (WED) 2:00 PM	BOOK CLUB Come to this meeting and help decide which books to read for the upcoming year. New residents are welcome to join this book club which meets the second Wednesday of each month. (Pine Meeting Room)
OCT 21 (THURS) 2:00 PM	WINDOWS COMPUTER CLUB The Windows Computer Club's purpose is to exchange knowledge of the operating system and programs. (Pine Meeting Room)
OCT 27 (WED) 1:30 PM	TECHNOLOGY CLUB Share your knowledge or get answers to your questions. All residents are encouraged to come. (Pine Meeting Room)

RECYCLING AT GREEN HILLS

This is a reminder for some of the items Green Hills recycles.

CORKS

In the coat closet across from the Community Room, you will find a jar to put corks from wine bottles into for the recycling project by Jax.

PLASTIC GROCERY BAGS

There are two containers to put plastic grocery bags. Please only leave your plastic bags if there is room in the containers. **Please do not pile plastic bags outside the plastic bag containers.**

PAPER BAGS

Located in the coat closet by the Community Room, you will find a bin for paper bags. The brown bags are donated to the Bethesda food pantry.

NEWSPAPERS

In the first floor trash room of the Maples, you can bring newspapers, plus waste paper, paperback books and shredded paper. The Ames Golden K Kiwanis Club coordinates the collection trailer.

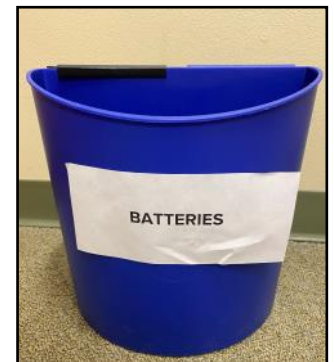
BATTERIES

Both alkaline and acid batteries, plus hearing aid batteries can be brought to the reception desk to be disposed of in a safe manner.



Pictured above: Recycling opportunities in the coat closet across from the Community Room.

Pictured below: Newspaper bin located in the Maples Trash Room and battery bin at the reception desk.



THE LINDEN LETTER

WELCOME TO THE LINDENS!

We extend our warmest welcome to Coleen Nutty and Nancy Martin who recently moved into the Lindens neighborhood.

TENANT MEETING

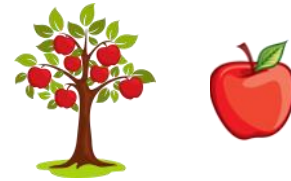
Wednesday, October 6 at 2:00 PM

This monthly meeting is open to all Assisted Living Residents. This meeting is held on the first floor and is led by Lauren Pearson, Assisted Living Supervisor. Come hear about what's going on in the Lindens.

BUS TRIP TO CENTER GROVE ORCHARD

Wednesday, October 20 at 1:30 PM

This beautiful orchard sits on a 20-acre farm in Cambridge. Come along for a scenic fall hayrack ride and a tasty apple treat! While riding on the hayrack ride you will see the orchard, the sunflower meadow, and a variety of animals! A tour guide will hop on the trailer and give us a personalized tour with lots of background history about the family orchard.



MOVIE MONDAYS

First Floor Living Room at 3:00 PM

October 4th—Back to the Future

In this 1980s sci-fi classic, small-town California teen Marty McFly is thrown back into the '50s when an experiment by his eccentric scientist friend, Doc Brown, goes awry. Traveling through time in a modified DeLorean car, Marty encounters young versions of his parents and must make sure that they fall in love or he'll cease to exist. Even more dauntingly, Marty has to return to his own time and save the life of Doc Brown. *(PG, 1985, Comedy/Sci-Fi, 1 hour 56 minutes)*

October 11th—Cruella

Explore the rebellious early days of one of cinema's most notorious—and notoriously fashionable—villains, Cruella de Vil. Set in 1970s London amidst the punk rock revolution, the movie follows a young grifter named Estella and reveals the series of events that cause her to embrace her wicked side and become the raucous and revenge-bent Cruella. *(PG-13, 2021, Drama/Crime, 2 hours 6 minutes)*

October 18th—Hocus Pocus

Conjured up by some unsuspecting pranksters, a tricky trio of 300-year-old witches set out to cast a spell on the town and reclaim their youth. But first, they must get their act together and outwit three kids and a talking cat. *(PG, 1993, Family, 1 hour 36 minutes)*

October 25th – Little Shop of Horrors

Meek flower shop assistant Seymour pines for co-worker Audrey. During a total eclipse, he discovers an unusual plant that feeds only on human flesh and blood. The growing plant attracts a great deal of business for the previously struggling store. However, he must find a way to come up with bodies for the increasingly bloodthirsty plant. *(PG-13, 1986, Musical/Horror, 1 hour 28 minutes)*

HEALTH CARE HAPPENINGS

Residents from Independent Living are welcome to come to these activities.
Please wear a mask while in the Health Care Center.

WELCOME

We extend our warmest welcome to
Loraine Safely, Beth Cheville and
Jean Humphrey.

OKTOBERFEST SOCIAL

Friday, October 1 at 2:30 PM

Oktoberfest is one of the world's largest beer and funfair festivals with traditional German foods and drinks that all started from a wedding celebration. It is traditionally held for 16 days in Munich, Germany. We will be celebrating the holiday with German foods, drinks, conversations, and some trivia.

BUS TRIP TO CENTER GROVE ORCHARD

Wednesday, October 13 at 2:00 PM

This orchard has been open to the public since 1994 and is owned by the Black family in Cambridge, Iowa. They planted their first apple trees in 1986 and now have more than 20 acres with 6,000 apple trees of many varieties.

We will go on a hayrack ride and see the orchard, the sunflower meadow, and a variety of animals! A tour guide will hop on the trailer and give us a personalized tour with lots of background history about the family orchard. We are able to accommodate residents who utilize wheelchairs on this trip.

Family members who wish to come are invited to join us.

ISU MEAT LAB PRESENTATION

Friday, October 22 at 3:00 PM

Have you ever heard of the ISU Meat Laboratory? What do you think this department does for ISU? A meat lab representative is coming to the Health Care Center to give an educational presentation on the department and the many components such as curriculum and processing techniques. Join us for an educational opportunity and the chance to "MEAT" the staff.

WINE TASTING

Thursday, October 21st at 2:30 PM

There is red, white, and pink, plus it also comes in dry, semi-sweet, rose, and sweet. Do you like wine? Today, we will try a variety of Iowa wine from dry to sweet and decide which we enjoy the most. Cheese and crackers will also be provided at this gathering.

CEDAR COURT

BUS TRIP TO CENTER GROVE ORCHARD

Wednesday, October 20th at 1:30 PM

Cedar Court residents will join the Assisted Living crew on a trip to this orchard. Family is welcome to attend with their loved one.

FRESH AIR FITNESS

Fridays at 11:15 AM

Did you know that sunshine can naturally increase serotonin production in your body? This is the hormone that affects your mood. While the weather is still nice and autumn is in the air, we will do our morning exercises in the garden.

PIANO MUSIC BY PAT LYDON

Monday, October 18th at 4:00 PM

Pat is a Green Hills favorite when it comes to music! He is sure to provide us with upbeat, well known music that you will want to sing along to. Be sure to come out to the living room area to take part in this interactive music program.

ISU & COMMUNITY / OFF-SITE EVENTS

The bus has been scheduled for the following events. Please sign up early to reserve your seat on the bus! Tickets should be purchased on your own. The time listed is the time the bus leaves Green Hills.

Friday, October 1	5:15 PM	Order of the Knoll (by invitation only)	Lied Rec Center
Friday, October 1	6:00 PM	Wild & Scenic Film Festival	Ames City Auditorium
Saturday, October 2	4:00 PM	First Point Tailgate	Stadium Parking Lot
Saturday, October 2	5:00 PM	ISU Football vs Kansas	Jack Trice Stadium
Sunday, October 3	1:30 PM	Lake Wobegon Brass Band	Ames City Auditorium
Sunday, October 3	6:45 PM	Three Dog Night	CY Stephens
Wednesday, October 6	6:45 PM	Jazz Night: Old School	Martha Ellen Tye Hall
Friday, October 8	7:15 PM	The Fab Four	CY Stephens
Saturday, October 9	6:45 PM	Central Iowa Symphony	Ames City Auditorium
Friday, October 15	7:15 PM	Whose Live Anyway?	CY Stephens
Saturday, October 16	8:30 AM	Alzheimer's Walk	CPMI Event Center
Sunday, October 17	6:15 PM	Ballet Hispanico	CY Stephens
Thursday, October 21	5:45 PM	ISU Volleyball vs Texas	Hilton Coliseum
Friday, October 22	6:15 PM	ISU Volleyball vs Texas	Hilton Coliseum
Saturday, October 23	TBA	ISU Football vs Oklahoma State	Jack Trice Stadium
Wednesday, October 27	6:45 PM	Cantamus Women	Marth Ellen Tye Hall
Saturday, October 30	12:15 PM	ISU Volleyball vs West Virginia	Hilton Coliseum
Saturday, October 30	6:45 PM	ISU Symphony Orchestra	Martha Ellen Tye Hall
Sunday, October 31	12:15 PM	ISU Volleyball vs West Virginia	Hilton Coliseum

SHOPPING TRIPS 1:30 PM

HyVee: Mondays, October 4, 11, 18, 25

Fareway: Thursdays, October 7, 14, 21, 28

TRANSPORTATION BY REQUEST

For townhome, Oaks and Maples residents, a Green Hills van is available each Monday through Friday, during non-bus events for rides to non-medical locations within the Ames city limits. Service hours will be 9:00 AM to 3:00 PM. \$6.00 per location (per person). A two-day notice is required. No fee for return to Green Hills.

REMEMBER: Sign up for bus events as soon as possible. Minimum requirements for in town events are 7 residents and out of town are 14 residents. Please sign up guests in the "guest" column. **Special bus events are highlighted on the insert.**

SPECIAL BUS EVENTS—SIGN UP NOW!



CENTER GROVE ORCHARD

Tuesday, October 5

1:30 PM

Come take a hayrack ride tour of Center Grove Orchard located outside of Cambridge. After the tour, you will have time to shop in the store and enjoy a homemade treat. The tour price of \$13.00 will be billed to you account.



SAINTS AVENUE CAFÉ & IOWA NATIONAL GUARD TOUR

Friday, October 15 at 10:45 AM



We are excited to offer a special invitation to tour the Iowa National Guard – 248th Aviation Support Battalion in Boone. We will tour the facility, which is home to a flight and maintenance company. The soldiers who work here are comprised of aircraft mechanics, test pilots, and logistical support personnel. They all work together to support several Blackhawk helicopters used for military operations as needed.



We will leave Green Hills at 10:45 AM and stop for lunch at Saints Avenue Café in Boone before arriving at the Iowa National Guard. Saints Avenue Café offers the best comfort food buffet with a wide variety of hot and cold food choices. Buffet price of \$13.30 will be billed to your account.

THE LUCKY PIG PUB & GRILL

Tuesday, October 26

10:30 AM

Popular among families and business people, this restaurant really has made a name for itself since it first opened in Ogden in 2011. They have a variety of baskets and sandwiches including their award-winning pork tenderloin sandwich. Order off the menu and pay individually.



NOW SHOWING AT GREEN HILLS

FEATURED WEEKLY MOVIES

Nomadland

Monday, October 4th at 7:00 PM

Tuesday, October 5th at 2:00 PM

Thursday, October 7th at 2:00 PM

Following the closure of a gypsum mine in the rural Nevada town she calls home, Fern packs her van and sets off on the road. She explores life outside conventional society as a modern-day nomad. Along the way in this story of hope, she meets other nomads who become mentors in her life amidst the vast, sometimes breathtaking landscape of the American West. (2020, Drama, 1 hour 48 minutes, R rated for violence, full nudity, and alcohol/drug use)

Grease

Monday, October 11th at 7:00 PM

Tuesday, October 12th at 2:00 PM

Thursday, October 14th at 2:00 PM

John Travolta and Olivia Newton-John star in this hit musical comedy that chronicles the romantic entanglements of a group of high school seniors, starting with a summer fling between greaser Danny and good girl Sandy. (1978, Musical, 1 hour 50 minutes, PG)

The Marksman

Monday, October 18th at 7:00 PM

Tuesday, October 19th at 2:00 PM

Thursday, October 21st at 2:00 PM

Jim is a former Marine who lives a solitary life as a rancher along the Arizona-Mexican border. His peaceful existence soon comes crashing down when he tries to protect a boy on the run from members of a vicious cartel. (2021, Thriller, 1 hour 48 minutes, PG-13)

About Time

Monday, October 25th at 7:00 PM

Tuesday, October 26th at 2:00 PM

Thursday, October 28th at 2:00 PM

When Tim learns that the men in his family can travel in time and change their own lives, he decides to go back and win the woman of his dreams. (2013, Romantic Comedy, 2 hours, R rated for language and sexual content)

TOM HANKS MOVIES

Turner & Hooch

Friday, October 1st at 7:00 PM

A detective must adopt a rambunctious dog in order to help him find a killer. (1989, Comedy, 1 hour 39 minutes, PG)

A League of Their Own

Friday, October 8th at 7:00 PM

Two small-town sisters join an all-female baseball league formed when WWII brings professional baseball to a standstill. As their team hits the road with its drunken coach, the siblings find troubles and triumphs on and off the field. (1992, Sports Comedy, 2 hours 8 minutes, PG)

The Terminal

Friday, October 15th at 7:00 PM

After a coup d'état explodes in his homeland, Viktor Navorski is stranded at Kennedy Airport, where he's holding a passport that nobody recognizes. While quarantined in the transit lounge, Viktor simply goes on living. (2004, Romantic Comedy, 2 hours 8 minutes, PG-13)

Apollo 13

Friday, October 22nd at 7:00 PM

Technical troubles scuttle the Apollo 13 lunar mission in 1971, risking the lives of astronaut Jim Lovell and his crew in director Ron Howard's chronicle of this true-life story, which turns a failed journey into a thrilling saga of heroism. (1995, Drama, 2 hours 20 minutes, PG)

Sleepless in Seattle

Friday, October 29th at 7:00 PM

Fate and a tenacious 8-year-old boy conspire to unite lovelorn widower Sam Baldwin and unhappily engaged journalist Annie Reed in this Oscar-nominated movie inspired by the 1957 classic "An Affair to Remember". (1993, Romantic Comedy, 1 hour 45 minutes, PG)

Neighborhood Meetings

Please join Kat in the **Community Room** for neighborhood meetings.



Below is a list of dates and times for the meetings. The meetings will be open to all residents so please attend the meeting that is most convenient for you.

Wednesday, October 13

2:00–3:00 PM

Friday, October 15

1:00–2:00 PM

Wednesday, October 20

3:30–4:30 PM

Thursday, October 21

3:00–4:00 PM

Friday, October 22

1:00–2:00 PM


Please contact Jesse at jesses@greenhillsrc.com with meeting topic ideas.

October 2021
Independent Committee & Club Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31					1	2
		Meetings are held in person. Pine Room- (PR), Sensory Garden- (SG) Hickory Room- (HR), Arts & Craft Room- (A&C)				
3	4 11:00 Continuing Education Committee (PR)	5 9:30 Sensory Garden Club (SG)	6	7	8 1:00 Capital Planning (PR) 3:00 Technology Committee (PR)	9
10	11 9:00 Advisory Council (PR)	12	13 1:00 Bridge Club (MDR) 2:00 Book Club (PR)	14 9:50 Art Gallery Committee (PR) 11:00 Library Committee (PR)	15	16
17	18 10:00 Dining Services Committee (PR) 1:30 Continuous Quality Improvement (PR)	19 9:30 Sensory Garden Club (SG) 2:00 Woodshop Committee (A&C)	20 9:00 Finance Committee (PR)	21 10:30 Memorial Committee (HR) 2:00 Windows Computer Club (PR)	22 3:00 Investment Committee (PR)	23
24	25 10:00 Friendship Committee (PR)	26 9:30 Grounds Committee (PR)	27 1:00 Bridge Club (MDR) 1:30 Technology Club (PR)	28 8:30 Board Meeting (PR)	29	30

Continued at top

Green Hills Community October Calendar 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 10:00 - 1:00 PM Le Bistro Open Bus - ISU Volleyball vs West Virginia	4 9:30 Women's Coffee (MDR) 1:00 Bocce Ball Tournament 1:00 Tom Tudor Presentation (MDR) 1:30 Bus - Hy-Vee 3:45 Music with James Kellerman (CR) 7:00 Movie - Nomadland	5 1:30 Bus - Center Grove Orchard 2:00 Movie - Nomadland	 6 10:00 Artist Reception with Stewart Buck (Theatre) 10:30 Devotion Services (HCC) Healthiest State Walk 1:00 Bistro Stitches (Pine Meeting Room) 3:00 Meditation Exploration (MR) 6:45 Bus - Jazz Night: Old School	7 8:00 Chef's Breakfast 10:00 Men's Coffee (MDR) 1:00 Cooking with Courtney 1:30 Bus - Fareway 2:00 Movie - Nomadland 3:00 Sing-along with Us (CR)	8 1:30 Escape Room Game Tom Hanks Movies - A League of Their Own 7:15 Bus - The Fab Four	9 6:45 Bus - Central Iowa Symphony
10 10:00 - 1:00 PM Le Bistro Open Motoko's Piano Bar (CR)	11 1:30 Bus - Hy-Vee 7:00 Movie - Grease	12 9:30 Hearing Aid Clinic (Wellness Clinic) 2:00 Movie - Grease	13 10:00 Continuing Education: ISU Innovation Center (GH Theatre) 10:30 Devotion Services (HCC) 1:00 Bistro Stitches (Pine Meeting Room) 3:00 Meditation Exploration (MR) 5:00 GH Cafe (RSVP)	14 8:00 Chef's Breakfast 9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 1:30 Bus - Fareway 2:00 Movie - Grease	15 10:45 Bus - Lunch & Iowa National Guard Tour 7:00 Tom Hanks Movies - The Terminal 7:15 Bus - Whose Live Anyway?	16 8:30 Bus - Alzheimer's Walk 2:00 Sherry Luxton Classical Piano (CR) 4:00 Happy Hour Social (MDR)
17 10:00 - 1:00 PM Le Bistro Open Motoko's Piano Bar (CR) 6:15 Bus - Ballet Hispanico	18 1:30 Bus - Hy-Vee 7:00 Movie - The Marksman	19 1:30 Le Bistro Banter - Taylor & Zach 2:00 Movie - The Marksman	20 9:30 Blood Pressure Clinic Devotion Services (HCC) 1:00 Bistro Stitches (Pine Meeting Room) 3:00 Meditation Exploration (MR)	21 8:00 Chef's Breakfast 10:00 Kaffee Klatsch (MDR) 1:30 Bus - Fareway 2:00 Movie - The Marksman 5:45 Bus - ISU Volleyball vs Texas	22 4:30 Club 2200 (CR) 5:30 Meal Basket (RSVP) 6:15 Bus - ISU Volleyball vs Texas 7:00 Tom Hanks Movies - Apollo 13	23 TBA Bus - ISU Football vs Oklahoma State
24 10:00 - 1:00 PM Le Bistro Open	25 1:30 Bus - Hy-Vee 7:00 Movie - About Time	26 10:30 Bus - Lunch to The Lucky Pig 2:00 Movie - About Time	27 10:30 Devotion Services (HCC) 1:00 Bistro Stitches (Le Bistro) 3:00 Meditation Exploration (MR) 5:00 GH Cafe (RSVP) 6:45 Bus - Cantamus Women	28 8:00 Chef's Breakfast 9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 1:30 Bus - Fareway 2:00 Movie - About Time	29 7:00 Tom Hanks Movies - Sleepless in Seattle	30 12:15 Bus - ISU Volleyball vs West Virginia 2:00 Pam Sibbel Fall Recital (CR) 6:45 Bus - ISU Symphony Orchestra

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