

# DISCOVER, EXPLORE AND MORE

October 2022

## WELCOME ARISSA M., EXECUTIVE ASSISTANT

Arissa started working at Green Hills two years ago as a housekeeper, then started working as a CNA in the Health Care Center. She graduated from Iowa State University with a Bachelors degree in Kinesiology and Health with a focus in Community and Public Health. She plans to get her Master of Health Care Administration degree in the near future! Arissa will be providing administrative support to the Executive Director, Administrator, Board of Directors, and Resident Committees!

## NEIGHBORHOOD MEETINGS

Join Kat in the Community Room for neighborhood meetings this month.

- Monday, October 3 from 1:00 – 2:00 PM
- Wednesday, October 5 from 10:00 – 11:00 AM
- Thursday, October 6 from 11:00 AM – 12:00 PM
- Monday, October 10 from 1:30 – 2:30 PM
- Thursday, October 13 from 2:00 – 3:00 PM

Please email [ED@greenhillsrc.com](mailto:ED@greenhillsrc.com) with meeting topic ideas.



## VETERANS DAY REQUESTS

**Attention Veterans!** In preparation for honoring our Veterans, we would like your name and a service picture so we can include you in our display. **If you submitted one last year, we can use that one or if you have a different one, feel free to share that.**

Again, we are looking for a few Veterans or spouses of Veterans to share a story, an experience, or why Veteran’s Day is meaningful to you for the program.

Save the date, Friday, November 11th for a special day to honor our veterans! Please contact Cheryl x5006 or Brett x5044 in the Life Enrichment Department if you have specific questions or requests.

## HAPPY BIRTHDAY!

- John Feyerer— 10/1
- Milan Randic—10/1
- Jerry Smith—10/1
- Shirley Riney—10/3
- Sonya Colvin—10/5
- Suzan Shierholz—10/5
- Mark Blaedel—10/12
- Bud Everett—10/12
- Mirjana Randic—10/12
- Ann Rudi—10/12
- Esther Willham—10/13
- Frank Clark—10/16
- Frankee Oleson—10/17
- Shala Ludley— 10/18
- Joyce Neil— 10/23
- Kelly Tobin—10/23
- Jan Essig—10/25
- Tom Rogge—10/29
- Donna Cooper—10/31
- Carol Deppe—10/31

### The Lindens

- Peggy Stoll
- Paul DeJong—10/23
- Herb Best—10/30

### Health Care Center

- Sandra Roys—10/4
- Paul Jensen— 10/6
- Marion McNicholl—10/8
- Marsha Holmes—10/17

Follow us:





### IN MEMORY

Our heartfelt sympathy goes out to the family and friends of Clifford Smith and Katie Pattee.

### FOUR FEATHERS DONATION DAYS

#### WINTER CLOTHING NEEDED

**Thursday, October 6  
9:00 AM—12:00 PM**

On this day we are only collecting winter clothing. Please bring your gently used winter clothing to the main entrance.

#### SEMI-ANNUAL DONATION DAY

**Thursday, November 3  
9:00 AM—12:00 PM**

Please bring your gently used books, clothing, small appliances, household items and furniture to the main entrance. Donations will benefit the Pine Ridge Indian Reservation. The Pine Ridge Indian Reservation can use most anything including school supplies (used pencils, pens, crayons), sewing or decorative items. Please call the reception desk (x5000) ahead of time if you are bringing big items.

**We would appreciate any assistance if you are able to help load donated items into vehicles from the main entrance during our donation time.**



### GREEN TEAM CHALLENGE

The challenge for this month is to carpool or take the bus twice in October. Even if you are capable of driving, take the bus, especially if riders are needed. Share a ride to church, to a club meeting or to lunch. You'll save money on gas and do a bit for the environment!

### FOOD DIVERSION AT GREEN HILLS AND THE CITY OF AMES

According to the EPA, In the U.S., 30 to 40 percent of the food supply is never eaten, wasting the resources used to produce it and creating many environmental impacts. Food waste is the single most common material land filled and incinerated in the U.S.

Many of you have been using the Subpods this summer, to keep food waste out of the garbage, but they will be closed during the cold season. For those who wish to continue to keep food waste out of the landfill, the City of Ames has a Food Waste Diversion (FWD) program. This is an opportunity for Green Hills residents who want an alternative to putting organic waste in the trash and burying it in a land fill.

Some people use ice cream pails to store organic waste collection in the freezer, under the sink, in the garage, or another out-of-the-way spot. Of course, having a freezer is ideal to store waste temporarily, according to members of the Green Team.

Some people purchase a collection bucket (with a lid) through the City at a cost of \$20. When you're ready to dispose of your organic waste, drop off at the outdoor bin located at the Resource Recovery Plant. Collected materials get trucked to Eddyville and turned into compost.

Knowing that organic material that isn't repurposed released methane gas, gives us an incentive to reduce methane gas which is worse than carbon emissions.

The Green Team is planning an information session in early November for those interested in learning more about the Waste Diversion program.

# GREEN HILLS ON-SITE EVENTS

## **HALLOWEEN MAGIC SHOW**

**Monday, October 17 at 1:30 PM**  
**Community Room**

Professional Magician, Jonathan May, is a full time entertainer specializing in magic and fun, for audiences of all ages and sizes! Children and grandchildren of residents and staff are invited to this fun show. Children are encouraged to wear their Halloween costumes. Treats will be provided.

## **ARTIST RECEPTION**

**Thursday, October 20 at 3:00 PM**  
**Common Area Lobby**

Green Hills resident, Barbara Bruene, taught in the College of Design at ISU for 25 years, teaching art and managing the Design College Art Gallery. Come to the common area lobby to hear her talk about her artworks. Refreshments will be provided.

## **HALLOWEEN TREATS DECORATING**

**Friday, October 21 at 2:00 PM**  
**Main Dining Room**

Come try your hand at making some fun Halloween treats for all to enjoy at the Happy Hour Social on Saturday, October 22 in Le Bistro. Cheryl has found some fun ideas from Pinterest for us to try. Please RSVP to Cheryl x5006 by Wednesday, October 19 if you want to join us so that we can properly prepare supplies needed.

## **MUSIC WITH JAMES KELLERMAN**

**Tuesday, October 25 AT 3:30 PM**  
**Community Room**

Let's welcome James Kellerman back this month! With over 35 years of performing experience, expect to hear a variety of music including big band era selections, original compositions and beautiful classical melodies. As a one-man band, James will perform on saxophone, clarinet and flute with some vocals. He creates his background recordings himself, collaborating with the Twin Cities top classical and jazz players.

## **OCTOBER DEVOTION SERVICES**

**Wednesdays at 10:30 AM**  
**HCC Activity Room**

### **5- Collegiate Presbyterian**

Reverend Dr. Brett Becker

### **12- Northminster Presbyterian**

Pastor Jim DuBois

### **19- First United Methodist**

Pastor Amanda Gordon

### **26- Communion:**

**Palestine Lutheran Church**

Pastor Eric Klimpel

## **DINING SERVICES**

### **GH GRILL**

Mondays, Wednesdays, & Fridays

11:30 AM — 6:30 PM

Sunday

11:30 AM — 2:00 PM

### **SIGNATURE BRUNCH**

Tuesdays & Thursdays

8:00 AM — 2:00 PM

### **GREEN HILLS CAFÉ**

Wednesdays, October 12 and October 26

5:00 PM

### **CLUB 2200 MEAL BASKET**

Friday, October 28 — 5:30 PM

### **LE BISTRO & LOUNGE HOURS**

Monday through Friday 8:30 AM — 2:00 PM

Saturday 10:00 AM — 2:00 PM

\*Residents can reserve time outside of Bistro hours for a specific event. Dining Services can cater for any event.

Meals can be ordered anytime from the Linden's dining room for pickup, just call x5064.

# COMMUNITY WIDE EVENTS AT GREEN HILLS

<p><b>OCT 3 (MON)</b> <b>9:30 AM</b></p>	<p><b>WOMEN'S COFFEE</b> All women are welcome to this informal social. Coffee will be provided in the Main Dining Room.</p>
<p><b>OCT 5, 12, 19, 26 (WED) 1:00 PM</b></p>	<p><b>BISTRO STITCHERS</b> This gathering is for those who do any type of hand craft, including but not limited to needlework, crocheting, and knitting. Bring your project while you visit with others residents. Meet in the Pine Room.</p>
<p><b>OCT 5, 12, 19, 26 (WED) 3:00 PM</b></p>	<p><b>MEDITATION EXPLORATION</b> All are welcome to attend sessions held Wednesdays in the Meditation Room on the second floor of the Lindens. Please remember your mask when entering the Lindens.</p>
<p><b>OCT 6 (THURS)</b> <b>2:00 PM—4:00 PM</b></p>	<p><b>CELEBRATION OF NATIONAL 4-H WEEK</b> If you were a 4-H'er, a 4-H parent, a 4-H leader or 4-H staff, come join with others to share your experiences. 4-H continues to be the largest out of school youth program in Iowa. There will be an update of the Iowa 4-H program at 2:30 PM. Refreshments will be provided.</p>
<p><b>OCT 6, 13, 27 (THURS)</b> <b>10:00 AM</b></p>	<p><b>MEN'S COFFEE</b> Meet in the Main Dining Room for this men's social group. Coffee will be provided. If you want to sign up to bring cookies or a treat for everyone, sign up in the bus book.</p>
<p><b>OCT 8, 15, 22 and 29 (SAT)</b> <b>4:00 PM—6:00 PM</b></p>	<p><b>HAPPY HOUR SOCIALS</b> Meet in <i>Le Bistro</i> for these, fun and informal gatherings. Feel free to bring your own drink and snack, if desired. Mark your calendar for Oct 22 to enjoy special Halloween themed treats made by residents on Friday. (There will be no scheduled social on October 1st.)</p>
<p><b>OCT 12 (WED)</b> <b>10:00 AM</b></p>	<p><b>ANKENY UPDATE</b> is the topic of this month's Continuing Education program. Don Zuck, 1960 Mechanical Engineering graduate of Iowa State, will describe varied aspects of the immense growth in Ankeny. Derick Lord, City Economic Director for Ankeny, will also be part of the program.</p>
<p><b>OCT 20 (THURS)</b> <b>10:00 AM</b></p>	<p><b>KAFFEE KLATSCH</b> All residents are invited to this social event held in the Main Dining Room. Refreshments will be provided.</p>
<p><b>OCT 23 (SUN)</b> <b>2:00 PM</b></p>	<p><b>MOTOKO'S PIANO BAR</b> Come to the Common Area Lobby to listen to Motoko play the piano. She welcomes anybody to dance to her piano music and she is willing to take song requests. Bring your own beverages and snacks to this informal social or enjoy a hot drink from the refreshment bar.</p>
<p><b>OCT 24 (MON)</b> <b>3:00 PM</b></p>	<p><b>SCAMS AND FRAUD SEMINAR</b> Amy Mesenbrink, from First National Bank, will present a seminar on Scam and Fraud Prevention. Please come and learn about recent scams as well as how to keep your personal information safe and secure.</p>
<p><b>OCT 28 (FRI)</b> <b>4:30 PM</b></p>	<p><b>CLUB 2200</b> Alcoholic and non-alcoholic beverages, as well as snacks, will be provided. Sign up at the reception desk for the Meal Basket at 5:30 PM.</p>
<p><b>OCT 29 (SAT)</b> <b>11:00 AM</b></p>	<p><b>PAM SIBBEL STUDENTS FALL RECITAL</b> All are invited to listen as the students of Pam Sibbel play the piano at their Fall Recital held in the Community Room.</p>

# CLUB MEETINGS:

<b>October Dates to be Announced</b>	<b>SENSORY GARDEN CLUB</b> As the weather allows, we will meet in the garden to prepare the beds for the cooler temperatures. Dates and times will be determined by volunteer availability.
<b>OCT 12 (WED)) OCT 26 (WED) 1:00 PM</b>	<b>BRIDGE CLUB</b> Come play bridge with us the second and fourth Wednesday of each month in the <b>Main Dining Room</b> . Open to any resident. If you have questions please contact Jan Clark (x5217), Shala Ludley (x5250) or Paula Toms (x5141).
<b>SEPT 6, 13, 20 &amp; 27 (TUES) 10:00 AM</b>	<b>CRIBBAGE CLUB</b> Everyone is welcome to play when they are available. If you win, you take the “traveling trophy” until the next winner is determined. If you want more details, contact Roger Beckett at x5218.
<b>OCT 12 (WED) 2:00 PM</b>	<b>BOOK CLUB</b> This month we will discuss the book <u>The Paris Library</u> by Janet Skeslien Charles (Pine Meeting Room)
<b>OCT 26 (WED) 3:00 PM</b>	<b>TECHNOLOGY CLUB</b> Share your knowledge or get answers to your questions. All residents are encouraged to come. (Pine Meeting Room)

## RESIDENTIAL HEALTH SERVICES

### Blood Pressure Clinics

Thursdays, October 6, 13, 20, 27  
9:30 AM- Wellness Clinic

Call Kaylee ( x5013) for an appointment for the following:

### Ames Hearing Aid Clinic

Tuesday, October 11  
9:30 AM– Wellness Clinic

## THE MYSTERIOUS MUSEUM ESCAPE ROOM GAME

**Monday, October 3 at 3:00 PM**

Cheryl needs your help! Can you help solve the mysteries of the museum and find a way out? This at-home escape room game is sure to be an unforgettable experience! You are on a trip to Florence Museum of Science and Technology, intent on visiting an exhibition of the sunken treasure of the Santa Maria. Our relaxing day at the museum is quickly derailed by an incredible adventure! Come help solve this mystery!

## CELEBRATE ACTIVE AGING WEEK! October 3—October 8, 2022

The objective of this annual event is to give as many older adults as possible the means to experience wellness activities and exercise in a safe, supportive environment. It also promotes the benefits of healthier, more active lifestyles across the life span. We encourage you to venture out and try something new this week! This month our calendar is packed full of events for you to choose from!

## HEALTHIEST STATE WALK Wednesday, October 5 at 2:00 PM

Grab your walking shoes and participate in the annual Healthiest State Walk. Meet in the main lobby before setting out on the walk. This walk is at your own pace. After the walk, join us in the Main Dining Room for refreshments. Let Brett know if you would like to participate so we can get an accurate count of participants. The count goes to the people at Healthiest State Walk to help make Iowa one of the healthiest states!

# THE LINDEN LETTER

## CONGRATULATIONS!

Congratulations to Shelby Abel, our Assisted Living Supervisor. Her wedding was held on September 24th at the beautiful Arboretum outside of Madrid Iowa.

## TENANT MEETING

**Wednesday, October 5 at 2:00 PM**

This monthly meeting is open to all Assisted Living Residents. This meeting is held on the first floor and is led by Shelby Abel, Assisted Living Supervisor. Come hear about what's going on in the Lindens.

## WINE AND CHARCUTERIE

**Saturday, October 22 at 3 PM**

Come enjoy some wine and a spread of meats, cheeses, and berries. This is a great opportunity to visit with friends and get a taste of delicious wine and hor d'oeuvres.



## MOVIE MONDAYS

**First Floor Living Room at 3:00 PM**

### October 3rd—It's the Great Pumpkin, Charlie Brown

This Halloween classic was released on October 27th, 1966. The animated film is a special based on the comic strip, Peanuts, with a Halloween spin.

### October 10th— Young Frankenstein

The original Young Frankenstein was released in 1974. The movie is categorized as a comedy horror genre and a parody of the original Frankenstein film.

### October 17th— Death Becomes Her

This movie stars Meryl Streep and Goldie Hawn as rivals who fight for the affection of the same man. They drink a magic potion that promises eternal youth, but causes unpleasant side effects.

### October 24th— The Legend of Sleep Hollow

This film is based on the gothic novel published in the 1800's. The effects of jealousy gets the best of Brom Bones as he tries to scare Crane with spooky tales of the Headless Horseman. Crane disparages the legends, until one fateful ride home in the dark.

# HEALTH CARE HAPPENINGS

Residents from Independent Living are welcome to come to these activities.

## WELCOME TO HEALTH CARE

We extend our warmest welcome to Alice Thompson, Cecilia Horner, Jack Smalling and Pat Krull.

## FALL COLORS VAN TRIP

**Tuesday, October 4th– Willow Lane**

**Wednesday, October 5th– Cedar Court**

**Thursday, October 6th– Aspen Court**

Residents and staff will be driving through ISU campus and Ledges State Park to view the fall colors. We will see various trees such as maples, oaks, dogwoods, and aspen. We will meet at the Health Care Entrance at 2:30 pm.

## HALLOWEEN MAGIC SHOW

**Monday, October 17th at 3 PM**

**Community Room**

It has been some time since Green Hills has presented a magician and comedian in one performance. Jonathan May's super senior magic show will have mystery, laughter, fun, comedy, and of course magic! Residents are encouraged to be apart of the show. Families are invited to the show as well!

## LUNCH BUNCH TO SWEET CAROLINE'S

**Tuesday, October 18th at 11 AM**

Sweet Caroline's is a newer restaurant to the Ames main street businesses. They pride themselves on homestyle cooking and fresh pub fare, craft cocktails, beautiful courtyard, and a sports environment. Join us for lunch!

## RESIDENT COUNCIL

**Tuesday, October 11th at 2:30 PM**

**Activity Room**

Please join the Life Enrichment staff for this months Resident Council. Council topics will focus on the spa, bathing/shower, and holiday activities. A guest speaker will be joining this month– Kathryn Metz, the HC Life Enrichment Coordinator. She will be discussing her role and answer questions you may have.

## MAKE HALLOWEEN TEACHER GOODIE BAGS

**Thursday October 20th at 2:00 PM**

**Activity Room**

Our Vocational activity for the month will be putting together goodie bags for a local school. Vocational activities allows residents to give back to the community and local businesses. Residents will be decorating paper bags, writing notes, and putting selected items in the decorated bags.

## PUMPKIN PAINTING

**Thursday, October 27th at 2:30 PM**

**Activity Room**

'Tis the season for Halloween, spooky things and pumpkins. Residents are encouraged to let their creative juices flow and create uniquely decorated pumpkins. The pumpkins will be displayed outside their rooms and some may be used for our Halloween Party decorations!

# ISU & COMMUNITY / OFF-SITE EVENTS

The bus has been scheduled for the following events. Please sign up early to reserve your seat on the

Tuesday, October 4	7:15 PM	Anastasia	Stephens Auditorium
Thursday, October 6	6:45 PM	Three Dog Night	Stephens Auditorium
Friday, October 7	5:45 PM	ISU Volleyball vs Texas	Hilton Coliseum
Saturday, October 8	5:30 PM	ISU Football vs Kansas State	Jack Trice Stadium
Saturday, October 8	6:45 PM	Central Iowa Symphony	Ames City Auditorium
Wednesday, October 12	5:45 PM	ISU Volleyball vs West Virginia	Hilton Coliseum
Thursday, October 13	6:45 PM	C.S. Lewis	CY Stephens
Thursday, October 13	6:45 PM	Town and Gown	Martha Ellen Tye Hall
Friday, October 14	7:15 PM	Whose Live Anyway?	Stephens Auditorium
Sunday, October 16	2:15 PM	Collage of Choirs: 2022	Stephens Auditorium
Monday, October 17	7:15 PM	ISU Lecture: Norman Borlaug	Great Hall, MU
Wednesday, October 19	5:45 PM	ISU Volleyball vs Texas	Hilton Coliseum
Tuesday, October 25	5:15 PM	ISU Lecture: Saved by Schindler	Great Room, MU
Friday, October 28	5:45 PM	ISU Volleyball vs TCU	Hilton Coliseum
Friday, October 28	6:45 PM	Town and Gown	Martha Ellen Tye Hall
Saturday, October 29	TBA	ISU Football vs Oklahoma	Jack Trice Stadium

## SHOPPING TRIPS

**HyVee:** Mondays, October 4, 11, 18, 25- 1:30 PM

**Fareway:** Thursdays, October 7, 14, 21, 28- 1:30 PM

**North Grand Mall:** Friday, October 21- 9:30 AM

**Aldi's:** Friday, October 28- 9:30 AM

## North Grand Mall Shopping Friday, October 21- 9:30 AM

Have some shopping to do? Or just want to get out for some exercise? The bus will drop you at the main front entrance. Be ready for pickup at 11:30 AM to return to Green Hills at that same main entrance location.



# NOW SHOWING AT GREEN HILLS

## FEATURED MOVIES

### Mrs. Harris Goes to Paris

**Monday, October 3rd at 6:30 PM**

**Thursday, October 6th at 2:00 PM**

In 1950s London, widowed cleaning lady, Ada Harris, falls in love with a Christian Dior dress belonging to a client and moves heaven and earth to raise the money to travel to Paris and buy one for herself. (2022, Comedy / Drama, 1 hour 55 minutes, PG)

### Elvis

**Monday, October 10th at 6:30 PM**

**Thursday, October 13th at 2:00 PM**

Elvis follows the story of infamous rock 'n' roll star Elvis Presley seen through the eyes of his controversial manager, Colonel Tom Parker. The film explores Elvis Presley's highs and lows and the many challenges and controversies he received throughout his career. (2022, Biography / Drama / Music, 2 hours 39 minutes, PG-13)

### Knives Out

**Monday, October 17th at 6:30 PM**

**(Not shown Thursday due to Artist Reception)**

When renowned crime novelist, Harlan Thrombey, is found dead at his estate just after his 85th birthday, the inquisitive and debonair Detective Benoit Blanc is mysteriously enlisted to investigate. From Harlan's dysfunctional family to his devoted staff, Blanc sifts through a web of red herrings and self-serving lies to uncover the truth behind Harlan's untimely death. (2019, Comedy / Crime / Drama, 2 hours 10 minutes, PG-13)

### The Illusionist

**Monday, October 24th at 6:30 PM**

**Thursday, October 27th at 2:00 PM**

In turn-of-the-century Vienna, a magician uses his abilities to secure the love of a woman far above his social standing. (2009, Drama / Fantasy / Mystery, 1 hour 50 minutes, PG-13)

### Hocus Pocus 2

**Monday, October 31st at 6:30 PM**

**Thursday, November 3rd at 2:00 PM**

Three young women accidentally bring back the Sanderson Sisters to modern day Salem and must figure out how to stop the child-hungry witches from wreaking havoc on the world. (2022, Comedy / Family / Fantasy, PG)

## TUESDAY MOVIES

### The Monuments Men

**Tuesday, October 4th at 2:00 PM**

An unlikely World War II platoon is tasked to rescue art masterpieces from Nazi thieves and return them to their owners. (2014, Comedy / Drama / History, 1 hour 58 minutes, PG-13)

### Cinderella

**Tuesday, October 11th at 2:00 PM**

A modern movie musical with a bold take on the classic fairy tale. Our ambitious heroine has big dreams and with the help of her fab Godmother, she perseveres to make them come true. (2021, Comedy / Family / Fantasy, 1 hour 53 minutes, PG)

### Ocean's Eleven

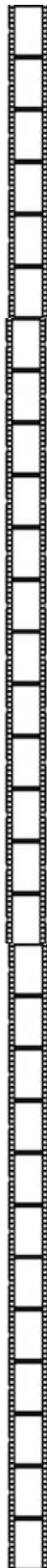
**Tuesday, October 18th at 2:00 PM**

Danny Ocean and his ten accomplices plan to rob three Las Vegas casinos simultaneously. (2001, Crime / Thriller, 1 hour 56 minutes, PG-13)

### The Producers

**Tuesday, October 25th at 2:00 PM**

After putting together another Broadway flop, down-on-his-luck producer Max Bialystock teams up with timid accountant Leo Bloom in a get-rich-quick scheme to put on the world's worst show. (2005, Comedy / Crime / Musical, 2 hours 14 minutes, PG-13)



# SPECIAL BUS EVENTS—ENJOY THE FALL COLORS!!

## DAYTRIP— FALL COLORS, NATURE & WINERY TOUR

Friday, October 7

**Apartments: 8:45 AM Townhomes: 8:50 AM**

We'll stop at the nature center to explore and have a short welcome from the Jester Park Nature Center Coordinator, Missy Smith. The **JESTER PARK NATURE CENTER** is the focal



point where recreation, education, tourism and conservation efforts all intersect into a gathering place for people of all ages to engage in the natural world. Then we'll drive through the **bison and elk herds** that have lived in this wildlife animal enclosure at Jester Park for almost four decades. **If we are lucky, we may get to see a few pelicans** before they migrate south for the winter.

Always a favorite, our lunch stop will be at **IOWA MACHINE SHED**. The Iowa Machine Shed Restaurant is a tribute to the American farmer. Their home-style, made-from-scratch cookin' continues to win numerous awards and big smiles from guests. Pork and beef entrées are the house specialties. The menu is extensive so you are sure to find something you will love! Order off the menu and pay individually.

Next we will drive down south to **SUMMERSET WINERY— IOWA'S OLDEST WINERY** for more breathtaking scenery as we are headed to Summerset Winery nestled on 12 acres of vineyard. The driveway winds through the vineyard and concludes at the winery and tasting room. Summerset Winery's estate offers an oasis of lush landscaping, expansive decks and terraces.

Summerset Winery owners, Ron & Linda Mark started planting grapes on Summerset Ridge in 1989 and became one of the first estate wineries in Iowa. The winery is now over 20 years old and continues to be one of the largest producing wineries in the state.

**The wine tasting is optional. \$10.00 will be billed to your account.** They have non-alcoholic options for purchase also for those who are just here for the fall colors!



## BOONE AND SCENIC VALLEY RAILROAD

Friday, October 14

12:00 PM

Travel from Boone to the old coal mining town of Fraser. Cross the 156' Bass Point Creek High Bridge, as well as the Des Moines River bridge on your journey through the river valley. The 11 mile round trip journey lasts approximately one hour and 45 minutes.

Tickets sell out fast on the fall colors train rides, so sign up early!!! **We will order our first batch of tickets on Friday afternoon, October 7th.** If tickets are still available to purchase after that, we can purchase more.



## LUNCH BUNCH: THE CENTENNIAL

Tuesday, October 18

10:15 AM

**“Contemporary Taste, Historic Charm”**

Why Not Us, a Jefferson women’s investment group, was formed to save the old Centennial building in December 2019. The building,




which housed Angie’s Tea Garden, had been closed after frozen

pipes in an upstairs apartment caused severe water damage and it had an uncertain future. After extensive renovations, The Centennial opened to the public and offers homemade soups, salads, sandwiches and desserts with a rotating menu.


**Order off the menu and pay individually.**



# Green Hills Community October Calendar 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>30</b> October cont'd 1:30 Bus - Hy-Vee 6:30 Movie - Hocus Pocus 2	<b>31</b> 1:30 Bus - Hy-Vee 6:30 Movie - Hocus Pocus 2	 9:30 The Green Birds Chorus Practice (CR) 2:00 Movie: The Monuments Men 7:15 Bus - Anastasia	10:00 Neighborhood Meeting (Community Room) 10:30 Devotions (HCC) 1:00 Bistro Stitches (PR) 2:00 Caregivers Support Group (PR) 2:00 Healthiest State Walk 3:00 Meditation Exploration (MR)	9:00 Winter Clothing Drive 9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 11:00 Neighborhood Meeting (CR) 1:30 Bus - Fareway 2:00 4-H Celebration (CR) 2:00 Movie- Mrs. Harris Goes to Paris 6:45 Bus- Three Dog Night	MDR - Main Dining Room CR - Community Room HCC - Health Care Center MR - Meditation Room PR - Pine Room THR - Theatre LB - Le Bistro	<b>1</b> 1:30 Clifford Smith Memorial (MDR) 2:30 ISU Gamewatch vs Kansas
<b>2</b> 9:30 Women's Coffee (MDR) 1:00 Neighborhood Meeting (CR) 1:30 Bus - Hy-Vee 3:00 The Mysterious Museum Escape Room Game 6:30 Movie - Mrs. Harris Goes to Paris	<b>3</b> 9:30 Women's Coffee (MDR) 1:00 Neighborhood Meeting (CR) 1:30 Bus - Hy-Vee 3:00 The Mysterious Museum Escape Room Game 6:30 Movie - Mrs. Harris Goes to Paris	9:30 The Green Birds Chorus Practice (CR) 2:00 Movie: The Monuments Men 7:15 Bus - Anastasia	10:00 Continuing Education: Ankeny Update (CR) 10:30 Devotions (HCC) 1:00 Bistro Stitches (PR) 3:00 Meditation Exploration (MR) 5:45 Bus - ISU Volleyball vs WVU	9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 1:30 Bus - Fareway 2:00 Movie - Elvis 2:00 Neighborhood Meeting (Community Room) 6:45 Bus - C.S. Lewis 6:45 Bus - Town & Gown	8:30 Bus - Jester Park & Summerset Winery 5:45 Bus- ISU Volleyball vs Kansas	<b>8</b> 4:00 Happy Hour Social (LB) 5:30 Bus- ISU Football vs KState 6:30 ISU Gamewatch vs KState 6:45 Bus- Central Iowa Symphony
<b>9</b> Kattee Pattee Memorial Service 1:30 Bus - Hy-Vee 1:30 Neighborhood Meeting (Community Room) 6:30 Movie - Elvis	<b>10</b> 1:30 Bus - Hy-Vee 1:30 Neighborhood Meeting (Community Room) 6:30 Movie - Elvis	9:30 Hearing Aid Clinic (Wellness Clinic) 9:30 The Green Birds Chorus Practice (CR) 2:00 Movie - Cinderella	10:00 Continuing Education: Ankeny Update (CR) 10:30 Devotions (HCC) 1:00 Bistro Stitches (PR) 3:00 Meditation Exploration (MR) 5:45 Bus - ISU Volleyball vs WVU	9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 1:30 Bus - Fareway 2:00 Movie - Elvis 2:00 Neighborhood Meeting (Community Room) 6:45 Bus - C.S. Lewis 6:45 Bus - Town & Gown	12:00 Bus - Boone Scenic Valley Train 7:15 Bus- Whose Live Anyway?	<b>15</b> TBA- ISU Gamewatch vs Texas 4:00 Happy Hour Social (LB)
<b>16</b> 2:15 Bus- Collage of Choirs 1:30 Bus - Hy-Vee 1:30 Halloween Magic Show (CR) 6:30 Movie - Knives Out 7:15 Bus- ISU Lecture- Norman Borlaug	<b>17</b> 1:30 Bus - Hy-Vee 1:30 Halloween Magic Show (CR) 6:30 Movie - Knives Out 7:15 Bus- ISU Lecture- Norman Borlaug	9:30 The Green Birds Chorus Practice (CR) 10:15 Bus- Lunch Bunch- The Centennial 2:00 Movie - Ocean's Eleven	10:30 Devotions (HCC) 1:00 Bistro Stitches (PR) 3:00 Meditation Exploration (MR) 5:45 Bus - ISU Volleyball vs Texas	9:30 Blood Pressure Clinic 10:00 Kaffee Klatch (MDR) 1:30 Bus - Fareway 2:00 Movie: Knives Out 3:00 Artist Reception: Barbara Bruene	9:30 Bus - North Grand Mall 2:00 Halloween Baking for Happy Hour (MDR)	<b>22</b> 4:00 Happy Hour Social with Halloween Treats (LB)
<b>23</b> 2:00 Motoko' Piano Bar 1:30 Bus - Hy-Vee 3:00 Scams and Frauds (CR) [ACR] 6:30 Movie - The Illusionist	<b>24</b> 1:30 Bus - Hy-Vee 3:00 Scams and Frauds (CR) [ACR] 6:30 Movie - The Illusionist	9:30 The Green Birds Chorus Practice (CR) 2:00 Movie - The Producers 3:30 Jim Kellerman Music (CR) [Community Room] 5:15 Bus- ISU Lecture- Saved by Schindler	10:30 Devotions (HCC) 1:00 Bistro Stitches (PR) 1:30 ISU Nature Study- African Wildlife Adventure (CR) 3:00 Meditation Exploration (MR)	9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 1:30 Bus - Fareway 2:00 Movie - The Illusionist 3:00 Mexican Train (MDR)	9:30 Bus - Aldi's 4:30 Club 2200 (CR) 5:30 Meal Basket (RSVP) 5:45 Bus- ISU Volleyball vs TCU 6:45 Bus- Town & Gown	<b>29</b> Bus- ISU Football vs Oklahoma- TBA TBA- ISU Gamewatch vs Oklahoma 11:00 Piano Recital- Students of Pam Sibbel 4:00 Happy Hour Social (LB)
<b>26</b> 10:30 Devotions (HCC) 1:00 Bistro Stitches (PR) 1:30 ISU Nature Study- African Wildlife Adventure (CR) 3:00 Meditation Exploration (MR)	<b>25</b> 9:30 The Green Birds Chorus Practice (CR) 2:00 Movie - The Producers 3:30 Jim Kellerman Music (CR) [Community Room] 5:15 Bus- ISU Lecture- Saved by Schindler	10:30 Devotions (HCC) 1:00 Bistro Stitches (PR) 1:30 ISU Nature Study- African Wildlife Adventure (CR) 3:00 Meditation Exploration (MR)	10:30 Devotions (HCC) 1:00 Bistro Stitches (PR) 1:30 ISU Nature Study- African Wildlife Adventure (CR) 3:00 Meditation Exploration (MR)	9:30 Blood Pressure Clinic 10:00 Men's Coffee (MDR) 1:30 Bus - Fareway 2:00 Movie - The Illusionist 3:00 Mexican Train (MDR)	9:30 Bus - Aldi's 4:30 Club 2200 (CR) 5:30 Meal Basket (RSVP) 5:45 Bus- ISU Volleyball vs TCU 6:45 Bus- Town & Gown	<b>28</b> Bus- ISU Football vs Oklahoma- TBA TBA- ISU Gamewatch vs Oklahoma 11:00 Piano Recital- Students of Pam Sibbel 4:00 Happy Hour Social (LB)

# October 2022 Independent Committee & Club Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
30 <small>October cont'd</small>	31		Meetings are held in person. Pine Room - (PR) Arts & Crafts Room - (A&C) Sensory Garden - (SG) Main Dining Room - (MDR) Prairie Rose Dining Room - (PRDR)				1
2	3 10:00 Technology Committee (PR) 11:00 Continuing Education Committee (PR)	4 10:00 Cribbage Club (PRDR)	5 1:00 Bridge Club (MDR) 2:00 Book Club (PR)	6	7	8	
9	10 9:00 Advisory Council (PR)	11 10:00 Cribbage Club (PRDR)	12 1:00 Bridge Club (MDR) 2:00 Book Club (PR)	13 9:50 Art Gallery Committee (PR) 11:00 Library Committee (PR)	14 1:00 Capital Planning (PR)	15	
16	17 10:00 Dining Services Committee (PR) 1:30 Continuous Quality Improvement (PR)	18 10:00 Cribbage Club (PRDR) 2:00 Woodshop Committee (A&C)	19 9:00 Finance Committee (PR)	20 11:30 GHCC Board Meeting (PR)	21 3:00 Investment Committee (PR)	22	
23	24 10:00 Friendship Committee (PR)	25 9:30 Grounds Committee (PR) 10:00 Cribbage Club (PRDR)	26 1:00 Bridge Club (MDR) 3:00 Technology Club (PR)	27 8:30 Board Meeting (PR)	28	29	

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